


Get active these school holidays

June 28 to July 13 2008

Get up, get out and get active these school holidays with cool and fun activities in your local park! Activities are free or low cost and suitable for youth aged four to 17 years. The program is designed to provide for all abilities (including those with special needs). Some sessions require bookings so please contact the relevant booking number.

 indicates the activity is funded by the GCCC Active & Healthy GC program  activity is supported by the Divisional Councillor
 funded by GCCC Natural Areas Management Unit

Contact the [Active & Healthy Team](#) to arrange distribution of flyers, be added to the mailing list, provide feedback or suggestions or make general enquiries.

Email: activehealthygc@goldcoast.qld.gov.au
 Phone: (07) 5581 5233
 Website: goldcoastcity.com.au/activehealthygc

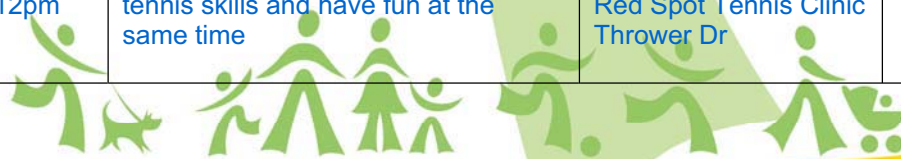
Get active and healthy all year round...

Did you know Council provides over 140 weekly activities free or low cost in local parks all year round? The next citywide program commences on 14 July 2008 and runs through to 21 June 2009. These activities cater for families, kids, teenagers, mum and bubs, pre and post natal, seniors and people with a special need or disability.

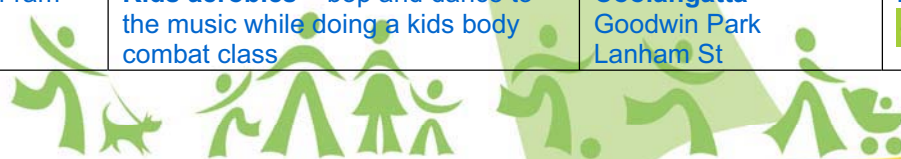


Week 1 – Sunday 29 June to Saturday 2 July 2008

Date	Time	Activity	Location	Cost	Booking Details
Sun 29 June	11am to 2pm	Picnic in the park - celebrate the launch of <i>Active Communities</i> and have fun on the rockwall, jumping castle and play old fashion games	Norm Rix Park Government Rd Labrador	Free 	No bookings required GCCC 5581 5233
Mon 30 June to Fri 4 July	7am to 6pm	Holiday care program – a day filled with fun activities including arts / crafts, outdoor games and much more	Oxenford Oxenford & Coomera Community Centre 25 Oxenford – Tamborine Rd	\$45 per day	Bookings required Chantelle Clark 55 298 087
Mon 30 June to Fri 4 July	7.30 am to 6pm	King's outside school care creative and energetic care for kids and teenagers. Activities include ice skating, games and extreme sports	Reedy Creek King's College 68 Gemvale Rd	\$39 per day	Bookings required Trevor 55 220 544
Mon 30 June to Fri 4 July	8am to 5pm	Fun n Fitness care – have fun at the various excursions each day	Southport Keebra Park State High School	From \$5 to \$30	Bookings required Anthony Gould 0404 084 195
Mon 30 June	9am	Nutrition fun - learn about healthy habits, while getting fit at the same time	Hope Island Charles Holm Park 2 Pinnaroo St	Free 	No bookings required Fit Kids 0412 798 316
Mon 30 June	9am to noon	Laser skirmish - join this fun outdoor activity without the bruises, all ages and abilities welcome	Ashmore Glenmore Park Glenmore Rd	Free 	No bookings required For more details call 1300 665 620
Mon 30 June to Fri 4 July	9am to 12pm	Red Sport tennis clinic - Learn new tennis skills and have fun at the same time	Palm Beach Red Spot Tennis Clinic Thrower Dr	\$20	Bookings required Scott 55 341 191



Mon 30 June to Fri 4 July	9am to 5pm	Be an eco ranger – get closer to the wildlife for a fun and educational day of hands on activities	Currumbin Currumbin Wildlife Sanctuary	\$49	Bookings required CWS 55 340 846 www.cws.org.au
Mon 30 June to Fri 4 July	9am to 2pm	Combat kids – join in the fun and exciting activities which include team build games, tug of war and much more	Coomera Coomera Anglican College Billinghurst Cr	\$28 per day	Bookings required Cathy Bathols 0413 886 852
Mon 30 June	9.30am	Kids cook - learn to cook simple meals and snacks	Southport Southport Community Centre, Lawson St	\$6	Bookings required Busy Bodies 1300 780 447
Mon 30 June	10am to 2pm	Sail – come experience the excitement of sailing, kayaking, volleyball and beach activities	Tallebudgera Murlong Cres boat ramp	\$10 	Bookings required SAILS 0420 811 080 or 0405 468 344
Mon 30 June	10am	Rhythm for children - play with different instruments and sing while developing great co-ordination, confidence and a deep love of music	Upper Coomera Rosemallow Reserve Park Coomera Springs Blvd Map 326 H16	Free 	No bookings required Melani 0409 064 490 Damion 0433 184 181
Mon 30 June	11am	Gladiators - go into battle against your friends and family whilst having fun at the same time	Robina Robina Lions Club Park, Cheltenham Dr	Free 	No bookings required Fit Kids 0412 798 316
Mon 30 June	2pm	Mini Olympic challenge – have unbeatable fun playing Olympic style games and challenges	Miami Ernie Tebb Park Mountain View Ave	Free 	No bookings required Fit Kids 0412 798 316
Mon 30 June	2.30pm	Blaze basketball workshop – have fun with the Blaze players and learn new skills	Nerang Alexander Drive Dr West Reserve Alexander Dr	Free 	No bookings required Contact 55 275 427
Mon 30 June	6.30pm to 8pm	Spotlight adventure - bound along and discover what the kangaroos and other native wildlife get up to at night on a ranger guided spotlight	Coomababah Coomababah Lakes Conservation Area Rain Tree Glen Map 18 K12	Free 	Bookings required GCCC 55 811 521 An adult must accompany children
Tue 1 July	8.30am to 10am	Creatures of the wetlands - enjoy the chorus of the Sedge Frogs and learn about this amazing Melaleuca Wetland with up close wildlife experiences	Coomababah Coomababah Lakes Conservation Area Rain Tree Glen Map 18 K12	Free 	Bookings required GCCC 5581 1521 An adult must accompany children
Tues 1 to 4 July	9am	Learn to surf workshop - learn how to ride the waves with style in this fun workshops, all gear provided	Miami Miami SLSC	\$15	Bookings required Surfing QLD 0419029058
Tues 1 July	9am	Nutrition fun - learn about healthy habits, while getting fit at the same time	Arundel Arundel Park Arundel Dr	Free 	No bookings required Fit Kids 0412 798 316
Tues 1 July	9am	Cheerleading - great introduction and foundations to cheerleading and dance	Maudsland Park Lake Park Greenway Blvd	Free 	No bookings required Busy Bodies 1300 780 447
Tues 1 July	9.30am	Kids cook – learn to cook simple meals and snacks	Varsity Lakes Varsity College	\$10	Bookings required Busy Bodies 1300 780 447
Tues 1 July	11am	Kids aerobics – bop and dance to the music while doing a kids body combat class	Coolangatta Goodwin Park Lanham St	Free 	No bookings required Fit Kids 0412 798 316



Tues 1 July	2pm	Gladiators - go into battle against your friends and family whilst having fun at the same time	Ashmore Gunya Park Crn Ashmore Rd & Girrorween Grove	Free 	No bookings required Fit Kids 0412 798 316
Tues 1 July	2pm	Wushu – have fun learning the skills of Chinese Martial Art in the park without the necessity of full contact. Helps with personal development and well being	Palm Beach Laguna Park Laguna Dr	Free 	No bookings required GC Tai Chi Academy Dennis Watts 5545 1874
Tues 1 July	3.30pm	Kids fitness – learn about correct exercise technique, posture, healthy eating habits and their bodies in a fun learning environment	Coombabah Grassy Park Hansford Rd	Free 	No bookings required Liz Harper 0419 713 104
Tues 1 July	4pm	Kids yoga - the kids will enjoy this natural and healthy class to help them laugh, relax and focus	Worongary Lawrance Hinde Park Explorers Way	Free 	No bookings required Michelle 5526 6600
Wed 2 July	8.30am to 3.30pm	Sportstyle vacation care – come to enjoy specialized coaching from Titans, Roar and many more	Coomera Viney Park Dreamworld Parkway	\$40	Bookings required Nathan Antonik 0412901913
Wed 2 July	9am	Kids yoga - the kids will enjoy this natural and healthy class to help them laugh, relax and focus	Labrador Lands End Park Marine Parade	Free 	No bookings required Michelle 5526 6600
Wed 2 July	9am to 11am	Skateboarding workshop – learn new tricks from the professionals. A fun and happening session for all ability levels	Miami Pizzey Park Skate Park	Free 	No bookings required Skateboard QLD 0419 772 060 Must bring flat soled shoes
Wed 2 July	9am	Mini Olympic challenge – have unbeatable fun playing Olympic style games and challenges	Varsity Lakes Frascott Park Yodelay Dr	Free 	No bookings required Fit Kids 0412 798 316
Wed 2 July	10am	Kidz quest treasure hunt – solve the clues to find the key in this fun and exciting treasure hunt	Jacobs Ridge Pincally Crescent Park Map 305 R7	\$3 	Bookings required Register online kidzquestonline.com or ph 0439 663 562
Wed 2 July	2pm to 4pm	Skateboarding workshop – learn new tricks from the professionals. A fun and happening session for all ability levels	Helensvale Discovery Park Discovery Dr	Free 	No bookings required Skateboard QLD 0419 772 060 Must bring flat soled shoes
Wed 2 July	2.30pm	Blaze basketball workshop – have fun with the Blaze players and learn new skills	Labrador Norm Rix Park Government Rd	Free 	No bookings required Contact 55 275 427
Wed 2 July	6.30pm to 8pm	Spotlight adventure - discover what wakes up and comes out exploring at night on this ranger guided spotlight adventure	Mudgeeraba Hinterland Regional Park, Hardy's Rd Map 58 A7	Free 	Bookings required GCCC 5581 1521 An adult must accompany children
Thur 3 July	8.30am to 10am	Creek to coast - explore what lives in the shallows of Currumbin Creek plus native wildlife experience in this unique coastal reserve	Currumbin Tarrabora Reserve Gold Coast Highway Map 70 R3	Free 	Bookings required GCCC 5581 1521 An adult must accompany children
Thur 3 July	9am	Mini Olympic challenge – have unbeatable fun playing Olympic style games and challenges	Oxenford Russell Hinze Park Tamborine – Oxenford Rd Map 6 K16	Free 	No bookings required Fit Kids 0412 798 316
Thur 3 July	9am to 11am	Skateboarding workshop – learn new tricks from the professionals. A fun and happening session for all ability levels	Pacific Pines Pacific Pines Skate Park Brockman Way	Free 	No bookings required Skateboard QLD 0419 772 060 Must bring flat soled shoes








Thur 3 July	9am	Kids yoga – the kids will enjoy this natural and healthy class to help them laugh, relax and focus	Ormeau Norfolk West Reserve 20 Katungu Circuit	Free 	No bookings required Michelle 5526 6600
Thur 3 July	9am	Cheerleading – dance, cheer, fun and fitness	Southport Southport Community Centre, Lawson St	\$6	Bookings required Busy Bodies 1300 780 447
Thur 3 July	11am	Cheerleading – dance, cheer, fun and fitness	Varsity Lakes Varsity College	\$10	Bookings required Busy Bodies 1300 780 447
Thur 3 July	2pm to 4pm	Skateboarding workshop – learn new tricks from the professionals. A fun and happening session for all ability levels	Tugun Betty Diamond Complex, Boyd St	Free 	No bookings required Skateboard QLD 0419 772 060 Must bring flat soled shoes
Thur 3 July	2pm	Mini Olympic challenge – have unbeatable fun playing Olympic style games and challenges	Tallai Ingles Park Wallandra Rd	Free 	No bookings required Fit Kids 0412 798 316
Fri 4 July	9am	Gladiators - go into battle against your friends and family while having fun at the same time	Parkwood Abbott Park Woodlands Way	Free 	No bookings required Fit Kids 0412 798 316
Fri 4 July	10am	Kidz quest treasure hunt – solve the clues to find the key in this fun and exciting treasure hunt	Paradise Point Esplanade North Park, The Esplanade	\$3 	Bookings required Register online kidzquestonline.com or ph 0439 663 562
Fri 4 July	10am	Rhythm for children - play with different instruments and sing while developing great co-ordination, confidence and a deep love of music	Clear Island Waters Taskasu Gardens Robina Parkway	Free 	No bookings required Melani 0409 064 490 Damion 0433 184 181
Fri 4 July	11am	Mini Olympic challenge – have unbeatable fun playing Olympic style games and challenges	Nerang Bischoff Park Nerang St	Free 	No bookings required Fit Kids 0412 798 316
Fri 4 July	2pm	Gladiators - go into battle against your friends and family while having fun at the same time	Broadbeach Waters Albert Park Monaco St	Free 	No bookings required Fit Kids 0412 798 316
Fri 4 July	6.30pm to 8pm	Spotlight adventure - turn on your night vision and experience this bushland reserve by night on a ranger guided walk	Burleigh Heads Burleigh Ridge Park Girl Guides Hut Tabilban St Map 60 D9	Free 	Bookings required GCCC 5581 1521 An adult must accompany children
Sat 5 July	10am to 2pm	Sail – come experience the excitement of sailing, kayaking, volleyball and beach activities	Paradise Point Esplanade North Park The Esplanade	\$10 	Bookings required SAILS 0420 811 080 or 0405 468 344

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Week 2 - Monday 7 July to Sunday 13 July 2008

Date	Time	Activity	Location	Cost	Booking Details
Mon 7 to Fri 11 July	7am to 6pm	Holiday care program – a day filled with fun activities including arts / crafts, outdoor games and much more	Oxenford Oxenford & Coomera Community Centre 25 Oxenford – Tamborine Rd	\$45 per day	Bookings required Chantelle Clark 5529 8087
Mon 7 to Fri 11 July	7.30am to 6pm	King's outside school care creative and energetic care for kids and teenagers. Activities include ice skating, games and extreme sports	Reedy Creek King's College 68 Gemvale Rd	\$39 per day	Bookings required Trevor 55220544
Mon 7 to Fri 11 July	8am to 5pm	Fun n Fitness care – have fun at the various excursions each day	Southport Keebra Park State High School	From \$5 to \$30	Bookings required Anthony Gould 0404084195
Mon 7 July	8.30am to 10am	Mangrove madness - discover this thriving marine habitat from the meandering boardwalk out to the bird hide on the edge of Lake Coombabah. Plus native wildlife presentation	Coombabah Coombabah Lakes Conservation Area Shelter Road Map 18 A9	Free 	Bookings required GCCC 5581 1521 An adult must accompany children
Mon 7 July	9am	Nutrition fun - learn about healthy habits, while getting fit at the same time	Merrimac Boowaggan Park Boowaggan Rd	Free 	No bookings required Fit Kids 0412 798 316
Mon 7 to Fri 11 July	9am to 3pm	Tennis camp – professional coaching, equipment, games and prizes. Lunch and drinks provided	Varsity Lakes	\$180	Bookings required Busy Bodies 1300 780 447
Mon 7 to Fri 11 July	9am to 5pm	Be an eco ranger – get closer to the wildlife for a fun and educational day of hands on activities	Currumbin Currumbin Wildlife Sanctuary	\$49	Bookings required CWS 5534 0846 www.cws.org.au
Mon 7 July	10am	Rhythm for children - play with different instruments and sing while developing great co-ordination, confidence and a deep love of music	Labrador Norm Rix Park Government Rd	Free 	No bookings required Melani 0409 064 490 Damion 0433 184 181
Mon 7 July	11am	Kids aerobics - bop and dance to the music while doing a kids body combat class	Benowa Gold Coast Regional Botanical Gardens/ Rosser Park Ashmore Rd	Free 	No bookings required Fit Kids 0412 798 316
Mon 7 July	2pm	Mini Olympic challenge – have unbeatable fun playing Olympic style games and challenges	Maudsland Salt Water Park Binstead	Free 	No bookings required Fit Kids 0412 798 316
Mon 7 July	2.30pm	Blaze basketball workshop – have fun with the Blaze players and learn new skills	Upper Coomera Billinghurst Crescent Map 6 L6	Free 	No bookings required Contact 55 275 427
Mon 7 July	4pm	Gladiators - go into battle against your friends and family whilst having fun at the same time	Nerang Carol Moore Park 105 Dugandan St	Free 	No bookings required Fit Kids 0412 798 316






Tues 8 July	8.30am to 10am	Federation walk - explore this coastal dune system and join in some fun activities with a ranger guide	Main Beach Federation Walk Coastal Reserve Philip Park Car Park Seaworld Drive Map 29 M10	Free 	Bookings required GCCC 5581 1521 An adult must accompany children
Tues 8 July	9am	Mini Olympic challenge – have unbeatable fun playing Olympic style games and challenges	Upper Coomera Serin Street Park Serin St Map 6 H6	Free 	No bookings required Fit Kids 0412 798 316
Tues 8 July	9am to 11am	Drumming workshop - explore the tribal art of drumming in these fun and energetic workshops	Ormeau Dahlia Crescent Park Dahlia Cres Map 305 L9	Free 	Bookings required Three Worlds 5526 0900
Tues 8 to 11 July	9am	Learn to surf workshop - learn how to ride the waves with style in this fun workshops. All gear provided	Miami Miami SLSC	\$15	Bookings required Surfing QLD 0419029058
Tues 8 July	9.30am	Kids cook – learn to cook simple meals and snacks	Varsity Lakes Varsity College	\$10	Bookings required Busy Bodies 1300 780 447
Tues 8 July	10am	Rhythm for children - play with different instruments and sing while developing great co-ordination, confidence and a deep love of music	Coolangatta Queen Elizabeth Park Marine Pde	Free 	No bookings required Melani 0409 064 490 Damion 0433 184 181
Tues 8 July	11am	Mini Olympic challenge – have unbeatable fun playing Olympic style games and challenges	Surfers Paradise Lex Bell Oval Salerno St	Free 	No bookings required Fit Kids 0412 798 316
Tues 8 July	2pm	Nutrition fun - learn about healthy habits, while getting fit at the same time	Burleigh Heads Wonga Park Cowell Dr	Free 	No bookings required Fit Kids 0412 798 316
Tues 8 July	2pm	Wushu – have fun learning the skills of Chinese Martial Art in the park without the necessity of full contact. Helps with personal development and well being	Paradise Point Esplanade North Park The Esplanade Map 8 R15	Free 	No bookings required GC Tai Chi Academy Dennis Watts 5545 1874
Tues 8 July	4pm	Fit kids - laugh, run, jump and giggle while having a go at the fun and active games	Mudgeeraba Ingles Park Wallandra Rd Map 57 P1	Free 	No bookings required Fit Kids 0412 798 316
Tues 8 July	6.30pm to 8pm	Spotlight adventure - bound along and discover what the kangaroos and other native wildlife get up to at night on a ranger guided spotlight	Coomabah Coomabah Lakes Conservation Area Rain Tree Glen Map 18 K12	Free 	Bookings required GCCC 5581 1521 An adult must accompany children
Wed 9 July	8.30am to 10am	Naturally wild walk - go cuckoo looking for Glossy Black Cockatoos and enjoy up close wildlife experiences in this bushland reserve	Mudgeeraba Hinterland Regional Park Hardy's Rd Map 58 A7	Free 	Bookings required GCCC 5581 1521 An adult must accompany children
Wed 9 July	9am	Kids yoga – the kids will enjoy this natural and healthy class to help them laugh, relax and focus	Carrara Boonooroo Park Central, Hickey Way	Free 	No bookings required Michelle 5526 6600



Wed 9 July	9am	Gladiators - go into battle against your friends and family whilst having fun at the same time	Oxenford Stolle Park Stolle Crt	Free 	No bookings required Fit Kids 0412 798 316
Wed 9 July	9am to 11am	Skateboarding workshop – learn new tricks from the professionals. A fun and happening session for all ability levels	Runaway Bay Runaway Skate Park corner of Oxley Dr and Lae Dr	Free 	No bookings required Skateboard QLD 0419 772 060 Must bring flat soled shoes
Wed 9 July	10am to 2pm	Sail – come experience the excitement of sailing, kayaking, volleyball and beach activities	Currumbin Currumbin Creek Duringan St boat ramp	\$10 	Bookings required SAILS 0420 811 080 or 0405 468 344
Wed 9 July	11am	Fit kids - laugh, run, jump and giggle while having a go at the fun and active games	Ormeau Canowindra Oval Mirambeena Dr Map 305 Q18	Free 	No bookings required Fit Kids 0412 798 316
Wed 9 July	2.30pm	Blaze basketball workshop – have fun with the Blaze players and learn new skills	Broadbeach Waters Albert Park Monaco St	Free 	No bookings required Contact 55 275 427
Wed 9 July	4pm	Gladiators - go into battle against your friends and family while having fun at the same time	Palm Beach Mallawa Dr Sporting Complex Map 60 G16	Free 	No bookings required Fit Kids 0412 798 316
Wed 9 July	4pm	Mini Olympic challenge – have unbeatable fun playing Olympic style games and challenges	Varsity Lakes Central Park Assembly Dr	Free 	No bookings required Fit Kids 0412 798 316
Thur 10 July	9am	Gladiators - go into battle against your friends and family while having fun at the same time	Robina Cheltenham Park 1A Robina Town Centre Dr	Free 	No bookings required Fit Kids 0412 798 316
Thur 10 July	9am to 11am	Skateboarding workshop – learn new tricks from the professionals. A fun and happening session for all ability levels	Mudgeeraba Firth Park Skate Park, Somerset Dr	Free 	No bookings required Skateboard QLD 0419 772 060 Must bring flat soled shoes
Thur 10 July	9.30am	Creative kids – arty activities to stimulate children's imagination	Varsity Lakes	\$10	Bookings required Busy Bodies 1300 780 447
Thur 10 July	10am	Rhythm for children - play with different instruments and sing while developing great co-ordination, confidence and a deep love of music	Surfers Paradise Evandale Park Ouyan St	Free 	No bookings required Melani 0409 064 490 Damion 0433 184 181
Thur 10 July	10am to 2pm	Sail – come experience the excitement of sailing, kayaking, volleyball and beach activities	Coomera Lake behind Oxenford Coomera Youth Centre Tambourine/ Oxenford Rd	\$10 	Bookings required SAILS 0420 811 080 or 0405 468 344
Thur 10 July	11am	Nutrition fun - learn about healthy habits, while getting fit at the same time	Pacific Pines Pacific Pines Central Park, Pacific Pines Bld	Free 	No bookings required Fit Kids 0412 798 316
Thur 10 July	2pm	Nutrition fun - learn about healthy habits, while getting fit at the same time	Southport Arthur Angrove Park Nerville Ave	Free 	No bookings required Fit Kids 0412 798 316
Thur 10 July	2pm to 4pm	Skateboarding workshop – learn new tricks from the professionals. A fun and happening session for all ability levels	Coomera Viney Park Yaun St (access from Dreamworld Parkway)	Free 	No bookings required Skateboard QLD 0419 772 060 Must bring flat soled shoes



Thur 10 July	4pm	Gladiators - go into battle against your friends and family whilst having fun at the same time	Runaway Bay O'Connell Park Ocean St	Free 	No bookings required Fit Kids 0412 798 316
Thur 10 July	6.30pm to 8pm	Spotlight adventure - turn on your night vision and experience this bushland reserve by night with a ranger guide	Tugun Tugun Hill Conservation Area Murray St Map 71 B11	Free 	Bookings required GCCC 5581 1521 An adult must accompany children
Fri 11 July	9am to noon	Laser skirmish - join this fun outdoor activity without the bruises. All ages and abilities	Molendinar Your Park Bloodwood Cres	Free 	No bookings required For more details call 1300 665 620.
Fri 11 July	9am	Kids yoga – the kids will enjoy this natural and healthy class to help them laugh, relax and focus	Burleigh Heads Justin Park The Esplanade	Free 	No bookings required Michelle 5526 6600
Fri 11 July	9.30am to 10.30am	Rockin ranger show - come sing, dance and learn about Aussie Wildlife with 'The Rockin Rangers'	Mudgeeraba Hinterland Regional Park, Hardy's Rd Map 58 A7	Free 	No bookings required GCCC 5581 1521 An adult must accompany children
Fri 11 July	11am	Kids aerobics - bop and dance to the music while doing a kids body combat class	Reedy Creek Observatory Park Southern Skies Av	Free 	No bookings required Fit Kids 0412 798 316
Fri 11 July	2pm	Mini Olympic challenge – have unbeatable fun playing Olympic style games and challenges	Ashmore Girral Park Girral Ave	Free 	No bookings required Fit Kids 0412 798 316
Sat 12 July	10am to 2pm	Sail – come experience the excitement of sailing, kayaking, volleyball and beach activities	Varsity Lakes Deflin House Varsity Pde	\$10 	Bookings required SAILS 0420 811 080 or 0405 468 344
Sun 13 July	10am to 2pm	Welcome to my world - free fun activities for everyone; face painting, jumping castle, fit kids and much more. Bring your picnic rug family and friends.	Broadbeach Pratten Park Old Burleigh Rd	Free 	No bookings required GCCC 5581 5233

Location	When	Location	Cost	Booking Details
 Go Bowling Ashmore	20 June – 20 July 2008	Ashmore Ashmore Rd	\$18 per person *	Bookings required 5539 6433
<i>* Go Bowling Ashmore \$18, you will get two games of tenpin bowling, shoe rental, a free soft drink or cappuccino, 2 game zone fun play tokens for the kids, bonus super saver discount vouchers plus the chance to be in the draw to win an Entertainment Prize Pack!</i>				
 Strike Bowling Bar	June 28 to July 13 2008 Mon to Fri 10am to 4pm	Surfers Paradise Strike Bowling Bar Circle on Cavill	\$5 per child for group bookings over 10	Bookings required 5555 2400 2 hours free parking in the Circle on Cavill car park
 Surfing	20 June – 20 July 2008	Surfers Paradise Cheyne Horan School of Surf Corner Hanlan St The Esplanade	\$10 for under 13 yrs \$15 over 14yrs	Bookings required 1800227873

Contact the Active & Healthy Team to arrange distribution of flyers, be added to the mailing list, provide feedback or suggestions or make general enquiries.

Email: activehealthygc@goldcoast.qld.gov.au
Website: goldcoastcity.com.au/activehealthygc

Phone: 07 5581 5233

