

THEATRES/THEATRE GROUPS**Dreamstar Dance and Theatre**

Bi-Centennial Community Centre Nerang/
Southport Rd Nerang 4211
5502 2526 or 0407 782 549
margiedee@bigpond.com

Performing Arts Program for all ages. Dance, Act, Sing. Affordable and fun classes at the Nerang Bi-Centennial Community Centre Ph 5502 2526 or 0432 221 070.

GC Comedy Players Theatre Assoc Inc

PO Box 578 Nerang 4211
5533 2917
hendersonj1@bigpond.com

To promote theatrical culture in the community. Put shows on in clubs and at corporate functions. Welcomes aspiring actors. Ring for further details.

GC Little Theatre

21a Scarborough St Southport 4215
5532 2096
gclt@bigpond.net.au
www.goldcoastlittletheatre.com.au

Is the premier community theatre on the Gold Coast. Six productions a year including dazzling musicals, dramas, hilarious comedies and the one act play season. Home of Little Underground, experimental theatre for young people 17-25. Active and friendly.

Javeenbah Theatre Company Inc

Cnr Stevens and Ferry St Nerang 4211
5596 0300
www.goldcoasttheatre.com.au/

To produce plays for community enjoyment. 5 productions per year. Theatre workshops. Childrens theatre on Sat mornings during school term. Ring for details of upcoming productions and theatre bookings.

Neptune Productions

45 Miles St Kirra 4225
5536 2446
neptuneprod@bigpond.com

Presenting community musical theatre for all ages. Performances at the Tweed Civic Centre in January, May and September. A range of Musicals and Theatre workshops. New members welcome both on and off stage.

Queensland Theatre of Puppetry Inc

PO Box 437 Southport 4215
5531 5936
enquiries@qtop.org.au
www.qtop.org.au

Further knowledge of puppetry. Conducts performances, instruction in making puppets, script writing workshops. Meets Tue 10am MacIntosh Island Pavilion. Providing Puppet Shows on Gold Coast Tue, Wed, Thu and Fri 10am and 11.30am during school holidays .

Spotlight Theatrical Company

185-187 Ashmore Rd Benowa 4217
5539 4255 or 5539 4700
spotlighttheatre@veritel.com.au
www.spotlighttheatre.com

Promoting Musical Theatre and light drama incorporating Spotlight Youth Theatre Group. Approximately 8 productions a year. Rehearsal hall for small productions. Hire of costumes, 'Do it yourself' kit balloons and accessories for all party requirements.

Tugun Theatre Company Inc

PO Box 144 Tugun 4224
5598 8118
www.goldcoasttheatre.com.au/

To present live theatre to the southern end of the Gold Coast. Booking office Ph 5520 1304. Hold 4 plays yearly in February/May/August and November. Cabaret seating. Bring own food and drink. Member of the Gold Coast Theatre Alliance.

Tweed Theatre Co Inc

Tweed Civic Centre Tweed Heads 2485
5536 2556
info@tweedtheatre.com.au
www.tweedtheatre.com.au

Community based company always looking for performing and non performing members.

WRITERS GROUPS**Creative Writers Gold Coast**

Cascade Gardens Broadbeach 4218
5535 6142 or 5571 2261

To help and encourage each other to learn. Opportunity to read stories and receive critique at our meetings. To have fun. Meet every 2nd Sat of the month at Cascade Gardens. Also can contact Joanne Ph 5532 0139.

GC Writers Assoc Inc

PO Box 441 Pacific Fair 4218
0431 443 385 or 5527 4091
info@goldcoastwriters.org.au
www.goldcoastwriters.org.au

Encouragement, constructive feedback and networking for writers of all genres and all levels of interest and experience. Monthly meetings with inspiring speakers on the 3rd Sat of the month at Fradgley Hall, above the Burleigh Heads Library.

Nerang Writers Group

47 Gumnut Lane Nerang 4211
5502 0806
beryl@onthenet.com.au

Friendly gathering of people whose interest is the power and beauty of the pen. Objectives vary from aspirations to be published or creative for posterity or just writing for sheer enjoyment. Meet every 2nd Thu 10am-12 noon Earle Haven Club House, Nerang.

Scribe Tribe

Gold Coast
5594 0049

Short story writers support group. Ring for information.

Disability Services**ACCOMMODATION****CASSI (Coastal Accommodation Supported Service Inc)**

Lev 7 Zurich House
8-10 Karp Crt Bundall 4217
5574 0955
cassigc@bigpond.com.au

Provides supported accommodation to service users with high lifestyle support needs and assisting them to live independently, with dignity, in the general community. For people with disabilities. Fax 5574 2711.

Endeavour Foundation

50 Southgate Ave Cannon Hill 4170
3908 7134 or 0407 656 397
information@endeavour.com.au
www.endeavour.com.au

Endeavour Foundation is one of the largest non-government organisations in Australia supporting and providing opportunities to people with disability. Through over 220 locations in Qld, we provide support on a daily basis for approximately 3,000 people.

FSG Australia

16 Railway St Southport 4215
5564 0655
www.fsg.org.au

Respite care homes – Lakeview Over 18's Day Respite Centre, Orana Respite Home for under 18's, under 12's Weekend program and Host Family program. Residential Houses and Transition Houses. Ring for further information. Fax 5564 0070.

GC Housing Assoc Inc

16 Railway St Southport 4215
5591 2706
karens@goldcoasthousing.org.au

Long term community housing provider for people with a disability and families who have a family member with a disability. Please ring for an application kit. Fax 5591 2706. Office open Tue-Thu 9.30am-3.30pm.

Headway – GC Inc

25 Woodlands Way Arundel 4214
5574 4311
admin@headwaygoldcoast.org
www.headwaygoldcoast.org

Supply supported accommodation available for head injured persons depending on client's funding. NOT centre-based. Also Day Respite at the centre. Must be referred by Disability Services Qld.

ACCOMMODATION – HOLIDAY**Cerebral Palsy League of Qld – Holiday Units Bookings**

Labrador 4215
1800 013 350
www.cplqld.org.au

Ring above phone number only for Holiday Bookings for any of the 6 fully accessible self-contained 3 bedroom units at Labrador for people with a disability.

ACTIVITY THERAPY CENTRES**Hydrotherapy Pool**

PBC Swimming Pool Complex
Thrower Drv Currumbin 4223
5534 4188

For use by Blue Nurses and similar groups, physiotherapists and their clients and individuals. Ring for operating hours.

MontroseAccess – GC Office

4 Blyth St Arundel 4214
5509 9300
information@montroseaccess.org.au
www.montroseaccess.org.au

Provides community based therapy and support services to eligible children (with principally a physical disability) and their families so that the child and family can have the best possible quality of life within their community. Fax 5571 5869.

ADVICE/EDUCATION**Cerebral Palsy League of Qld – GC Centre**

55 Ridgeway Ave Southport 4215
5532 2088
 goldcoast@cplqld.org.au
 www.cplqld.org.au

Support people with cerebral palsy and related disabilities, to create and access opportunities to lead valued lives, as equal members of society within their families and the community. Child and family support services, supported and holiday accommodation etc.

CRS Australia

Bundall/Coolangatta
5583 0600 or 5569 3300
 www.crsaustalia.gov.au

On job work training for people with disabilities. Return to work programs, Injury prevention and training. Bundall – Zurich House, Bundall Ph 5583 0600, Fax 5583 0614. Coolangatta – Showcase on the Beach, Griffith St. Ph 5569 3300, Fax 5569 331.

House With No Steps

35 Hutchinson St Burleigh Heads 4220
5593 8340
 qld@hwns.com.au
 www.hwns.com.au

Registered training organisation providing support and information for post-secondary education and further employment. Accredited vocational training delivered in business, IT, process manufacturing and hospitality.

Spinal Injuries Assoc

109 Logan Rd Woolongabba 4102
1800 810 513 or 3391 2044
 reception@spinal.com.au
 www.spinal.com.au

Community advisory service for people with spinal disabilities. The service assesses client needs and provides education and support for clients, carers and health professionals. Employment service, information and advocacy. Accommodation support service.

EMPLOYMENT ASSISTANCE PROGRAMS**Endeavour Business Centre**

Dakara Drv Southport 4215
5532 1301 or 5532 1722
 www.endeavour.com.au

Woodwork, packaging and mailouts. Providing employment and vocational training for people with an intellectual disability.

Endeavour Business Service

46 Matilda St Burleigh Heads 4220
5576 4291
 wrae@endeavour.com.au

Business service centre, sewing, mailing and packaging. Open Mon-Fri 8am-4pm.

GC Employment Support Service Inc

Suite 4/127 Nerang St Southport 4215
5591 9199
 employment@gcess.org
 www.gcess.org

Open employment service for people with disabilities who want to obtain and maintain employment. On-going support provided on a needs basis. No age limit. Fax 5591 9121.

House With No Steps

35 Hutchinson St Burleigh Heads 4220
5593 8340
 qld@hwns.com.au
 www.hwns.com.au

Employment Services providing employment assistance and support for people with a disability.

Job Futures SEQ

1/9 Windmill St Southport 4215
5528 5988 or 5534 4484
 www.jobfutures-seq.com.au

Assists jobseekers and employees with Disability Employment Network (DEN), providing a range of free expert services, training and support. Services are individually tailored to meet employment needs. Office also at 1/5 6th Ave., Palm Beach Ph 5534 4484.

On-Q Human Resources Ltd

Southport/Miami/Nerang
5531 3255 or 5576 5655
 www.onqhr.com.au

A specialist recruitment placing and training agency catering to the needs of people with a disability. Ph 5531 3255 Southport, Miami Ph 5576 5655, Nerang Ph 5527 2122. Group training also available.

Vision Australia

1800 622 954
 www.visionaustralia.org

Provide employment services for the vision impaired. Ring for further information.

HEALTH SERVICES – GENERAL**Blue Care – Coomera**

12 Jowett St Coomera 4209
5573 7433 or 5580 6041
 coomeracc@bluecare.org.au
 www.bluecare.org.au

Centre based Respite program Mon-Fri; activities, outings, carer respite. Meals and transport provided. Blue Nursing service provide assessments, treatment and advice. Lifestyle program of Personal Care, Social Support, In-Home respite and domestic assistance.

Blue Care Allied Health Services

5/46 Smith St Southport 4215
5555 4444
 gcgs.tc@bluecare.org.au
 www.bluecare.org.au

Offers professional allied health services to individuals at Southport Therapy Centre and at Blue Care residential aged care facilities. Some home visits available for people who are housebound. Services include dietetics, physiotherapy, social work etc.

CHARM (Community Health Assessment & Relearning Program)

Miami 4220
1300 780 128

Therapy program for any aged or young adult with a disability or their families/carers who are experiencing difficulties with daily living skills. This service also offers a 'Falls Prevention' program. Ring for further information.

Home and Community Care

Gold Coast area
5580 7810
 june_wells@health.qld.gov.au

The Area HACC Office provides information, education, training and support for HACC funded agencies and the Gold Coast Community.

Multicultural Communities Council GC Inc HAAC Services

Suite 28/207 Currumburra Rd Ashmore 4214
5527 8011
 mail@mccgc.com.au
 www.mccgc.com.au

Provides assistance for frail aged and younger people with disabilities and their carers. Cultural, religious and linguistic need considered. Bilingual Care workers. To facilitate and promote well being of linguistically diverse communities. Fax 5571 0181.

OZcare In-Home Care & Respite

PO Box 4094 Robina Town Centre 4230
5569 6200
 www.ozcare.org.au

Community nursing. Access to in-home care and respite/day respite centres and other support systems. Provides general home care services for eligible clients to assist them with respite care, personal care, domestic assistance, social support and transport.

HEARING SERVICES**Australian Hearing – Southport**

Australia Fair Shopping Centre Southport 4215
5532 6889 or 13 1797
 www.hearing.com.au

Audiological assessment, rehabilitation and hearing aids through Office of Hearing Services for most Centrelink and DVA pensioners and children under 21. Indigenous clients 50+. TTY Ph 5532 6889. Fax 5591 6629.

Australian Hearing – Tweed Heads

80-82 Keith Compton Drv Tweed Heads 2485
5599 4899 or 13 1797
 www.hearing.com.au

Audiological assessment, rehabilitation and hearing aids through Office of Hearing Services for most Centrelink and DVA Pensioners, children under 21 and indigenous clients 50+. TTY 5532 6889.

Better Hearing Australia Gold Coast Inc

Southport 4215
5570 4826
 bhagoldcoastinc@gmail.com

Weekly classes in Hearing Loss Management, offers assistance in managing a hearing loss, including lip speaking, information and advice to the hearing impaired, family and friends. Monthly meetings 3rd Wed at 1.30pm. Not-for-profit, self-help organisation.

Hearing Aid Loop Systems – Gold Coast City Council

Gold Coast
1300 130 854
www.goldcoastcity.com.au

Assistive listening devices provided at most Council Customer Service Centres, some Council branch libraries and Gold Coast Arts Centre, to assist people with a hearing impairment. Ring Administration or branches for Hearing Aid Induction Loop Systems.

Dept of Ageing Disability and Home Care

40 Frances St Tweed Heads 2485
5599 1255

Disability and home care services for NSW residents only. Fax 5536 6962.

HOME CARE/HOME HELP

Dial-An-Angel

Lev 1/9 Bay St Southport 4215
5591 8891
administration@dialanangel.com
www.dialanangel.com

Australia's only national group specialising in home and family care. Provide all home-based services e.g. Domestic housekeeping, Child care, Nursing, Eldercare-at-home, Gardener-handyman services, Pet care etc. Fax 5591 8699.

HACC Services

2019 GC Hway Miami 4220
1300 780 128

Basic support services for frail aged, young disabled and their carers. HACC eligibility. CHARM program. (Low function/high need care). Continence advisory service. For central intake unit Ph 1300 668 936 for referral.

Just Better Care – GC Qld

Suite 20/Lev 1/247 Bayview St
Runaway Bay Marina 4216
5577 3600
mailgc@justbettercare.com.au
www.justbettercare.com.au

Community in-home support assisting the aged and disabled to stay in the comfort of their own home longer. Offer assistance with personal care, home-based respite, shopping, cleaning, meals, transport etc. Services from 1hr-24hrs x 7days. Office 7am-10pm.

Nerang Community Respite Care Assoc Inc

31 Martin St Nerang 4211
5578 1668
info@nerangrespite.org.au
www.nerangrespite.org.au

In-Home services for HACC eligible clients consisting of services such as domestic assistance, personal care, social support and respite for carers.

HOME MAINTENANCE/HOME ASSIST

Home Assist/Secure – GC Central

PO Box 51 Isle of Capri 4217
5538 1947

Provides assistance, information and referral on home repairs, minor modifications, maintenance and security to people 60 years and over or with a disability, who are home owners or live in rental housing. Must register to receive help.

Home Assist/Secure – GC North

Marana Gardens Hostel
10 Ridgeway Ave Southport 4215
5531 3502

Provide information direction to the elderly for home repairs, minor modifications and home security assessments and direct assistance to people 60 years and over receiving a pension or with a disability. Must register to receive help.

Home Assist/Secure – GC South

473 Golden Four Drv Tugun 4224
5598 1073
gcshas@svdpqld.org.au

Provides information and assistance to people aged 60 years and over, and the disabled, with minor home maintenance, repairs and security. Must register to receive help. Fax 5598 1504.

Home Maintenance and Modification Program St Vincent de Paul

126 Allied Drv Arundel 4214
5594 7890 or 0410 419 856
hacc.gc@svdpqld.org.au

Direct assistance with home modifications of kitchens, bathrooms etc. Rely on referrals from occupational therapists etc. Clients must be HAAC eligible. Fax 5594 0822.

TADQ – Technical Aid to the Disabled

10 Waterloo St Newstead 4006
1300 663 243 or 3216 1733
tadq@tadq.org.au
www.tadq.org.au

Non-profit. Accepts requests from clients or referrals through rehabilitation professionals, making aids and modifying equipment commercially unavailable. Project cost of materials only. NO LABOUR CHARGES. Need volunteers – Handyman/Trade/Design etc.

MEDICAL AIDS

Australian Red Cross – Southport Branch

10 Lawson St Southport 4215
5571 0966

Medical equipment hire also at Nerang Ph 5596 6873, Palm Beach Ph 5576 0551 and Surfers Paradise Ph 5531 6785.

Continance Aids Assistance Scheme

PO Box 2082 Milton 4064
1300 366 455
healthcare@intouchdirect.com.au
www.intouchdirect.au

Persons on disability support pension or mobility allowance with permanent continence condition. Help available to meet costs. Bowel and bladder care items. Part of In-touch Health Care. Ages from 5 years to adult..

Lifehealthcare Hospital and Rehab

10/345 (Spotlight Complex)
Southport Nerang Rd Ashmore 4214
5564 5650 or 0425 811 222
goldcoast@lifehealthcare.com.au
www.lifehealthcare.com.au

Provides equipment and products for personal use or supply to aged care facilities, hospitals and occupational therapists. Offers a range of hire equipment for short term needs. Open Mon-Fri 9am-5pm and Sat 9am-2pm.

LifeTec Qld (Towards easier Living)

Cnr Newmarket/Enoggera Rds
Newmarket 4051
1300 885 886 or 3552 9000
mail@lifetec.org.au
www.lifetec.org.au

Provide information on products that help people with a disability. Will help make informed choices about assistance technology that will best service their needs from ramps, lifts, gates, mobility and vision equipment to eating and drinking equipment etc.

Medical Sheepskins GC

29 Gordonia Drv Reedy Creek 4228
5522 0774 or 0412 191 463
info@sheepskinlady.com
www.sheepskinlady.com

A range of affordable medical sheepskins and products suitable for areas of the health industry eg. Homecare, Hospital, Nursing Homes. Now has full range of sheepskin items including footwear and baby wear.

Total Care Products

18 Kortum Drv Burleigh Heads 4220
1300 881 811
5576 5888
admin@totalcareproducts.com.au
www.totalcareproducts.com.au

Hire and retail service for rehabilitation equipment. Invalid aids and daily living aids. Ample parking.

RECREATION & ACTIVITIES

Arundel Park Riding for Disabled Inc

387 Brisbane Rd Coombabah 4216
5594 0305
arundelpark_rda@iprimus.com.au

All ages can enjoy safe therapeutic and stimulating recreation through horse riding. Open to all disabilities and also able bodied classes. Visitors welcome. Gymnastics on horseback and carriage driving. Fax 5574 4836. Open Mon-Fri 8am-3pm and Sat 8am-12 noon.

Crossroads GC

4 Greenwich Crt Robina 4226
5578 9322
crossroads@newlife.unitingchurch.org.au
www.newlife.unitingchurch.org.au

A centre-based day care program that runs for 40 weeks of the year on a Fri of the state school terms from 9.30am-1.30pm. Open to any person with physical and/or intellectual disability who receives HACC funding.

Currumbin Happy Group

C/o Share'n'Care Centre
10th Ave Palm Beach 4221
5534 3074

Social interaction and friendship for frail aged and anyone needing a friend. Transport provided. Singalongs, entertainment, outings. Meet every Tue at 9am at the Share'n'Care Centre, 10th Ave, Palm Beach.

Friendship Program

Disability Services Qld Gold Coast
5531 8055
 anne.butler@disability.qld.gov.au

A community linking service focusing on creating opportunities for friendship for individuals 18-64 years. For support workers and services training and support in the area of creating opportunities for and supporting existing friendships. Mon-Fri 9am-5pm.

GC Recreation & Sport Inc

Box 7209 GCMC Bundall 9726
5531 3312
 admin@gcrs.com.au
 www.gcrs.com.au

Community based organisation which provides sport and recreation to people with physical and/or intellectual disabilities. Recreation programs. Support to other services to facilitate support to people with disabilities. Runs GC Community Transport Inc.

Library Service GC City Council – Special Needs Library

Nerang Library
 Cnr White/Price Sts Nerang 4211
5581 7180
 www.goldcoast.qld.gov.au/library

Free membership to special needs people eligible to join GCCC Library service. Doctors referral or one from therapist or special teacher in written form required. Wide range of equipment available. Assistance available with selection.

Palm Beach Happy Group

Share'n'Care Centre
 10th Ave Palm Beach 4221
5535 6444

Social interaction for the disabled and the elderly. Bingo, singalongs, entertainment and outings. Meet every Fri from 9am-12noon.

Palm Beach Share'n'Care Centre Inc

10th Ave Palm Beach 4221
5535 6444

Range of activities offered to the over 50's 7 days a week e.g. bingo, embroidery, social groups etc. Scrabble and chess and Solo played on Fri and on Wed play Crazy Whist. Midday meals avail Tues and Wed. Ring for further details of activities and times.

Photography Club (FSG Connector Project)

3 Jowlett St Coomera 4209
0505 386 848
 kyleeb@fsg.org.au
 www.fsg.org.au

For people with a disability interested in photography. Meet monthly on Sun from 10am-2pm at Coomera Family Central, 3 Jowlett St. Volunteers are welcome to help within the program to start May 2008.

Sailability GC Inc

1 Marina Cres Hollywell 4216
5545 0078

Sailing and boating for the disabled. Wide range of experiences and wide range of disabilities catered for at Southport Yacht Club's facilities Hollywell. Ph 0405 199 934 on the day re weather or holiday cancellations. Meet Tue 9.30am-2pm (racing team Sun).

Social Wheelchair Basketball – RollerBlaze

(GC Recreation and Sport) PCYC Nerang 4211
5531 3312
 Rollerblaze@bigpond.com

Play fortnightly at Nerang PCYC, Cayuga St., Nerang. Players over 16 years – people with disabilities/amputees and able-bodied athletes.

Spinal Injuries Assoc

Gold Coast
3391 2044
 www.spinal.com.au

Phone for information on meeting dates and venues on the Gold Coast.

RESPIRE CARE CENTRES

Bethany Care Ltd (Including Hope Cottage – Short Term Respite)

Bldg 4/175 Varsity Pde Varsity Lakes 4227
5501 8070
 enquiries@bethanycare.org
 www.bethanycare.org

Respite for persons with a disability (eligibility conditions apply). Overnight centre based respite and day and emergency respite. Trips/Camps. Resource library. Counselling through Hope Church. Group meetings for parents/carers. Fax 5501 8075.

Disability Services Qld (Yalburu Court Respite Service)

PO Box 8338 GCMC Bundall 9726
5531 8055
 www.disability.qld.gov.au

Can cater for 5 people with intellectual disabilities at any one time for periods from overnight to one week. Private rooms and recreation activities. Open 24 hours a day. Web site for all of Queensland with application forms, information on funding etc.

FSG Australia (Lakeview Centre of Learning)

Robina Town Centre Drv Robina 4230
5562 0232
 www.fsg.org.au

Planned goal orientated activities for people over 18 years with a disability. Life skill programs, social activities, 10 Pin bowling, sailing. Older parent carer project. Ring for details. Fax 5562 1134.

Headway – GC Inc

125 Woodlands Way Arundel 4214
5574 4311
 admin@headwaygoldcoast.org
 www.headwaygoldcoast.org

Self-help organisation providing lifestyle support for head injured persons and their families with Day Respite based at the Centre.

Hopewell Hospice Services Inc

PO Box 1290 Runaway Bay 4216
5563 2930 or 5571 7788
 enquiries@hopewell.org.au
 www.hopewell.org.au

Provides home-style accommodation + 24 hour nursing care for up to 8 terminally ill patients. Bereavement support for patients and their families. Fax 5563 3139.

Multicap Robina Respite House

3 Dulwich Pl Robina 4226
5593 1592 or 0407 036 258
 www.multicap.asn.au

Respite for persons with an intellectual disability. (Eligibility conditions apply). Open every day during the school holidays; other times open Thu to Mon.

Multicultural Communities Council GC Inc Aged/Disability Day Respite

Suite 28/207 Currumburra Rd Ashmore 4214
5527 8011
 mail@mccgc.com.au
 www.mccgc.com.au

Day respite services to frail aged and younger people with disabilities and carers. Provides culturally appropriate respite services, cultural meals, recreational and social activities. Aim to facilitate and promote well being of culturally diverse communities.

PresCare Inspired Community Care – Coomera

1/17 Hickey St Coomera 4209
5519 6600
 infogc@prescare.org.au
 www.prescare.org.au

In-home Respite Care and Day Centre for carers with adult children aged 18 years and over with a disability. Day centre provides meals, activities and outings. Fax 5519 6698.

Shepherd Community Services

73 Rio Vista Blvd Broadbeach Waters 4218
5592 2247
 enquiries@shepherdgoldcoast.org
 www.shepherdgoldcoast.org

In-home Respite Care and Day Centre for people with a disability from 0-60 years.

Southern Star Community Services

3 Chestnut St Elanora 4221
5535 3422
 bridgetw@southernstar.org.au

For persons aged between 5-65 years with 1 or more disabilities e.g. Brain injury/Psychiatric/Intellectual disability/High medical/physical support needs etc. In-home Respite and variety of day activities. Activities for school children during school hols.

SPECIAL NEEDS

Hearing Aid Loop Systems – Gold Coast City Council

Gold Coast
1300 130 854
 www.goldcoastcity.com.au

Assistive listening devices provided at most Council Customer Service Centres, some Council branch libraries and Gold Coast Arts Centre to assist people with a hearing impairment. Ring Administration or branches for Hearing Aid Induction Loop Systems.

Mobility Allowance – Centrelink

C/o Centrelink
13 2717

www.centrelink.gov.au/

Available to those whose disabilities prevents them from using public transport unaided. Provides assistance to people with disabilities, who are in paid employment, voluntary work etc. Ring for details of eligibility.

Teletypewriter Service – Centrelink

1800 810 586 or 1800 000 567

www.centrelink.gov.au

Free call for people who are deaf or have a hearing or speech impairment. A teletypewriter phone is required to access this service. TTY payment enquiries 1800 810 586, Customer Relations freecall 1800 000 567.

Telstra (Disability Services)

1800 068 424 or 1800 808 981

disability@online.telstra.com.au

www.telstra.com.au/disability

Special phones available for hearing and physically disabled persons. Must be a Telstra customer. Voice 1800 068 424, TTY 1800 808 981.

SPECIAL NEEDS TRANSPORT**GC Community Transport Inc**

PO Box 7209 GCMC Bundall 9726

5531 3312

admin@gcrs.com.au

www.gcrs.com.au

Two buses for group bookings with wheelchair loading facilities available to groups of people on the Gold Coast with disabilities. Must make an application for bookings. Have drivers. Not available for Nursing Homes.

OZcare Shopping & Transport Services

3 Frinton St Southport 4215

5583 7860

www.ozcare.org.au

Shopping and transport services for disabled and aged people. Bus service providing transport for aged, frail aged or younger people with disabilities to shops, appointments.

Transcord Community Transport

2/153 Cltew St Ashmore 4214

5539 3733

transcom@redzone.com.au

Transcord is a community transport for the frail aged, younger disabled and their carers, who reside on the Gold Coast. Fax 5539 2733. Mailing address – PO Box 4207, Ashmore.

SUPPORT GROUPS**Amputees Advisory Assoc Inc**

PO Box 966 Runaway Bay 4216

5577 3131

Advisory and counselling service. Visiting service on request. Social functions, recreations. Provision and type of prostheses. Deal with amputation.

Autism Gold Coast Inc

PO Box 2272 Burleigh Heads 4220

5559 1747 or 5508 2364

autismgoldcoast@bigpond.com

www.autismgoldcoast.com.au

Supporting families. Lending library, newsletters, email newsgroups. Lobbying for improved services etc. Coffee'n'Chat support meetings on 1st Wed 10am, Evening support meetings on 3rd Wed 7pm. Family, carers first contact point through co-ordinators.

Carer Advisory Service

Brisbane 4000

1800 242 636

Office open 9am-5pm Mon-Fri. Provides information and support to carers in the home. Peak body for carers offers emotional support, telephone or face to face counselling, carer support, library and information.

Carers Qld – Gold Coast Region Support Group

Powertel Bldg 23 Main St Varsity Lakes 4227

5522 6244

www.carersqld.asn.au

Social Club for Carers of someone with chronic illness, physical or intellectual disability or frail aged – meet monthly. Ring for venues of monthly Men's Groups and Families who Care for Young People with Special Needs who meet 3rd Fri of each month.

Commonwealth Carelink Respite Centre – South Coast

23 Main St Varsity Lakes 4227

1800 052 222

carelink.robina@bluecare.org.au

www.commcarelink.health.gov.au

Information on a wide range of Community Care programs for the aged and those with a disability (any age group) to help them stay in their own homes. Information given on nursing and respite care, household help, a range of Allied health and meal services etc.

CRS Australia

Bundall/Coolangatta

5583 0600 or 5569 3300

www.crsaustralia.gov.au

Assisting people with disability to obtain employment or live independently. Bundall Office at Karp Crt., Zurich House Ph 5583 0600, Fax 5583 0614, Coolangatta Office on Level 1, Showcase on the Beach, Griffith St., Ph 5569 3300. Fax 5569 3311.

Disability Services Qld

Level 4 8-10 Karp Crt Bundall 4217

5531 8055

www.disability.qld.gov.au

Government department responsible for meeting the needs of intellectually disabled people and their families. Resource and assessment services, community liaison and respite care. Web site for all of Queensland with application forms and information on funding.

Friendly Lot

Gold Coast

5525 9000 or 5597 0180

leanne@kaybeez.net

www.friendlylot.deluxnetwork.org/

Help people with a disability to find friends. Intended activities include outings to movies, cafes and possibly BBQs. Must be able to get themselves to and from outings and go out with or without their carers. No fees. Money to spend on activities only.

FSG Australia

16 Railway St Southport 4215

5564 0655

www.fsg.org.au

FSG Australia is a non-profit community organisation that works in partnership with people with a disability, people with mental illness, people who are frail aged and their carers, to provide services that make a difference in their lives. Fax 5564 0070.

GC Advocacy Inc

Suite G5/9 Bay St Southport 4215

5564 0355

gca@gca.org.au

An independent community based advocacy organisation, providing individual advocacy for vulnerable people to age 65 with a disability, who live on the Gold Coast. Advocacy is in relation to people's fundamental rights and needs in life. Fax 5571 1499.

Guide Dogs Qld

34 High St Southport 4215

5528 0433

www.guidedogsqld.com.au

To provide orientation and mobility, guide dogs, rehabilitation, counselling and resources of the visually impaired. Fax 5528 0533.

Headway – GC Inc

25 Woodlands Way Arundel 4214

5574 4311

admin@headwaygoldcoast.org

www.headwaygoldcoast.org

Self-help organisation providing lifestyle support, occupational therapy for head injured persons and their families. Independent living training programs. Social and educational activities, hydrotherapy and physiotherapy. Accommodation support and Day Respite.

Horizon Foundation COAST Service

PO Box 315 Robina DC 4226

5575 0222

www.horizoninc.org

Community access service which is committed to providing individually oriented service to people with multiple disabilities to enable them to become participating members in their local community. Supports age group 18-64 years. Fax 5580 8249.

House With No Steps

35 Hutchinson St Burleigh Heads 4220

5593 8340

qld@hwns.com.au

www.hwns.com.au

Employment Service for people with disabilities. Packaging service employing people with disabilities. Accredited vocational training. Post-school options programme.

Parent to Parent Assoc Qld Inc

PO Box 464 Mudgeeraba 4213
1800 777 723

www.parent2parentqld.org.au

Parent to Parent Assoc. brings together parents and family members for mutual support and practical information enabling them to make informed decisions about the family members current and future needs.

Parkinsons Society of GC Inc

PO Box 6096 GCMC Bundall 9726
5593 7928 or 5575 3567

Support, education and assistance for sufferers, their families and interested persons. Ring for details of meeting times and venues.

Spinal Injuries Assoc

Gold Coast
3391 2044

www.spinal.com.au

Phone for information on meeting dates and venues on the Gold Coast.

TADQ – Technical Aid to the Disabled

10 Waterloo St Newstead 4006
1300 663 243 or 3216 1733

tadq@tadq.org.au

www.tadq.org.au

Non-profit accepts requests from clients or referrals through rehabilitation professionals, making aids and modifying equipment commercially unavailable. Project costs of materials only. NO LABOUR CHARGES. Need Volunteers – Handyman/Trade/Design etc.

Trinity Disability Support Service

Suite 5 Lev 1/171 Nerang St Southport 4215
5532 4686

trinity.support@support@qld.lca.org.au

Helping adults with intellectual disability to live and participate in their local community. Unique individual programs and accommodation support. Fax 5526 3228.

Tweed Valley Early Childhood Intervention Service Inc

Florence St Tweed Heads 2485
5506 7558

tvccis@alpher.net.au

Meets at Teaching Centre, Florence St., Tweed Heads. Operates early intervention teaching program. Support for parents with children with disabilities. Open Mon-Fri 8.30am-4pm.

Vision in Paradise

Cnr High and North Sts Southport 4215
5528 1697

A Blind and vision impaired support group. Weekly meets. Companion visiting, shopping trips, library club, social outings. No age limit. Centre open from Mon-Fri from 9am-4pm.

TELEPHONE SUPPORT/INFORMATION**Carer Advisory Service**

Brisbane 4000
1800 242 636

Information and support to carers in the home. Peak body for carers offers emotional support and phone counselling. Office hours Mon-Fri 9am-4pm.

Commonwealth Carelink Respite Centre – South Coast

23 Main St Varsity Lakes 4227
1800 052 222

carelink.robina@bluecare.org.au
 www.commcarelink.health.gov.au

Information on a wide range of Community Care programs for the aged and those with a disability (any age group) to help them stay in their own homes. Information given on nursing and respite care, household help, a range of allied health and meal services etc.

DIS (Disability Information Services)

PO Box 3389 South Brisbane 4101
1800 177 120 or 1800 010 222 (TTY)

disabilityinfo@disability.qld.gov.au

www.disability.qld.gov.au/disability_information

Free Qld State wide service by phone, fax or email giving information on services, facilities, support groups, accommodation, transport, respite care, recreation and any other matters related to a disability. TTY 1800 010 222. Fax 3896 3467.

National Relay Service

1800 555 660 or 1800 550 630 (TTY)

helpdesk@relayservice.com.au

www.relayservice.com.au

Free service allowing people who are deaf, hearing impaired and/or speech impaired to make or receive phone calls. TTY or modem users Ph 133 677 and then ask for the number you wish to call. Speak and Listen users Ph 1300 555 727 then ask for the number.

Telecross

6 Welch St Southport 4215

1300 885 698

QLD_AGED_CARE@redcross.org.au

www.redcross.org.au/

A free Red Cross service that provides a daily monitoring assurance call to ensure the physical well-being of clients, who could be frail, elderly or disabled or socially or geographically isolated. Calls made by volunteers from their home or Telecross.

VISION IMPAIRED**Blind Citizens Australian Federation – Tweed Valley Branch**

Site 188 TBV Kirkwood Rd
 Tweed Heads South 2486

5524 6147

billmcken@bigpond.com

Consultation, advocacy and consultant organisation. Meet quarterly at South Tweed Sports Club. Ring for further information.

GC Blind & Visually Impaired Assoc Inc

PO Box 6503 GCMC Bundall 9726
5576 7029

Providing social interaction, help with aids, outings and holidays for blind and partially sighted citizens. No age limit.

Guide Dogs Qld

34 High St Southport 4215
5528 0433

www.guidedogsqld.com.au

To provide orientation and mobility, guide dogs, rehabilitation, counselling and resources of the visually impaired. Fax 5528 0533.

NSW Far North Coast Blind and Vision Impaired Support Group

Site 188 TBV Kirkwood Rd
 Tweed Heads South 2486

5524 6147 or 5536 1491

billmcken@bigpond.com

Support for visually disabled, social group etc. Ph/Fax 5524 6147. Ring for details of meetings.

Vision Australia

Suite 2B/34 High St Southport 4215

5571 0241

info@visionaustralia.org

www.visionaustralia.org.au

Services and support for people who are blind or have low vision, including home assessment, sale of aids and equipment, activities of daily living, and contact with support groups. Fax 5591 2471.

Vision for Living

Cnr High and North Sts Southport 4215

5528 1697

Program designed to look after the younger vision impaired from school age to 50 years. Improve communication skills. Advice to parents. Life skills, advocacy, phone counselling, cooking nutrition, travel independence etc. Open Mon-Fri from 9am-4pm.

Vision in Paradise Sight Loss Centre

Cnr High and North Sts Southport 4215

5528 1697

A purpose built centre for the Blind and Vision Impaired featuring all aspects of support on blindness and low vision. Centre open from Mon-Fri from 9.00am-4.00pm. An initiative of Vision in Paradise Inc.

Education**ADULT EDUCATION****GC Institute of TAFE Adult Literacy & Numeracy Program**

72 Ridgeway Ave Southport 4215

5581 8196

www.goldcoast.tafe.net

Improve reading, writing, spelling, maths and computer skills. Day and evening classes. A Certificate 11 in Access 10 course is available to achieve a Year 10 equivalent in English, Maths, Science, Computing and General Studies.

GC Institute of TAFE Adult Literacy & Numeracy Program

5 Scott St Coolangatta 4225

5581 8108

www.goldcoast.tafe.net

Improve reading, writing, spelling, maths and computer skills. Day and evening classes. A certificate 11 in Access 10 course is available to achieve a Year 10 equivalent in English, Maths, Science, Computing and General Studies.

Kings International College

68 Gemvale Rd Reedy Creek 4228

5593 4386

kic@kings.net.au

www.education.kings.net.au

Phone for details of courses including Aged Care, Nursing, Business Services, Children's Services, Hospitality and ELICOS.

Learning Network Qld

GC TAFE Heeb St Ashmore 4214
5581 8574
www.lnqace.com

Education training for persons over 15 years.
 Ring for course details.

Moncrieff U3A North GC Inc

PO Box 64 Paradise Point 4216
5529 0583
info@moncrieffu3a.com
www.moncrieffu3a.com

Courses for a wide range of subjects. Provides over 50's with social interaction and mental stimulus. Learning for the joy of learning. Guest speakers at monthly meetings. Members are encouraged to participate by teaching, learning or assisting.

Practical Boat Owner Courses – Sea Rovers Assoc

4 Cootharaba Drv Helensvale 4212
5530 1088
pbocourses@searovers.asn.au
www.searovers.asn.au

A series of mini courses for the boat owner providing instructions on the care of and use of their vessel and its equipment.

Prime Learning – Specialised Training Services

Southport/Nerang/Robina
1800 223 933
www.primelarning.com.au

Courses in distance or blended learning, classes or workshops. Training rooms open when classes scheduled. Government funded clients for various courses e.g. IT, Bookkeeping, Business Management, Children's Services Certificate etc.

Reading Writing Hotline

1300 655 506
info@literacyline.edu.au
www.literacyline.edu.au

National telephone adult literacy and numeracy referral service. Teacher asks about your reading, writing, spelling or maths needs and gives details of classes in your area or will give details of support by distance delivery if no classes in your area.

Specialised Training Services (Qld) Pty Ltd

Unit 5b/54 Nerang St Nerang 4211
5543 0066
sts.training@bigpond.com
www.sts-training.com

Provide solutions for people wanting to learn through online and flexible training, on-site training, mentoring and support. Take pride in our flexible approach to training and provide quality training in your workplace throughout SE Queensland. Fax 5543 0007.

Tweed Community College

36 Machinery Drv Tweed Heads South 2486
5524 8884
www.acenc.com

A wide variety of craft and academic courses catering for adults 16 yrs plus, held at 36 Machinery Drv., South Tweed Heads. VETAB accredited courses. Ring for details of courses. Office open Mon-Fri (NSW time) 9am-4pm.

U3A Broadbeach

PO Box 526 Pacific Fair 4218
5572 9212
www.u3abroadbeach.org

Classes held on Mon, Tue, Thu and Fri at Merrimac High School, Dunlop Crt., Broadbeach Waters. Ring for details of courses during office hours Mon 9am-1pm and Thu 10am-1pm.

U3A Gold Coast Inc

PO Box 3365 Australia Fair 4215
5591 6671

Participate in life, learning and social interaction. Motto "Learning for Pleasure" offers a chance to use leisure time creatively in good fellowship whilst attending classes in happy surroundings and enjoying social activities. Shop 1074 Australia Fair.

AFTER-SCHOOL CARE & ACTIVITIES**Committee for After-School Activities Inc**

PO Box 2019 Southport 4215
5532 6459
karinmckinney@bigpond.com

After-school activities at Ashmore, Biggera Waters, Currumbin, Labrador, Musgrave Hill, Surfers, Benowa and Burleigh Primary schools Mon-Fri 2.30-6pm. Before school care at Burleigh, Surfers and Currumbin 6.45am-8.45am. Also Vacation holiday program.

EDUCATION SERVICES**Education Qld GC District Office**

PO Box 557 Robina DC 4226
5562 4888
www.education.qld.gov.au

Advises on relocation for schooling and teachers from interstate etc. Information packs available. Referrals to appropriate services e.g. Clinical assessment, special education, speech therapy, vocational guidance to all age groups.

GC Education & Training Network Inc

PO Box 8844 GCMC 9726
5591 3322
info@studygoldcoast.org.au
www.studygoldcoast.org.au

(Study GC) is the peak industry body for the education and training industry on the Gold Coast. The member-based organisation is led by a committee of industry representatives from the school, Elicos, VET and university sectors. Fax 5591 3022.

House With No Steps

35 Hutchinson St Burleigh Heads 4220
5593 8340
qld@hwns.com.au
www.hwns.com.au

Registered training organisation. Provides support information for post-secondary education training and further employment. Accredited vocational training delivered in business, IT, process manufacturing and hospitality.

Study Gold Coast

PO Box 8844 GCMC 9726
5591 3322
info@studygoldcoast.org.au
www.studygoldcoast.org.au

Study GC is the peak industry body for the education and training industry on the Gold Coast. The member-based organisation is led by a committee of industry representatives from the school, Elicos, VET and university sectors. Fax 5591 3022

GOVERNMENT SCHOOLS**State Primary Schools & High Schools**

See Local Phone Directory White Pages under – Schools.

LANGUAGE CLASSES – MIGRANT**English as a Second Language Dept (GC Institute of TAFE)**

91-99 Scarborough St Southport 4215
5581 8250
enrolments.gcit@deta.qld.gov.au

Ring for information on days and times of English classes. Fax 5581 8329.

GC Institute of TAFE Adult Migrant English Program

Southport/Coolangatta TAFE centres
5581 8196 or 5581 8108
www.goldcoast.tafe.net

Adult education classes for migrants in language, literacy and numeracy. Ring for details of classes. Ph Southport Campus on 5581 8196 or for Coolangatta Campus Ph 5581 8108.

Multicultural Families Organisation Inc

21/27 Davenport St Southport 4215
5571 0381
mfamilies@mfo.org.au

Provides free English classes and services to migrant women and their families including refugees, humanitarian entrants, new arrivals and long term residents. Also counselling and advocacy. Monthly meetings 2nd Fri of the month.

SPECIAL EDUCATION SERVICES**Dyslexia Australia**

4-B LaSenda Crt Springwood 4127
3299 3994
contact@dyslexia-australia.com.au
www.dyslexia-australia.com.au

Free seminars on Dyslexia. Program to fix Dyslexia. Ring for further information.

SPECIAL SCHOOLS**Currumbin Community Special School**

5 Hammersford Drv Currumbin Waters 4223
5559 9333
admin@currumbispecs.eq.edu.au

Catering for mildly and moderately handicapped youth 6 -18yrs. Offering academic, home-craft, manual arts and surfing. Tissue culture for plants in Currumbin Valley. For Farm Annexe Ph 5533 0312.

Miami Primary Special Education Unit

Oceanic Drv Mermaid Waters 4218
5595 4888

Primary school for hearing impaired and speech language impaired children. Fax 5595 4800.

Mudgeeraba State Special School

School St Mudgeeraba 4213
5559 3333

the.principal@mudgeeraspecs.eq.edu.au

Education of intellectually handicapped students aged between 5-18 years.

Ring for further information from 8am-4pm.
Fax 5559 3300.

Musgrave Hill Early Childhood Developmental Unit

Nakina St Musgrave Hill 4215
5532 7049

sunit2@eq.edu.au

www.musghillss.qld.edu.au/special/preschool

Early Intervention Program individually designed to provide additional educational support for children who have additional and varying developmental needs from birth to 6 years.

Southport Special School

Kumbari Ave Southport 4215
5552 0333

admin@kumbariave.eq.edu.au
www.kumbariave.eq.edu.au

Education of intellectually and physically impaired children. Fax 5552 0300. Office open Mon-Fri 7.45am-3.45pm.

TECHNICAL COLLEGES

AICA (Australian Education)

PO Box 8183 GCMC Bundall 9726
5526 2055

info@aica.net.au
www.aica.net.au

Offers courses in Diploma of Community Welfare, Diploma and Certificate courses in Graphic Design, Photography, Visual Arts and Training and Assessment. Fax 5526 2015

GC Institute of TAFE – Ashmore/ Coolangatta/Southport

Ashmore/Coolangatta/Southport/Ridgeway
TAFE centres

5581 8300 or 5581 8200

www.goldcoast.tafe.qld.gov.au

Ph 5581 8300 for details of courses for all Campuses. Ph 5581 8200 for General Enquiries. For Numeracy and Literacy Ph Ridgeway Campus 5581 8196 and Coolangatta Campus Ph 5581 8108.

GC Institute of TAFE Style Academy

Heeb St Ashmore 4214

5581 8300

enrolments.gcit@deta.qld.gov.au
www.goldcoast.tafe.qld.gov.au

Offer Apprenticeships and Traineeship courses. Provides services to the public at very low cost – i.e. Fashion, style-cuts, colours, perms, manicures etc. All work supervised. For Hair appointment Ph 5581 8481 and Beauty appointment Ph 5581 8720.

Hope College

Varsity Lakes 4227

5501 8000

hopecollege@gmail.com

www.hopecollege.com

Training in: Aged Care, Disability Work, Christian Counselling and Theology. Registered for International Students and Centrelink payments.

Meditation Institute

47 High St Southport 4215

5531 0511

shanti@shantiyoga.com.au

www.shantiyoga.com.au

Designed wholly for educational, healing and spiritual well-being. Attend a finishing course, massage course etc. Learn to teach Yoga through Government Accredited, Austudy approved courses. Classes, teaching aids all inclusive.

UNIVERSITIES

Bond University

University Drv Robina 4229

1800 074 074

information@bond.edu.au

www.bond.edu.au

Australia's 1st private, not-for-profit University offering a personalised academic environment that enables graduates to exceed the outer limits of their potential. Offering undergraduate and postgraduate degrees in Law, Business, IT etc.

CQ University

60 Marine Pde Southport 4215

5552 4988

inquiries@goldcoast.cqu.edu.au

www.goldcoast.cqu.edu.au

Central Qld University Gold Coast International Campus. Fax 5531 2288.

Griffith University – GC Campus

Parklands Drv Southport 4215

5552 8800 or 1800 677 728

www.griffith.edu.au

Ring for details of courses available.

Emergency Services

ELECTRICITY

ENERGEX

13 1253 or 13 6262

Accounts can be paid at Australia Post. Domestic accounts by credit card or arrangements can be made for phone banking, direct debit or BPay. Loss of power supply Ph 13 6262.

EMERGENCY HELP LINES

Ambulance/Fire Brigade/Police

All areas of Gold Coast 000 (triple zero)

000 (triple zero) Phone number is to be used in an EMERGENCY ONLY for those who find they are in need of an Ambulance, Fire Brigade or Police immediately in sudden, distressing circumstances.

Domestic Violence – DVCONNECT (Mens Line)

1800 600 636

mail@dvconnect.org

www.dvconnect.org

Free confidential telephone counselling and referral service for men on personal relationships or in a domestic situation from 9am to midnight 7 days a week. No legal advice given.

Domestic Violence Lines

1800 811 811 or 1800 200 526

For National Domestic Violence Help Line free call 24 hours Ph 1800 200 526. For Queensland residents Ph DVConnect 1800 811 811. For NSW residents Ph Domestic Violence Line 1800 656 463. All provide counselling phone numbers and information on refuges etc

Domestic Violence Prevention Centre Inc GC

PO Box 409 Southport 4215

5532 9000 or 5591 4222

info@domesticviolence.com.au

www.domesticviolence.com.au

Offer support, information and referral to women and their children who are or have been in DV. Education, training and community awareness programs. Therapeutic groups. 24 hour Help Line Ph 1800 811 811. 24 hour DV counselling/refuge referral Ph 1800 811 811.

Domestic Violence Womens Line – DV CONNECT

1800 811 811

mail@dvconnect.org

www.dvconnect.org

State wide 24 hour telephone service which organises referrals to refuges. Information on Domestic violence and referral crisis intervention and telephone support.

Kids at Risk (Child Safety Service Centre)

5595 7100 or 1800 177 135 a/h

www.childsafety.qld.gov.au

For after hours Ph 1800 177 135. Crisis assistance for child protection and referral to emergency accommodation for youth in a crisis situation. Social support services and community networks through its programs. Works in with the Dept of Child Safety.

FIRST AID

Event First Aid

PO Box 106 Bond University Gold Coast 4229
3277 2525

admin@firstaidservices.com.au

www.firstaidservices.com.au

Private provider of first aid and medical support to events across Queensland and northern New South Wales. Local Gold Coast events include the Gold Coast Marathon, Odyssey NYE, V Fest and Good Vibrations.

St John Ambulance GC Region

Gold Coast

5500 6867

www.stjohnqld.asn.au/

Provides First Aid assistance at sporting venues and events.

LOCAL GOVERNMENT**Gold Coast City Council – After Hours Emergencies**

Bundall 4217
1300 366 692 or 1800 637 000
www.goldcoastcity.com.au

Water and waste water emergencies
 Ph 1300 366 692. Ph 1800 637 000 for all other emergencies.

POISONS INFORMATION**Poisons Information Centre**
13 1126

Ring for information 24 hours a day.

POLICE**Australian Federal Police**

69 Laver Drv Robina 4226
5553 8777 or 1800 813 714
www.afp.gov.au

Drug intelligence reporting centre. Hotline
 Ph 1800 813 784. Ring for information.
 Fax 5553 8747.

Police Service (Qld) Emergency Calls 000 (triple zero)

000 (triple zero) Phone number is to be used in a EMERGENCY ONLY for those who find they are in need of an Ambulance, Fire Brigade or Police immediately in sudden, distressing circumstances.

RESCUE & MEDICAL HELICOPTER SERVICES**CareFlight**

PO Box 5078 Robina Town Centre 4230
5506 8400
www.careflight.com.au

Tasked by emergency services' providers. Operates 24 hours. As a charity provides guest speakers, hanger functions for groups. CareFlight Bears are for sale. Fax 5553 5900.

RURAL FIRE BRIGADES**GC Rural Fire Brigade Group**

Ipswich 4305
3381 7122
www.ruralfire.qld.gov.au

Please ring for information on all Gold Coast Rural Fire Brigades.

GC Rural Fire Brigade Group – Bonogin

Bonogin 4213
5530 2757 or 3381 7122
www.ruralfire.qld.gov.au

Fire emergency dial 000 (triple zero). Fire Warden Dave 5530 2757. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Cedar Creek/Wolffdene

Cedar Creek 4207
5546 4122 or 0407 175 747
www.ruralfire.qld.gov.au

For fire emergency Dial 000 (triple zero). Fire Wardens Royce (Cedar 5546 4122) and Peter (Wolffdene 0407 175 747). For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Clagiraba

Clagiraba 4211
5533 2715 or 0416 195 964
www.ruralfire.qld.gov.au

For fire emergency Dial 000 (triple zero). Fire Wardens Les 5533 2715 and Phil 0416 195 964. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Coomera Valley

PO Box 189 Oxenford 4210
0417 763 150 or 0412 768 379
cvrfb@bigpond.com
www.ruralfire.qld.gov.au

For fire emergency dial 000 (triple zero). Fire Wardens Steve Green 0412 768 379 and Tommy Knight 0417 763 150. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Currumbin Valley

Currumbin 4223
5533 0152 or 5598 7361
www.ruralfire.qld.gov.au

Fire emergency dial 000 (triple zero). Fax 5533 0107. Fire Wardens Clyde 5533 0152 and Bill 5598 7361. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Gilston/Advance Town

Gilston/Advance Town 4211
5533 2454 or 3381 7122
www.ruralfire.qld.gov.au

For fire emergency dial 000 (triple zero). Fax 5533 2454 (call first). Fire Warden Lloyd 5533 2454. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Guanaba

Guanaba 4210
0439 332 750 or 3381 7122
www.ruralfire.qld.gov.au

For fire emergency dial 000 (triple zero). Fire Warden Kris 0439 332 750. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Lower Beechmont

Lower Beechmont 4211
0408 322 202 or 3381 7122
www.ruralfire.qld.gov.au

For emergency Dial 000 (triple zero). Fire Warden Terry Smith 0408 322 202. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Mudgeeraba

Mudgeeraba 4213
5530 4433 or 5530 6666
info@MRFB.org.au
www.MRFB.org.au

Fire emergency dial 000 (triple zero). Fax 5530 7666. Ring Fire Warden Danny Ph 5530 4433 for permits to burn and Steve Ritchardson Ph 0438 356 150. Training Tue 7pm. New members welcome. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Numinbah Valley

Numinbah Valley 4211
5533 4158 or 5533 4138
www.ruralfire.qld.gov.au

Fire emergency dial 000 (triple zero). Fire Wardens Jim 5533 4138 and Peter Ph 5533 4158. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Ormeau

Ormeau 4208
0427 788 877 or 3381 7122
www.ruralfire.qld.gov.au

For fire emergency dial 000 (triple zero). Fire Warden Ian Ph 0427 788 877. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Pimpama District

Pimpama 4209
5546 6317 or 5546 6095
www.ruralfire.qld.gov.au

Emergency Dial 000 (triple zero). Fax 5546 6036. Ring Trevor Miles (Western) 5546 6317 and Peter Lehmann (Eastern) 5546 6095. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Rocky Point

Rocky Point 4207
5546 1183 or 3381 7122
www.ruralfire.qld.gov.au

For emergency Dial 000 (triple zero). Fax 5546 2511. Fire Warden Noel 5546 1183. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Springbrook

Springbrook 4213
5533 5989 or 3381 7122
www.ruralfire.qld.gov.au

Fire emergency dial 000 (triple zero). Fire Warden Michael 5533 5989. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Tallebudgera Valley

Tallebudgera 4228
5533 8212 or 5533 8128
www.ruralfire.qld.gov.au

Fire emergency dial 000 (triple zero). Fax 5533 0258. Fire Wardens Doug 5533 8128, Paul 5533 8212 and Ken 5533 8208. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Tomewin

Tomewin 4228
5533 0119 or 5533 0342
www.ruralfire.qld.gov.au

Fire emergency dial 000 (triple zero). Fire Wardens Bill 5533 0119 and Bob 5533 0342. For Central Office Ph 3381 7122.

GC Rural Fire Brigade Group – Wasp Creek

Wasp Creek 4210
5573 3589 or 5546 6095
www.ruralfire.qld.gov.au

For fire emergency Dial 000 (triple zero). Fax 5529 7788. Fire Wardens Charlie 5573 3589 and Peter 5546 6095. For Wasp Creek/ Stradbroke Island contact numbers are the same. For Central Office Ph 3381 7122.

SEXUAL ASSAULT**GC Centre against Sexual Violence Inc**

PO Box 1924 Southport 4215
5591 1164 or 5591 2397
 gcsass@bigpond.com
 www.stopsexualviolence.com

A specialist sexual violence intervention and prevention service, providing counselling to women who have been raped and/or sexually assaulted at any time in their lives. Prevention education to the broader Gold Coast community.

Tweed Valley Sexual Assault Service

C/o Tweed Community Health Centre
 Florence St Tweed Valley 2485
5506 7540
 www.health.nsw.gov.au

Support and counselling to all sexual abuse and rape victims – child and adult, male and female. 24 hour service available through police and hospitals. Open 8am-5pm Mon-Fri. After hours Tweed Hospital Ph 5536 1133

STATE EMERGENCY SERVICES**Dept of Emergency Services**

32 Tansey St Beenleigh 4207
3287 8500
 www.emergencyservices.qld.gov.au

Regional office for the Dept. of Emergency Services, Queensland Fire and Rescue Service and Queensland Ambulance Service.

Qld Fire & Rescue Service

32 Tansey St Beenleigh 4207
3287 8510

PO Box 927, Beenleigh. Regional office for Queensland Fire and Rescue Service.
 Fax 3287 4085.

SES (State Emergency Service GC)

Southport 4215
13 2500

24 hour service. Central phone number. This contact will transfer you to the SES centre nearest to you. Volunteers required at all times.

TELEPHONE COUNSELLING – EMERGENCY**Host (Homelessness Outreach Support Team)**

Gold Coast
5536 5247 or 5536 2173

Supporting people sleeping rough and those experiencing difficulty accessing the Homelessness Service System. Someone to talk with about your needs to find meal services, bathroom facilities, accommodation, Centrelink issues etc. Ring if in need.

Kids Helpline

1800 551 800
 www.kidshelp.com.au

Counselling for children and youth aged 5-18 years. Telephone counselling 24hours/7 days. Web counselling on Mon-Fri from 3pm-9pm Queensland time.

Lifeline GC – Telephone Counselling

2741 GC Hwy Broadbeach 4218
13 1114
 www.lccq.org.au

Telephone counselling 24 hours a day, phone 13 1114. Provides a counselling service protecting confidentiality and anonymity. Counsellors can help provide understanding and support for people of all ages experiencing a crisis or emotional distress.

Mens Line Australia

1300 789 978
 www.menslineaus.org.au

National Mens Line. Counselling for males. 24 hours 7 days per week. Family relationships, divorce, separation and general support.

Mens Line Qld

1800 600 636

Mon-Fri 9am-midnight. Counselling for males – Domestic Violence (both victims and perpetrators), family relationships, divorce, separation and general support.

Parentline

1300 301 300

A confidential telephone counselling service aimed at providing professional counselling and support for parents 8am-10pm 7 days a week.

WATER RESCUE SERVICES**Australian Volunteer Coast Guard**

171 Marine Pde Southport 4215
5531 1421
 www.coastguard.com.au

Voluntary organisation assisting preservation of life and property in Aust. coastal waters. Marine rescues in conjunction with SES, Water Police and Police Dept. Limited membership boys and girls 18 years+. Full/Assoc. m'ship 18 years+. Training courses.

GC Seaway Control Tower

Seaworld Drv The Spit 4217
5591 2948

Ring for details of services.

Volunteer Marine Rescue Assoc

Muriel Henschman Drv Main Beach 4217
5591 1300
 www.vmr400.com

Marine rescue and assistance and radio watch. Weather reports/tide times and other boating information. Radio and other marine courses available. For associate and active membership Ph Southport 5591 1300, Point Danger Ph 5536 9333, Currumbin Ph 5534 1000.

Employment**CAREERS INFORMATION****Centrelink Career Information Centre**

Pacific Square 2532
 GC Hwy Mermaid Beach 4218
1800 641 459
 cic.mermaidbeach@centrelink.gov.au
 www.centrelink.gov.au

This Centrelink information centre is solely on Careers and further study for people interested in starting a new career. Will sort out career plans resources and clients don't need to be on a Centrelink payment.

UNEMPLOYED SERVICES/SUPPORT**Access Services Inc**

92 Wembley Rd Woodridge 4114
3412 8222 or 0419 741 364
 accessinc@asi.org.au
 www.asi.org.au

Target group is newly arrived refugees and humanitarian entrants and CALD clients. Settlement and support and case work. Employment and training, Interpreter and migrant services. Outreach services at Southport, Coomera, Eagleby and Beenleigh.

Busy at Work Apprenticeship Service

Unit 6/45 Nind St Southport 4215
5558 5800 or 1300 363 050
 busyatwork@busyinc.com
 www.busyatwork.com.au

New apprenticeship centre. Free advice, wage support, information and assistance on traineeships, apprenticeships and administration. Online reporting allowing for better management of tracking Government entitlements. Also available to employers.

Career Employment Australia

Lev 2/10 Scarborough St Southport 4215
5532 7000 or 5572 3911
 www.ceagroup.com.au

Providing support for unemployed of all ages by way of work skill courses and training for members of organisations on the Gold Coast. GC Skill Centre Inc is a registered training organisation. Miami office Ph 5572 3911.

Centacare Employment Group

Suite 5 Jandrene Plaza Cnr Nind and Scarborough Sts Southport 4215
5526 4822

www.centacarebrisbane.net.au
 Helps people with disabilities to enter workforce. Eligibility through Centrelink. Also helps people who have significant barriers to the workforce.

Centacare Employment Group

Cnr 5th Ave/Cypress Ave Palm Beach 4221
5525 7611
 www.centacarebrisbane.net.au

Helps people with disabilities to enter the workforce. Eligibility through Centrelink. Also help people who have significant barriers to the workforce.

Centrelink

Various Centres on Gold Coast
13 2490 or 13 2850
www.centrelink.gov.au

Offers a range of services from training assistance schemes to linked job vacancy boards. Biggera Waters/Mermaid Beach/Nerang/Palm Beach/ Tweed Heads and Southport. If seeking employment phone 132 850.

Community Support Agency

56 Gemvale Rd Reedy Creek 4228
5522 0802

Ring for personal consultation. Work for the dole programs. Choice of employment. Open Mon-Fri 8.30am-5pm.

CRS Australia

Bundall/Coolangatta
5583 0600 or 5569 3300
www.crsaaustralia.gov.au

On job work training for people with disabilities. Return to work programs, injury prevention and training. Ph Bundall on 5583 0600 Karp Cr., Zurich House or Fax 5583 0614. Ph Coolangatta Level 1, Showcase on the Beach on 5569 3300. Fax 5569 3311.

Employer Hotline

131 715
www.jobsearch.gov.au

A free service to assist all employers wishing to lodge vacancies or find further information about benefits of Australian Job Search and Job Network. Will find staff and contact details on local job recruitment centres. A Government initiative.

Griffith University GC Student Guild

Parklands Drv GC Campus The Link Blding
 Griffith University 4222
5552 8724
guildinfo@griffith.edu.au
www.gugcstudentguild.com.au

The Student Guild provides a free employment service for part-time and casual positions for students.

GTA Gold Coast – Smart Employment Solutions

Level 1 Waterside Park East
 Holden Pl Bundall 4217
5556 7777 or 1300 367 388
jobsforyou@gtahr.com.au
www.gtahr.com.au

Employment services, pre-employment training, trainees and apprentices. Business training and human resource consultancy. Fax 5556 7778.

Job Futures SEQ

1/9 Windmill St Southport 4215
5528 5988 or 5534 4484
www.jobfutures-seq.com.au

Provides free expert services, training and support to assist people tackle difficult personal circumstances. Have (PSP) Personal Support Program and employment and training programs to benefit people. Office also at 1/5 6th Ave, Palm Beach Ph 5534 4484.

Job Futures SEQ

1/9 Windmill St Southport 4215
5528 5988 or 5534 4484
www.jobfutures-seq.com.au

Work for the Dole, Work experience for Unemployed, Disability Employment Network, Personal Support Program, JPET 15-21 years, Green Corps Traineeships, Job Placement and Skilling Queenslanders. Offices also at Palm Beach Ph 5534 4484 and Robina Ph 5575 8169.

Jobcare

Stella House 64 Ferny Ave
 Surfers Paradise 4217
5538 0619
jenny@jobcare.com.au

A jobsearch program by Jobcare (an outreach of Anglicare) free for the unemployed wishing to return to work. 5 week courses 4 mornings a week at Surfers. Target groups include parents and carers, recent migrants, mature aged, people with disabilities etc.

Migrant Centre Organisation Inc (The)

Shop 2 TAFE Bldg Southport 4215
5591 7261 or 0405 804 091
migrantcentre@msn.com
www.migrantcentre.org

Job search training support, mentoring and placement, employment, vocational guidance, training programs and projects, photocopying, typing, editing, job search, job applications and resumes. Fax 5591 7262.

Mission Australia – Mission Employment

Southport/Coolangatta/Nerang/Biggera Waters/Robina
13 1124
www.mission.com.au

Provide job seeking services for unemployed. Offices Griffith St., Coolangatta Ph 5536 7596, Lavelle St., Nerang Ph 5596 4698, Labrador Park Shopping Centre, Ph 5529 3258, Suter St., Southport Ph 5527 1832 and Robina Shopping centre Ph 5562 2647.

Qld Working Womens Service Inc

Brisbane 4000
1800 621 458
qwws@qwws.org.au
www.qwws.org.au

Free confidential and supportive service to help women on any work related matter from advice, referral and advocacy. Advice and information on all Industrial Relations and work related matters.

Salvation Army Employment Plus Broadbeach

Pacific Square Shops 5and6 / 2532 GC Hwy
 Mermaid Beach 4218
5553 3300 or 13 6123
broadbeach_eplus@aep.salvationarmy.org
www.employmentplus.com.au

Provide quality employment to those affected by unemployment. No cost recruitment service unique 'Right Track' career development and employer support program. Open Mon-Fri 9am-5pm.

Salvation Army Employment Plus Burleigh Heads

1805 GC Hwy Burleigh Heads 4220
5520 9999 or 13 6123
burleighheads_eplus@aep.salvationarmy.com
www.employmentplus.com.au

Provide quality employment services to those affected by unemployment. No cost recruitment service, unique 'Right Track' career development and employer support program. Open Mon-Fri 9am-5pm.

Salvation Army Employment Plus Southport

72 Nerang St Southport 4215
5537 0700 or 13 6123
www.employmentplus.com.au

Provide quality employment services to those affected by unemployment. No cost recruitment service. Unique 'Right Track' career development and employer support program. Fax 5537 0799.

Salvation Army Employment Plus Tweed Heads South

14 Amber Rd Tweed Heads South 2486
5506 1300 or 13 6123
tweedheads_eplus@aep.salvationarmy.com
www.employmentplus.com.au

No cost professional recruitment service for employers and quality placement service to those affected by unemployment. Assistance available to employers and jobseekers to assist with longterm solutions to individual needs. Indigenous Employment Consultant.

Wageline Telephone Information Line

1300 369 945
www.wageline.qld.gov.au

Provide information on awards and agreements including your entitlements as an employee. Operates from 8am-4.45pm Mon-Fri except public holidays. Wageline has recorded information after hours.

Wheelchair & Disabled Assoc

35 Hutchinson St Burleigh Heads 4220
5593 8340
krandall@hwms.com.au
www.hwms.com.au

Employment preparation – Job Search and Placement – On site training and support and offsite support for people with disabilities. Assess by referral from Centrelink and schools.

Work Directions Australia

Lev 1 Inter City Crct Beenleigh 4207
1800 816 483 or 3445 8800
beenleigh@workdirections.com.au
www.workdirections.com.au
 Job Network member. Open Mon-Fri 9am-5pm.

Environment

CONSERVATION/ENVIRONMENTAL GROUPS

Bird Observers Club of Australia – Brisbane/GC Branch (BRISBOCA)

22 Rustic Crt Palm Lake Resort Bethania 4205
3287 4411 or 0422 194 664
brisboca@birdobservers.org.au
www.eagleby.org.au

Amateur bird watching club. Do survey work. Displays at functions. Conservation issues. Power Point school talks. Meet every 3rd Tue of the month at 7.30pm at Historical Village, Beenleigh.

Catchment Management Group (CCMG)

Coombah 4216
5581 6236
www.goldcoastcity.com.au/

Community catchment group that cares for land and water resources within Coombabah, Saltwater Creek and Coombabah Lake. Meet irregularly to discuss and promote natural resource management, including issues such as water quality, natural habitat, flora etc.

Elanora Wetlands Bushcare Group

Elanora 4221
5598 4145

Community Bush Care Program at Elanora Wetlands. Meet 1st Tue every month from 8am-10am.

Environmental Protection Agency (EPA)

Brisbane 4000
1300 130 372
esc@epa.qld.gov.au
www.epa.qld.gov.au

Environmental protection and conservation provides information and educational material, oversees National Parks and State Forests and gives information on wildlife. Limited service for Bushwalkers.

Friends of Federation Walk

PO Box 634 Main Beach 4217
5531 4432 or 5531 4600
info@federationwalk.org
www.federationwalk.org

To protect the Federation Walk Coastal Reserve for future generations while encouraging community ownership. To conserve and enhance environmental and conservation values in a sustainable manner. Community planting days last Sun of each month from 6.30am.

Friends of the GC Regional Botanic Gardens Inc

PO Box 5653 GCMC Bundall 9726
0449 561 674
info@fgcbg.org.au
www.fgcbg.org.au

'Friends' are involved in the design, planting and maintenance of the Mangrove to Mountain (local natives) section in Rosser Park. We raise money and assist with environmental education and garden interpretation.

Gecko – GC & Hinterland Environment Council

139 Durling St Currumbin 4223
5534 1412

info@gecko.org.au
www.gecko.org.au

Gecko is a volunteer, non-government, not-for-profit organisation – the peak regional environment body.

Gecko Regen

159 Durling St Currumbin 4223
5534 6395

admin@geckoregen.org.au
www.geckoregen.org.au

Gecko Regen operate a native plant nursery and provide environmental services such as natural area regeneration, revegetation and environmental consultancy.

Griffith Centre for Coastal Management

Parklands Drv Southport 4215
5552 8393

gccm@griffith.edu.au
www.griffith.edu.au/coastal-management

Research centre based in the Faculty of Environmental Sciences at Griffith University. Grouped under 5 program areas: Estuarine Modelling, Coastlines, Infrastructure and Technology, Urban Catchments and Waterways, Water Future. CoastEd and BeachCare programs.

Lamington Natural History Assoc Inc

8 Wattle Crt Beechmont 4211
5533 3584 or 5533 3037

Main aim to increase visitors understanding, knowledge and appreciation of Lamington National Park and provide information for park users. Volunteer Staff Information Bureau, brochures and walking tracks. Information booth manned on weekends only Ph 5533 3584.

Loders Creek Catchment Assoc Inc

PO Box 1133 Southport 4215
0412 550 240

loderscreek@hotmail.com
www.loderscreek.org

Loders Creek is located centrally in the Gold Coast region. It rises in the suburbs of Ashmore and Belview Park and runs through Southport before discharging into the Broadwater at Labrador. The health and it's future is dependent on us all. Fax 5581 6219.

National Trust Qld Gold Coast

23 Farrell Drv Tugun 4224
5534 5036

Community organisation to maintain Queensland's heritage in flora and fauna, buildings and the environment.

Surfrider Foundation Australia

PO Box 271 Coolangatta 4225
5536 1021 or 0424 352 792

stuartball@surfrider.org.au
www.surfrider.org.au

Work for the protection and enhancement of Australia's oceans, waves and beaches for all people, through conservation, activism, research and education. Office open Mon and Fri.

Wildlife Preservation Society of Qld Inc

PO Box 2569 Southport 4215
5576 7876

Education and advice concerning flora, fauna and environment. Public meetings held every 2 months. Newsletters. Ring for details.

PARKS/MARINE & WILDLIFE

Environmental Protection Agency Qld Parks & Wildlife Service

Kabool Rd West Burleigh 4219
5520 9600 or 1300 130 372

www.epa.qld.gov.au

Oversees National Parks gives information on wildlife. Limited service for bushwalkers. Ring for further information.

Pacific Marinelife Institute

PO Box 721 Southport 4215
5574 3815 or 0412 761 016

info@pacificmarinelife.com
www.pacificmarinelife.com

Gold Coast based institute committed to the research and conservation of Indo-Pacific marine environment. Supports approved marine research studies maintaining and supporting projects on oceanic mammals, coastal reefs, marine waterways etc.

Finance

BANKRUPTCY

Citizens Advice Bureau & Gold Coast Legal Service Inc

24 Davenport St Southport 4215
5532 9611

citizens@advicebureau.org.au
www.advicebureau.org.au

FREE CONFIDENTIAL Financial Counselling by appointment only. Offers alternatives to Bankruptcy. Will assist with Bankruptcy if this is the only option. Ring Mon-Fri between 8.30am-4pm for appointment. Fax 5532 9125.

Insolvency & Trustee Service Australia (ITSA)

PO Box 10443 Adelaide St Brisbane 4000
1300 364 785

enquiry@itsa.gov.au
www.itsa.gov.au

Government agency responsible for the administration and regulation of personal insolvency. ITSA operates the Bankruptcy register, where debtors petitions are lodged etc. Fax 3360 5466. Can also email – itsa.brisbane@itsa.gov.au.

BUDGET INFORMATION

Australian Securities & Investments Commission (ASIC)

PO Box 4000 Gippsland Mail Centre Vic 3841
1300 300 630

financialliteracy@asic.gov.au
www.understandingmoney.gov.au

ASIC Web site established to give people the opportunity to increase their financial knowledge and better manage their money by budgeting, saving, understanding credit, controlling debt etc. Ph 1800 236 235 for free "Understanding Money" Handbook.

FINANCIAL COUNSELLING**Citizens Advice Bureau & Gold Coast Legal Service Inc**

24 Davenport St Southport 4215
5532 9611
citizens@advicebureau.org.au
www.advicebureau.org.au

Provides a FREE, CONFIDENTIAL counselling service with a Financial Counsellor. Appointment necessary. Ring Mon-Fri between 8.30am-4pm. Fax 5532 9125.

Lifeline GC – Financial Counselling

2741 GC Hwy Broadbeach 4218
5539 9922
www.lccq.org.au

Ring for appointment and/or information on days and times of Financial Counselling.

Palm Beach Neighbourhood Centre Inc

16 Third Ave Palm Beach 4221
5598 1505
www.palmbeachnc.org.au

FREE, short term confidential Counselling. Appointments essential. Money management workshops.

FINANCIAL INFORMATION SERVICES**Qld Cashflow Club**

PO Box 86 Isle of Capri 4217
5526 8578
www.hidden-wealth-keys.com/queensland-cashflow-club.html

Non-profit organisation with focus on Stock Trading, Real Estate and starting a business. Learn to play "Rich Dad, Poor Dad" Cashflow game and change your financial future. Meet monthly. Special interest groups. Ring for details of meeting times and venue.

Government**ELECTORAL OFFICES****Australian Electoral Commission**

Ist Flr 3 Short St Southport 4215
13 2326
info@aec.gov.au
www.aec.gov.au

One form only required to be completed for State, Federal and Local governments. Forms available at any Post Office. Office open Mon-Fri 9am-5pm.

Australian Electoral Commission

Shop 2/69 Wharf St Tweed Heads 2485
13 2326
info@aec.gov.au
www.aec.gov.au

One form only required to be completed for State, Federal and Local Government enrolments. Forms available at any Post Office. Office open 9am-5pm Mon to Fri.

GOVERNMENT INFORMATION**Anti-Discrimination Commission of Qld**

Lev 1/189 Coronation Drv Milton 4064
1300 130 670
info@adcq.qld.gov.au
www.adcq.qld.gov.au/

Work to promote equality of opportunity and to protect people from unlawful discrimination, sexual harassment and public vilification. Handle complaints of those people who have been unjustly dealt with or discriminated against and to inform people

Australian Human Rights Commission

GPO Box 5218 Sydney 2000
1300 656 419 or 1300 369 711
complaintsinfo@humanrights.gov.au
www.humanrights.gov.au

Information line on discrimination. Federal department. For Complaints Ph 1300 656 419, Enquiries Ph 1300 369 711. TTY Ph 1800 620 241.

Australian Passport Information

Commonwealth Centre
 295 Ann St Brisbane 4000
13 1232
www.passports.gov.au

Passports Australia issues new and replacement Passports to Australian citizens, both in Australia and overseas, in accordance with provisions of the Passport act. Lodge application at Post Offices unless advised otherwise by call centre.

Birth/Death/Marriage Certificates

Magistrates Court Hinze St Southport 4215
5583 5900 or 1300 366 430

Birth/Death/Marriage Certificates are processed at Magistrates Court and applications sent to Brisbane for Queensland residents. Other State applicants apply – Registrar of Birth/Deaths/Marriages in their appropriate state for certificate. Ph 1300 366 430.

Births Deaths & Marriages (Qld Registrar of Births Deaths & Marriages)

GPO Box 188 Brisbane 4001
1300 366 430 or 3247 9203
www.justice.qld.gov.au/

Apply to Registrar for Queensland persons born only. For other States apply to the State where born. Fax 3247 5818. Open 8.30am-4.30pm. Physical address 110 George St., Brisbane.

Building Services Authority Qld (BSA)

7/86 Robina Town Centre Drv Robina 4230
5575 7999
www.bsa.qld.gov.au

Customer service centre for advisory information and development services for home builders. Investigates complaints against constructions completed by registered builders. Issues owner/builders permits. Controller of registered builders in Queensland.

Centrelink

All areas of Gold Coast
13 1021
www.centrelink.gov.au

Ph 13 2300 for information re Pensions/Retirement, Ph 13 6150 for Family Assistance, Ph 13 2717 for Disability, Sickness, Carers, Ph 13 2850 Employment, Ph 13 2490 Youth/Student Serv., Ph 13 2317 for Abstudy, Ph 13 1202 for Language other than English.

Change of Name (Qld Registrar of Births, Deaths & Marriages)

GPO Box 188 Brisbane 4001
1300 366 430 or 3247 9203
www.justice.qld.gov.au/bcm

For change of name apply to Registrar of Births, Deaths and Marriages. Fax 3247 5818. This is for Queensland born people only. For the other States apply to Public Trustee. Office open Mon-Fri 8.30am-4.30pm.

Child Care Access Hotline

Sydney 2000
1800 670 305
www.facs.gov.au

Commonwealth Government provides help to families using many types of child care such as day care, before and after school care, occasional care, family day care, in-home care. Commonwealth approved child care services 8am-9pm.

Child Safety After Hours Service Centre

1800 177 135 or 3235 9999
www.childsafety.qld.gov.au/

The 24 hours statewide Child Safety After Hours Service Centre provides after hours responses to clients of the department, members of the public and staff from government departments and community agencies in relation to child protection matters.

Child Safety Service Centre Beenleigh

100 George St Beenleigh 4207
3884 7474 or 1800 177 135
www.childsafety.qld.gov.au

Child Safety is dedicated to and protects children and young people who have been harmed, or are at risk of harm. Also investigates concerns and provides ongoing services to children and young people who are experiencing, or are at risk of experiencing harm.

Child Safety Service Centre GC

Pacific Square 2520 GC Hwy
 Mermaid Beach 4218
5595 7100 or 1800 177 135 a/h
www.childsafety.qld.gov.au

Child Safety is dedicated to and protects children and young people who have been harmed, or are at risk of harm. Also investigates concerns and provides ongoing services to children and young people who are experiencing, or are at risk of experiencing harm.

Child Support Agency (Australian Government)

1085 GC H'way Palm Beach 4221
13 1272

www.csa.gov.au

CSA encourages shared parental responsibilities and ensures Child Support is paid. Gives options for Child Support payments and connects you to support services to suit your needs. Web site has helpful free publications and resources for separated parents.

Commonwealth Ombudsman

Lev 25/288 Edward St Brisbane 4000
1300 362 072

ombudsman@ombudsman.gov.au
www.ombudsman.gov.au
www.comb.gov.au/

Considers and investigates complaints from people who think they have been treated unfairly by an Australian Government department or agency. Complaints by phone, in person, in writing, fax or by on-line complaint form. For State Ombudsman Ph 1800 068 908.

Crime & Misconduct Commission

GPO Box 3123 Brisbane 4001
1800 061 611 or 3360 6060

www.cmc.qld.gov.au

Open Mon-Fri 8am-5pm. After hours service for emergency. Look after complaints against Police, Councils, Public Service etc.

CRS Australia

Bundall/Coolangatta
5583 0600 or 5569 3300

www.crsaustalia.gov.au

On job work training for people with disabilities. Return to work programs, Injury prevention and training. Bundall – Zurich House, Ph 5583 0600, Fax 5583 0614, Coolangatta – Griffith St., Ph 5569 3300, Fax 5569 3311.

Customs Information Centre

Brisbane 4000
1300 363 263 or 3835 3444

information@customsgov.au
www.customs.gov.au

A Federal Government statutory authority that enforces customs requirements and the administration of customs legislation. Protects Australia's borders from the entry of illegal and harmful goods and unauthorized people. Cargo support Ph 1300 558 099.

Dept of Child Safety

111 George St Brisbane 4000
1800 811 810

info@childsafety.qld.gov.au
www.childsafety.qld.gov.au/

If you suspect a child is experiencing harm, you can report suspected child abuse by ringing Freecall 1800 811 810, Ph 3224 8045 or TTY Ph 3012 8655 or send email to above address or Fax 3404 3570.

Dept of Communities

APVC Bldg 198 Robina Town Centre Drv
Robina 4230

5583 4400

www.communities.qld.gov.au/department

Provide and support a range of services to allow better life opportunities. Work with local communities etc. to deliver services to people who are vulnerable or in need of support. Services for children and families, young people and services.

Dept of Housing (Qld Gov)

Level 2 Robina Town Centre 4230

5583 2200

www.housing.qld.gov.au

Welfare and public housing, senior units, bond loans, public rental applications. Wage earners may be eligible depending on age and income.

Dept of Immigration Multicultural & Indigenous Affairs

Level 1/72 Nerang St Southport 4215
13 1881

www.immi.gov.au

Visas, resident return tourist and student extensions, citizenship applications, arrange interviews, general immigration advice, business migration, skilled labour. Other matters/applications lodge at Southport for processing. For Citizenship Ph 13 1880.

Dept of Natural Resources, Mines & Water

32 Tansey St Beenleigh 4207

3884 8020

www.nrm.qld.gov.au

Land valuations, title lodgment (Titles office Ph 5583 1701), Change of title, title searches, aerial photos and valuations. Fax 3884 8079. Open Mon-Fri 8.30am-4.30pm.

Dept of Natural Resources, Mines & Water

APVC Bldg 198 Robina Town Centre Drv
Robina 4230

5583 1700 or 5583 1701

www.nrm.qld.gov.au

Ring Mon-Fri during business hours 8.30am-4.30pm for land valuations, title lodgment (Titles office Ph 5583 1701), change of title, title searches, aerial photos and valuations. Survey plans, Administration of State Land. Fax 5583 1744.

Dept of Primary Industry & Fisheries (Qld Boating & Fisheries Patrol)

40 Seaworld Drv Main Beach 4217

5583 5500 or 13 2523

www.dpi.qld.gov.au

Enforcing body of boating and fisheries regulations. Advisory work to public and commercial re boating and fishing regulations. Office hours Mon-Fri 9am-4.30pm.

Dept of Tourism Regional Development & Industry

Gr Flr 26 Marine Pde Southport 4215

5583 7599

bnsouthport@dtrdi.qld.gov.au
www.dtrdi.qld.gov.au

Services for business, regional development and industry. Science and technology business planning, workshops and seminars. Smart Licence, GOBiS and Business Resource Centre can be accessed on Ph 1300 363 711. Open Mon-Fri.

Dept of Veterans Affairs (VAN)

Lev 5/12 Short St Southport 4215

5630 0203 or 1300 551 918

www.dva.gov.au

Information and referral service to increase veterans and war widows use and knowledge of local health and community services as well as Department's own services and pensions, benefits and concessions. Fax 5571 1292

Disability Services Qld

PO Box 8338 GCMC Bundall 9726

5531 8055

www.disability.qld.gov.au

Government department responsible for meeting the needs of intellectually disabled people and their families. Resource and assessment services, community liaison and respite care. Web site for all Queensland with application forms, information on funding etc.

Family Law Courts

Commonwealth Law Courts
North Quay Brisbane 4000

1300 352 000

enquiries@familylawcourts.gov.au
www.familycourt.gov.au/

"Do it Yourself" kits and documentation on divorce can be obtained from Web Site. Ring for information to gain access to various support agencies (NOT legal advice).

Foster and Kinship Care Support Line

1300 729 309

www.childsafety.qld.gov.au/

Provides foster and kinship carers with access to after-hours support Mon-Fri from 5pm-11.30pm and Sat and Sun from 7am-11.30pm. For Foster Carer recruitment hotline Ph 1300 550 877 and Child Safety Office recruitment freecall Ph 1800 089 515.

Government Information Line (State)

13 1304 or 1800 026 222

www.qld.gov.au

Telephone information link with Queensland Government Departments who will advise which department will be able to handle your query.

Health Quality and Complaints Commission

GPO Box 3089 Brisbane 4001

1800 077 308

www.hrc.qld.gov.au

Independent body dedicated to improving the quality and safety of health services in Queensland. Responsible for the oversight of quality activities in all public and private health services including Hospitals, Doctors, Registered Health professionals etc.

Liquor Licensing Division

Gr Floor/7 Short St Southport 4215
5581 3300 or 1300 658 030
www.liquor.qld.gov.au

Administration and policing of Liquor Act. Issue liquor permits for licensed premises and organisations for temporary permits. Have Forms, Fact sheets, Application forms etc. Open 8.30am-4.30pm Mon-Fri except Tue 9.30am-4.30pm.

NSW Maritime Authority Tweed Heads

Shop 8/69 Wharf St Tweed Heads 2485
5536 1001 or 000 (triple zero)
www.maritime.nsw.gov.au

Recreational boating enquiries Ph (02)9563 8557 8.30am-4.30pm /7 days. Payments, boating and weather Ph (02)9563 8556 /24 hours. Ring for further information.

Office of Fair Trading

7 Short St Southport 4215
5581 3300 or 1300 658 000
www.fairtrading.qld.gov.au/

Investigates consumer complaints on unsatisfactory goods, services, workmanship, business practices etc. Also responsible for Liquor Licensing, Business Registration, Tourism and Wine Industry Development. Advice line 1300 658 000 open 8.30am-4.30pm daily.

Ombudsman (Commonwealth)

Lev 25/288 Edward St Brisbane 4000
1300 362 072
ombudsman@ombudsman.gov.au
www.ombudsman.gov.au

Considers and investigates complaints from people who think they have been treated unfairly by an Australian Government department or agency. Complaints by phone, in person, in writing, fax or by on-line complaint form. For State Ombudsman Ph 1800 068 908.

Public Trustee of Qld

Trustee House 66 Nerang St Southport 4215
5588 5333 or 1300 360 044
www.pt.qld.gov.au

Offers free Will making service. Enduring Power of Attorney (cost applies), Fund management for people with a disability, Property management and free safe custody of documents. General Enquiries Ph 1300 360 044. Fax 5588 5331. Open Mon-Fri 8.30am-5pm.

Qld Transport Customer Service Enquiries

Gold Coast Areas
13 2380
www.transport.qld.gov.au

Vehicle/Boat Registration, Licensing and traffic fines. Customer service centres at Beenleigh, Bundall, Burleigh Heads, Elanora and Southport. For driving tests and vehicle Safety inspections Ph 5583 7414.

Qld Transport Maritime Safety

40-44 Sea World Drv Main Beach 4217
5539 7300
www.msq.qld.gov.au

Commercial boat registration and licensing only. Private boat registration at Queensland Transport. For after hours emergency Ph 5539 7373. Maritime weather service SE Queensland Ph 1300 360 428. Office hours Mon-Fri 8.30am-4pm.

Qld Transport School Transport

34-36 Railway St Southport 4215
5630 8857
www.transport.qld.gov.au

Safe school travel. Bus Pass concession, Conveyancing allowance.

Queensland Ombudsman

Lev 25/288 Edward St Brisbane 4000
1800 068 908
ombudsman@ombudsman.qld.gov.au
www.ombudsman.qld.gov.au

To ensure correct administration of State Govt departments. Enquiries by telephone to lodge complaints against defective administration. Complaints in writing. For Commonwealth Ombudsman Ph 1300 362 072. Open office hours Mon-Fri 8.30am-5pm.

SPER (State Penalty Enforcement Registry)

GPO Box 1382 Brisbane 4001
1300 365 635
sper@justice.qld.gov.au
www.sper.qld.gov.au/

Check on over-due fines, phone Credit card payments and setting up an instalment plan. You need to confirm your identity with full name, DOB, address, ph no. and driver licence number. Open Mon-Fri 8am-5.45pm. Payments can be made at Magistrates Courts.

State Ombudsman

Lev 25 288 Edward St Brisbane 4000
1800 068 908
ombudsman@ombudsman.qld.gov.au
www.ombudsman.qld.gov.au

Investigates complaints about the actions and decisions of Queensland's state and local government agencies or their staff that may be made for the following reasons e.g. Wrong, improper purpose, illegal, unreasonable, unjust etc. Fax 3005 7067.

Traffic Signal Faults

Nerang 4211
5561 3802 or 13 1940
www.transport.qld.gov.au

Ring 13 1940 to report Traffic Signal faults 24 hours 7 days.

Wills (Public Trustee Office)

66 Nerang St Southport 4215
5588 5333
clienq@pt.qld.gov.au
www.pt.qld.gov.au

Free Will making service, Enduring Power of attorney (cost applies) and free safe custody of Documents. Office open Mon-Fri 8.30am-5pm. Fax 5588 5331.

Workcover Qld

APVC Bldg 14 Edgewater Crt
 Robina Town Centre 4230
1300 362 128
www.workcoverqld.com.au

Local claims office for Workers Compensation. Employers and Employees information. Open 8.30am-4.45pm.

LOCAL GOVERNMENT

Gold Coast City Council

Gold Coast
5582 8211 or 1300 130 854
goldcoastcity.com.au

Rates Enquiries Ph 1300 366 659. Offices Bundall, Southport, Coolangatta, Mermaid Waters, Nerang, Palm Beach, Burleigh Heads. For a/h services Ph 1800 637 000. For Water and Waste Water Ph 1300 366 692. For SES Ph 5591 1177.

Tweed Shire Council – Branch Office

Tweed Heads 2485
(02) 6670 2400 or 1800 818 326 a/h
tsc@tweed.nsw.gov.au
www.tweed.nsw.gov.au

Main office Murwillumbah Ph (02) 6670 2400, Fax (02) 6670 2429. Tweed Heads branch office, Brett St., Ph 5569 3189. Fax 5536 9386.

POLITICAL PARTIES

Australian Labor Party – Broadwater Branch

PO Box 729 Paradise Point 4216
5537 2540
www.alp.org.au
 Ring for details of meetings.

Australian Labor Party – Burleigh Branch

PO Box 172 Miami 4220
5526 6024 or 0423 739 400
danley_b@hotmail.com
www.alp.org.au

Meetings on the 2nd Mon of every month. Please call for details.

Australian Labor Party – Currumbin Branch

Currumbin 4223
5534 8262 or 0408 889 754
rit28@optusnet.com.au
www.alp.org.au

Meetings held the 1st Mon in every month at 7pm at The Pines 50 and Over.

Australian Labor Party – Robina

PO Box 565 Pacific Fair 4218
0432 172 732
robinaalp@hotmail.com
www.alp.org.au

Contact Secretary Nic Henrikson for meeting details.

Australian Labor Party – Southport

PO Box 1789 Southport 4215
5531 4665
www.alp.org.au
 Meets at 24 Musgrave Ave., Chirn Park 1st Tue of each month at 7.30pm.

Australian Labor Party – Tweed Heads Branch

Lakes Drv Tweed Heads West 2485
0403 136 994
www.alp.org.au

Meet at 1 Lakes Drv., Tweed Heads West 2nd Wed of each month at 7.30pm (NSW time). Ring for further information.

Gold Coast Greens (GCG)

Simplicity Room 2140 GC Hwy Miami 4220
5630 1191
www.goldcoast.greens.org.au/
 Ring for details of meetings. Fax 3305 0302.

Gold Coast Young LNP

PO Box 6850 GCMC Bundall 9726
0421 569 326
kyliehart@gmail.com

Political party for people 30 years and under, promoting common sense politics on the Gold Coast, in a sociable atmosphere. Ring for information and event and meeting details.

LNP – Currumbin Branch

Currumbin 4223
5598 8075

Ring for further information on meetings.

LNP (Liberal National Party)

PO Box 5156 West End 4101
3844 0666
info@lnp.org.au
www.lnp.org.au

Political Party and membership organisation representing the people of Queensland at 3 levels of government (local, state and federal). State Leader of LNP – Lawrence Springborg MP, Deputy Leader LNP – Mark McArdie MP, State President of LNP is Bruce McIver.

One Nation – GC Branch

Burleigh Heads 4220
5576 2179
mr.mo@gil.com.au

Ring for information of meeting times, days and venue.

Qld ALP Gaven Branch

38 Eileen Ave Southport 4215
5531 4407

Contact above for details of meetings

QLD PARLIAMENT MEMBERS**Albert – Margaret Keech MP (ALP)**

2 Rochester Drv Mt Warren Park 4207
3807 0809
Albert@parliament.qld.gov.au
www.margaretkeech.mp.com

Labor member. Ring for information Mon-Fri business hours.

Broadwater – Peta-Kaye Croft (ALP)

Runaway Bay Marina
 247 Bayview St Runaway Bay 4216
5529 6000
Broadwater@parliament.qld.gov.au
 Labor member. Ring for information.
 Fax 5529 6070. Postal Address – PO Box 983 Runaway Bay 4216.

Burleigh – Christine Smith (ALP)

2/1 Paradise Ave Miami 4220
5526 6024
Burleigh@parliament.qld.gov.au
 Labor member. Ring for information.
 Fax 5526 6135.

Currumbin – Jann Stuckey MP (LNP)

Suite 1 Samuel Plaza 1045
 GC Hwy Palm Beach 4221
5598 1387
Currumbin@parliament.qld.gov.au
www.jannstuckey.com.au
 Phone for information during office hours 9am-5pm. Fax 5598 1861.

Gaven Electorate Office – Phil Gray (ALP)

PO Box 996 Nerang 4211
5502 1411
Gaven@parliament.qld.gov.au
www.philgraygetsthingsdone.com
 State Labor member for Gaven. Fax 5502 1433.

Mudgeeraba – Dianne Reilly MP (ALP)

Mudgeeraba Professional Centre
 Swan Lane Mudgeeraba 4213
5569 0482
Mudgeeraba@parliament.qld.gov.au
www.diannerillymp.com
 State Member for Mudgeeraba. ALP member.
 Fax 5569 0675. Postal address – PO Box 415, Mudgeeraba Qld 4213.

Robina – Ray Stevens (LNP)

Suite 44 Niecon Plaza
 17 Victoria Ave Broadbeach 4218
5592 0071
robina@parliament.qld.gov.au
www.robinaray.com
 Ring for information needed.

Southport – Peter Lawlor (ALP)

24 Musgrave St Chirn Park 4215
5532 5068
southport@parliament.qld.gov.au
www.peterlawlor.com.au
 Assistance with all State Government enquiries; JP (C Dec) available to witness signatures; funding information for Community Groups; organise Letters of Congratulations from the Queen, Prime Minister, Premier etc. Fax 5532 0394.

Surfers Paradise – John-Paul Langbroek (LNP)

Office 50 Capri Commercial Centre
 Isle of Capri 4217
5538 9833
Surfers.Paradise@parliament.qld.gov.au
www.jplangbroek.com
 Liberal member. Ring for information.
 Fax 5538 5560.

Waterford – Evan Moorhead (ALP)

14/22 Loganlea Rd Waterford West 4133
3200 3477
waterford@parliament.qld.gov.au
www.evanmoorheadmp.com
 Ring for information.

SENATE & FEDERAL PARLIAMENT MEMBERS**Fadden – Stuart Robert**

PO Box 213 Oxenford 4210
5580 0355
stuart.robert.mp@aph.gov.au
www.robert.com.au
 Liberal Member.

Forde – Brett Raguse

PO Box 1414 Beenleigh 4207
3807 6340
brett.ragusemp@aph.gov.au
 Ring for information during business hours Mon-Fri 9am-5pm. Fax 3807 1990.

Margaret May MP – Liberal

Federal Member for McPherson
 1045 GC Hwy Palm Beach 4221
5525 0688
margaret.may.mp@aph.gov.au
www.margaretmaymp.com
 For federal enquiries phone 5525 0688.
 Office hours from Mon-Fri 9am-5pm.

Moncrieff – Steven Ciobo MP (Liberal)

67 Thomas Drv Chevron Island 4217
5504 6000
steven.ciobo.mp@aph.gov.au
 Ring for information Mon-Fri business hours.
 Liberal member.

Health & Medical**ALCOHOL & DRUG ABUSE****Al-Anon Family Group – GC**

PO Box 971 Palm Beach 4221
5532 4320
 Regular meetings on coast for relatives and friends of alcoholics and problem drinkers. We share experience, strength and hope in order to solve common problems in a confidential atmosphere. Recorded message gives names and phone numbers of contact persons.

Alcohol and Drug Information Service

270 Roma St Brisbane 4000
1800 177 833 or 3837 5989
 7 day/24 hour telephone counselling, information and referral service for drug and alcohol addiction.

Alcoholics Anonymous Central Service Office – GC

Community Centre Lawson St Southport 4215
5591 2062
aagccso@bigpond.net.au
www.aa.org.au

Offering support to all persons with any alcohol-related problem. Groups meet EVERY DAY over the Gold Coast region. Ring for meeting times and venues or check the web site for the list. 24 hour answering service. Office hours Mon-Fri 9am-2pm.

AMEND (Assisting Mothers End the Need for Drugs)

Spiritus Brisbane 4000
5556 6700
jgrossman@spiritus.org.au
 Home-based relapse prevention and relapse management program for pregnant and parenting women with substance use issues. Offices are based in Brisbane.

ATODS – Alcohol Tobacco & Other Drug Services – South Side Clinic

2019 GC Hwy Miami 4220
5576 9020

www.health.qld.au/atods

Confidential specialist alcohol and drug service assessment and referral, opioid dependency pharmacotherapy service, involving maintenance or detoxification treatment, relapse prevention intervention case management and counselling. Closed public holidays.

ATODS GC – Alcohol Tobacco & Other Drug Services – North Side Clinic

C/o GC Hospital
108 Nerang St Southport 4215
5519 8777

www.health.qld.au/atods

To assess and refer people in need. Counselling and support on drug problems. Parent/family education and support. Needle and syringe program. Consultation and support service for people with alcohol and drug related problems. Hep C assessment etc. Fax 5519 8505.

Drug & Alcohol Services & Merit Centre Tweed Heads

Level 3/145 Wharf St Tweed Heads 2485
5506 6800

Provides counselling, assessment, information, drug and alcohol referral services to individuals 18 years+ or families. Education and primary prevention programs available to agencies, departments, organisations and the general community. Fax 5506 6888.

Drug Arm Australasia

7/19 Young St Southport 4215
5532 0717 or 0418 617 542

www.drugarm.com.au

The AOD program aims to assist people who are experiencing difficulties with their alcohol and drug dependence. Also offers case management, support, advocacy and referral for clients. It is free and is based on a 12 session brief intervention model.

Empowering Families

Fairhaven Parklands Drv Southport 4215
5537 9697 or 0412 732 717

Designed to help families when their child is experiencing co-occurring mental health and substance abuse conditions and to minimise the lapse/relapse potential of the person in recovery. 24 hour crisis care. Meet Wed 6.30pm Fairhaven and Mirakai Thu 6.30pm.

GC Drug Council Inc – Mirikai

191 West Burleigh Rd West Burleigh 4219
5535 4302

info@gcdrugcouncil.org.au
www.gcdrugcouncil.org.au

Non-profit, non-government organisation that offers support services to clients experiencing problems with drugs and alcohol. Provide residential/supported housing services to clients 18-29 years and out-client services. Specialist services for 12-25 years.

Goldbridge Rehabilitation Services Inc

PO Box 3519 Australia Fair Southport 4215
5591 6871

info@goldbridge.com.au
www.goldbridge.com.au

Provides a range of rehabilitation services for people aged 21+ in use of alcohol and other drugs. Residential short-term placements for 25 and non-residential support, counselling and education programs for them and family groups. Transitional support base.

Narcotics Anonymous

PO Box 1191 Burleigh Heads 4220
5591 4522

www.naoz.org.au

A non-profit fellowship of recovering addicts who meet regularly to help each other stay clean. For anyone with a desire to stop using drugs. Meetings daily. 12 step program. Ring for meeting details and contact numbers. Recorded message gives times etc.

Needle & Syringe Program – QUIHN

12/99 West Burleigh Rd Burleigh Heads 4220
5520 7900

rtc.gc@quihn.org
www.quihn.org.au/

Needle and syringe program aims to reduce harms associated with drug use for users and the wider community. Information, education and training. Welfare assistance. Detox and counselling. Mission is to provide innovative and appropriate services. Fax 5520 7344.

Newlife Care Inc

4 Greenwich Crt Robina 4226
5593 3262

newlifecare@newlife.unitingchurch.org.au
www.newlifecareinc.com.au

Offering youth and women's counselling, crisis management, family conflict and domestic violence.

Palm Beach Currumbin Clinic

37 Bilinga St Currumbin 4223
5534 4944

Detox, in-patient and day programs for addictions in a 70 bed voluntary admission private psychiatric hospital with introduction to the 12 step model. Also available treatment for mood and anxiety disorders. Fax 5534 7752.

Project Gold

9 Scarborough St Southport 4215
5503 1255

gold@goldbridge.com.au
www.goldbridge.com.au

Help for alcoholism and drug addiction. Also admittance to Goldbridge Rehabilitation Services Inc. Counselling services to those 21 years+ who are affected by drugs or mind altering substances. Fax 5528 3569. Open Mon-Fri 8.30am-4pm.

QUIHN (Qld Injectors Health Network)

12/99 West Burleigh Rd Burleigh Heads 4220
5520 7900

rtc.gc@quihn.org
www.quihn.org

Needle and syringe program aims to reduce harms associated with drug use for users and the wider community. Information, education and training. Welfare assistance. Detox and counselling. Mission is to provide innovative and appropriate services. Fax 5520 7344.

Salvation Army Fairhaven Detox Unit

497 Parklands Drv Southport 4215
5571 5248

Ring for assessment. For Rehabilitation Centre long term Ph 5594 7288.

Salvation Army Fairhaven Rehab Centre

497 Parklands Drv Southport 4215
5594 7288

Ring for assessment. For Detox Unit Ph 5571 5248. Fax 5594 7413.

Transformation Ministries

PO Box 59 Surfers Paradise 4217
5592 3677

info@transformation.net.au
www.transformation.net.au

Transformations is a medium term residential drug and alcohol rehabilitation program for men and women between the age of 18 and 50 years. Fax 5592 5833.

BLOOD DONATIONS

Australian Red Cross Blood Service

GC Hospital Southport 4215
5519 8472 or 131 495

www.donateblood.com.au

To collect and maintain a supply of blood for the Gold Coast. Donations accepted from persons 16-70 years. Special arrangement for blood donations twice weekly in the evenings. (Youth 16-17 yrs can donate with parents consent).

CHILDBIRTH – MUTUAL SUPPORT GROUPS

SIDS & Kids Qld

PO Box 241 Mt Gravatt 4122
3849 7122

queensland@sidsandkids.org
www.sidsandkids.org

Help available for bereaved parents of any child from 20 weeks gestation, who dies suddenly or unexpectedly up to the age of 6 years, regardless of cause. 24 hour Child Death Support line Ph 1800 628 648.

COMMUNITY HEALTH CENTRES

Community Health Centre – Beenleigh

10-18 Mt Warren Blvd Mt Warren Park 4207
3827 9811

www.health.qld.gov.au/

Children and Adults. Also Mental health. Child, adolescent health and dental by appointment. Mental health Intake officer daily 9am-4pm. Child health Clinic Open Plan 8.30am-11.30am Mon for babies over 8 weeks. For babies 0-8 weeks seen Wed at 84 York St .

Community Health Centre – Bundall

Zurich House 8-10 Karp Crt Bundall 4217
5570 8500
www.health.qld.gov.au/

Health and welfare assessment. Wide range of services – Clinical nurse consultant, social workers, health aide, speech pathology, home-care co-ordinator, physiotherapist, occupational therapist, arthritis, hydrotherapy, aqua exercise.

Community Health Centre – Helensvale

105 Lindfield Rd Helensvale 4212
5580 7800
www.health.qld.gov.au/

Health team provides assessment, education and treatment services e.g. Social workers, occupational therapist, physiotherapist, child health nurse, speech pathology, dietitian, podiatrist and community health nurse. Open Mon-Fri from 8am-5pm.

Community Health Centre – Palm Beach

9/5th Ave Palm Beach 4221
5525 5600
www.health.qld.gov.au/

Wide range of services e.g. Health and welfare assessment, clinical nurses, medical, psychological, child speech pathologist, podiatrist, physiotherapy, occupational therapy and mental health etc. Also social workers. Charm program. Baby clinic Ph 5525 5602.

Community Health Centre – Tweed Heads

C/o Keith Compton Drv/Florence St
 Tweed Heads 2485
5506 7540

Health, welfare, assessment and management by nurses, social workers, psychologists and therapists. Health education officer and Bugalwena Health Service for aboriginal and Torres Strait Islanders. Allied Health. Fax 5506 7510.

DENTAL CLINICS

Emergency Dental Call Centre – GC Health Service District

1300 300 850

Priority based on emergency need only. For Qld residents only. Have ready Pension/Health Card. Return phone call to Patients deemed in urgent need on day of ringing Call Centre. Contact Local Dental Clinic for other dental enquiries Mon-Fri up to 3pm.

Qld Health Oral Health Call Centre – Beenleigh

10-18 Mt Warren Blvd Mt Warren Park 4207
1300 300 850
www.health.qld.gov.au

All appointments for all Queensland residents are made through the Call Centre on 1300 300 850. Residents must have Health Care card, Pension card or Qld. Seniors card ready when ringing for an appointment.

Qld Health Oral Health Call Centre – Nerang

Earl Plaza Cnr Price/White Sts Nerang 4211
1300 300 850
www.health.qld.gov.au

All appointments for all Queensland residents are made through the Call Centre on 1300 300 850. Residents must have Health Care card, Pension card or Qld. Seniors card ready when ringing for an appointment.

Qld Health Oral Health Call Centre – Palm Beach

9/5th Ave Palm Beach 4221
1300 300 850
www.health.qld.gov.au

All appointments for all Queensland residents are made through the Call Centre on 1300 300 850. Residents must have Health Care card, Pension card or Qld. Seniors card ready when ringing for an appointment.

Qld Health Oral Health Call Centre – Robina

Robina 4226
1300 300 850
www.health.qld.gov.au

All appointments for all Queensland residents are made through the Call Centre on 1300 300 850. Residents must have Health Care card, Pension card or Qld. Seniors card ready when ringing for an appointment.

Qld Health Oral Health Call Centre – Runaway Bay

144A Bayview St Runaway Bay 4216
1300 300 850
www.health.qld.gov.au

All appointments for all Queensland residents are made through the Call Centre on 1300 300 850. Residents must have Health Care card, Pension card or Qld. Seniors card ready when ringing for an appointment.

Qld Health Oral Health Call Centre – Southport

12 Short St Southport 4215
1300 300 850
www.health.qld.gov.au

All appointments for all Queensland residents are made through the Call Centre on 1300 300 850. Residents must have Health Care card, Pension card or Qld. Seniors card ready when ringing for an appointment.

DIABETIC CLINICS

Diabetes Resource Centre – GC Hospital

108 Nerang St Southport 4215
5519 8535 or 0414 298 004
www.daq.org.au (Diabetes Australia)

Diabetes Nurse Educator in attendance from 8am-4pm Mon to Fri. In emergency ring or attend Accident and Emergency at the Gold Coast hospital. Helpline Ph 0414 298 004.

FAMILY PLANNING

GC Womens Health Clinic

Shop 369 (Giants Pharmacy)
 Pacific Fair Broadbeach 4218
5539 9344

Providing all types of women's health services. Pap smears etc. and information on all types of contraceptive devices. All services are confidential. Direct billing for Health Care card holders and Pensioners only. Open Mon-Fri. Appointment necessary.

FIRST AID

Australian Red Cross – GC Regional Office

6 Welch St Southport 4215
5539 7000

First Aid training, kits and equipment.
 Fax 5503 0753.

First Aid Courses & CPR Update

Miami 4220
5522 6542
gcts@bigpond.com.au
www accreditedtrainingcompany.com.au

Training services for all over the Gold Coast. Ring for information on courses.

St John Ambulance – Mermaid Beach

2439 GC Hway Mermaid Beach 4218
5539 0332
www.stjohnqld.asn.au/

Assistance and First Aid Services to public events.

St John Ambulance – Nerang

Nerang 4211
0417 953 150
www.stjohnqld.asn.au/

Attendance at sporting functions etc. First Aid assistance. Ring for further information.

St John Ambulance – Southport

Southport 4215
0403 133 573
www.stjohnqld.asn.au/

On-going First Aid training. Provides First Aid assistance at sporting venues and events.

St John Ambulance Southport Cadets

Southport 4215
5547 6102
www.stjohnqld.asn.au/

First Aid Cadets. Ring for information.
 Ph/Fax 5547 6102.

St John Ambulance Southport Training Centre

Suite 2 Ferry Rd Plaza Southport 4215
5591 3911
www.stjohnqld.asn.au/
 First Aid training (on going). First Aid Kits.

GENERAL INFORMATION

Radio Lollipop Gold Coast Hospital

108 Nerang St Southport 4215
0415 892 388
radiolollipopgc@iprimus.com.au
www.radiolollipop.org

Radio Lollipop provides fun, laughter and entertainment to children in hospital.

HEALTH SERVICES – GENERAL**13 HEALTH**

Qld Government Qld Health Brisbane 4000
13 432 584
www.health.qld.gov.au/

13 HEALTH (13 432 584) is the easy number for all Queenslanders to call to gain health information and advice. Phone 24 hours/7 days a week for qualified health professionals to give advice on what to do and how quickly. Advice is confidential and supportive.

BreastScreen Queensland – GC Service

60 High St Southport 4215
5537 0333 or 13 2050
www.health.qld.gov.au/breastscreen

Encourages all women aged 50-69 years to attend for free breast cancer screening every 2 years. Women aged 40-49 years or 70 and over are also able to have a free breast screen if they wish. No doctor's referral required. After hours appointments.

Chevron After Hours Medical Service

125 Nerang St Southport 4215
5532 8666
www.afterhoursdoctor.com

We provide after hours Bulk billed surgery and home visits for all Medicare eligible patients and are open every night, weekends and public holidays. Ring for surgery times or to book a home visit. Fax 5591 4666. Surgeries also at Palm Beach and Tweed Heads.

Environmental Health (GC Population & Public Health Unit)

10-12 Young St Southport 4215
5509 7222

Advises on food complaints, licencing of pest controllers, tobacco sales to minors, labelling of food products, sanitation and poisons.

GC Hospital Health Service District Palliative Care Service

127 Nerang St Southport 4215
5668 3900

Support people who are suffering from an illness which no cure can be anticipated. Access to social workers for support and counselling. Education management. Ring for further information.

GC Population & Public Health Unit

10-12 Young St Southport 4215
5509 7222
www.health.qld.gov.au

Deals with health promotion, communicable diseases, immunisation and environmental health. Deals also with all early childhood health information and resource questions. 13HEALTH telephone line has qualified health advice at the community's fingertips.

GC Sexual Health Clinic

Upstairs 2019 GC Hwy Miami 4220
5576 9033
sexualhealthgc@health.qld.gov.au

Free confidential service. Medicare Card not required. Testing, treatment and information about all aspects of sexual health and contraception. Self referral. Open Mon-Fri. Appointment required. Fax 5576 9030.

Kalwun Health Services

14 Kortum Drv Burleigh Heads 4220
5520 6799

Provides full medical facilities, health assessment, immunisations, women's business, diabetic care, podiatrist, eye clinic, massage, dietician, dental, HIV/AIDS information, hearing, ante-natal and paediatric services.

Medcall After Hours Service

Gold Coast
5531 1224
www.medcall.com.au

After hours free service for patients in their own home by doctors who Bulk Bill. Medcall doctors start work when surgeries close and work from 6pm-8am week days and 24 hours on weekends and public holidays. See patients from Beenleigh to Coolangatta.

Medicare

Ashmore/Broadbeach/Elanora/Southport/
 Tweed Heads
13 2011

Australian Government Health Scheme Claims offices at (1) Ashmore City Shopping Centre (2) Pacific Fair Shopping Centre, Broadbeach (3) The Pines Shopping Centre, Elanora (4) Australia Fair Shopping Centre, Southport and Tweed Heads Shopping Centre .

Medicines Line

1300 888 763
www.nps.org.au

Phone service to answer any medication related queries by Pharmacist. Your information is confidential. Poisons Information Line 13 1126.

OZcare GC Southern Area

PO Box 4094 Robina Town Centre 4230
5569 6200
www.ozcare.org.au

Community Care packages. Positive care for carers. Home and community care. Veterans home care. Respite for carers. Domiciliary nursing services including allied health services, orthopaedic, incontinence, diabetes, palliative care etc. Fax 3620 5390.

Palliative Care Information Service

1800 772 273
info@pcis.org.au
www.pcis.org.au

Free telephone, information and referral service for Queensland residents living with a life limiting illness and those who care for them. Provide support with grief and loss in relation to bereavement. Office Mon-Fri open 9am-5pm.

Parkinsons Qld Inc

2/25 Watland St Springwood 4127
1800 644 189 or 3209 1588
pqi@parkinsons-qld.org.au
www.parkinsons-qld.org.au

PQI conducts a support group at Cypress Gardens Retirement Community, Gooding Drv., Clear Island Waters. The group meet on the 3rd Wed of each month between 10am and 12noon and is for those diagnosed with Parkinson's disease, their families and carers.

Sanctuary Cove Rec Club

Gleneagles Drv Sanctuary Cove 4212
5577 6020

susieg@sanctuarycovegolfclub.com
www.sanctuarycovegolfclub.com.au

25 metre pool available. Rehabilitation program for diabetics and for those with back and cardiac problems. Fully equipped gym, physio, chiropractic services etc for the general public.

Southern Cross Care (Qld) Inc

Suite 12 34-36 Glenferrie Drv Robina 4226
5591 3535
sharone@sccqld.com.au
www.sccqld.com.au

Provides a wide range of services for people of all ages including the frail aged, younger people with disabilities and those requiring nursing support to live independently in their own homes. Fax 5580 8533.

Tweed Valley Sexual Health Services

Lev 1/145 Wharf St Tweed Heads 2485
5506 6850

Confidential service available. Ring or fax for information of services. Fax 5506 6866.

Tweed/Byron Community & Allied Health Services

Florece St Tweed Heads 2485
5506 7540
www.nrahs.nsw.gov.au

Offers a wide range of health services including physiotherapy, podiatry, diabetes education, nutrition and dietetics, occupational therapy, speech pathology, community nursing. Ring for further information.

HEARING SERVICES**Australian Hearing – Southport**

Australia Fair Shopping Centre Southport 4215
5532 6889
13 1797
www.hearing.com.au

Audiological assessment, rehabilitation and Hearing Aids through Office of Hearing services for most Centrelink and DVA pensioners and children under 21 years. Indigenous clients 50+. TTY Ph 5532 6889. Fax 5591 6629.

Australian Hearing – Tweed Heads

80-82 Keith Compton Drv Tweed Heads 2485
5599 4899 or 13 1797
www.hearing.com.au

Audiological assessment, rehabilitation and hearing aids, tinnitus assessment for pensioners, veterans, war widows, children under 21 and indigenous clients 50+. TTY 5532 6889.

Better Hearing Australia Gold Coast Inc

Southport 4215
5570 4826
bhagoldcoastinc@gmail.com

Weekly classes in Hearing Loss Management, offers assistance in managing a hearing loss, including lip speaking, information and advice to the hearing impaired, family and friends. Monthly meetings 3rd Wed at 1.30pm. Not-for-profit, self-help organisation.

HOME NURSING**Blue Care – Beenleigh**

32-50 Mt Warren Blvd Mt Warren Park 4207
3287 2041

beenleigh.ds@bluecare.org.au
 www.bluecare.org.au

Domiciliary nursing, in-home respite, physio and occupational therapy and podiatry. Community aged care packages and extended home care packages. Fax 3287 5224. Office open 8.30am-4pm.

Blue Care (Blue Nursing) Southport/Surfers Paradise Centre

88 Muir St Labrador 4215
5532 0588

s.burgess@bluecare.org.au
 www.bluecare.org.au

Home-based and clinic facility nursing services operated by Blue Care 7 days a week from 7.30am-7.30pm. After hours services may be negotiated as required.

Blue Care Lower South Coast/Tweed Centre

1 Pines Lane Elanora 4221
5534 6177

www.bluecare.org.au

Home based and clinic facility. Nursing services operated by Blue Care 7 days a week 7.30am-7.30pm. After hours services may be negotiated as required. Fax 5534 6377.

OZcare Home Nursing

PO Box 4094 Robina Town Centre 4230
5569 6200

www.ozcare.org.au

Palliative care to enable the dying to face death with minimum discomfort or loss of dignity. Family support cared for at home. Provide general home care services for HACC eligible clients to assist them with respite care. Fax 3620 4390.

RSL HomeCare

Lawrence Plaza
 9-11 Lawrence Drv Nerang 4211
1300 796 111

www.rslcare.com.au

RSL Care a not-for-profit organisation providing quality lifestyle and care options to ex-servicemen/women, their dependants and other members of the community. Services include community nursing, social support, domestic assistance, volunteer visiting etc.

Tall Trees Community Care

Suite 2.2/328 Scottsdale Drv Robina 4226
3341 4166

ann@talltrees.net.au
 www.talltrees.net.au

Care, Support and Independence. Provides care and support that allows you no matter your age, health or disability, to reach your full potential whilst still living at home. Tailored to meet individual needs and available 2-24 hours a day, 365 days a year.

HOSPICE SERVICES**Home Hospice**

PO Box 89 Avalon 2107
02 9918 8541 or 1800 132 229
 admin@homehospice.com.au
 www.homehospice.com.au

A free community program that provides support to people caring for a terminally ill loved one at home. We provide carers with a volunteer Mentor, who guides them through the caring journey, providing information, education and links to support services.

Hopewell Hospice Services Inc

PO Box 1290 Runaway Bay 4216
5563 2930 or 5571 7788
 enquiries@hopewell.org.au
 www.hopewell.org.au

Provides home-style accommodation + 24 hour nursing care for up to 8 terminally ill patients. Bereavement support. Fax 5563 3139. Paradise Kids Ph 5574 6853 – grief loss, illness support for families and children.

HOSPITALS – PRIVATE**Allamanda Private Hospital**

21 Spindelove St Southport 4215
5532 6444 or 5591 9400
 www.healthscope.com.au

Hospital for surgical, medical, CCU and ICU patients. Radiology and specialists rooms. 24 hour care and Emergency centre. For 24 hour emergency Ph 5591 9400.

Hopewell Hospice Services Inc

PO Box 1290 Runaway Bay 4216
5563 2930 or 5571 7788
 enquiries@hopewell.org.au
 www.hopewell.org.au

Provides home-style accommodation + 24 hour nursing care for up to 8 terminally ill patients. Bereavement support for patients and their families. Paradise Kids ph 5563 3139 – grief loss and illness support for families and children.

John Flynn GC Private Hospital

Inland Drv Tugun 4224
5598 9000

www.ramsayhealth.com.au

Cardiac and radiation oncology services. Intensive care, 24 hour Accident/Emergency units. Specialist departments – Pathology, Ultra sound and Radiology Nuclear medicine. Fax 5598 0173.

Pacific Private Hospital

123 Nerang St Southport 4215
5556 6222

Day stay Hospital and overnight accommodation ward. To contact Ward Ph 5519 7501.

Palm Beach Currumbin Clinic

37 Bilinga St Currumbin 4223
5534 4944

70 bed voluntary admission private psychiatric hospital offering day and in-patient programs for depression, anxiety, stress, alcohol and drug dependence and other mental health issues.

Pindara Private Hospital Ramsey Health

Allchurch Ave Benowa 4217
5588 9888

Acute/Surgical/Obstetric Hospital. CAT scan. Day surgery and 24 hour emergency department.

Spindelove Private Hospital

24 Spindelove Ave Southport 4215
5503 0911

info@spindelovehouse.com.au
 www.spindelovehouse.com.au

Private hospital with quality nursing, care, accommodation and meals. Highly skilled staff of surgeons, physicians, psychologists, physiotherapists and occupational therapists. Dedicated to giving patients the finest level of medical attention.

GC Hospital Robina

2 Bayberry Lane Robina 4226
5668 6000

General medical/surgical and Mental Health services. Rehabilitation, specialist outpatients, X-ray, renal dialysis, emergency, ICU and Coronary Care.

HOSPITALS – PUBLIC**GC Hospital Southport**

108 Nerang St Southport 4215
5519 8211 or 5519 8242

Emergency and 24 hour care for public and private patients. Specialist Outpatient clinic Ph 5519 8246.

Tweed Hospital & Community Health Services (The)

Cnr Florence/Powell Sts Tweed Heads 2485
5536 1133

Public Hospital. Surgical, Maternity, Medical, CCU and ICU. Psychiatric treatment. Emergency Ph 5506 7416. Community Health Ph 5506 7540.

IMMUNISATION**Immunisation – Gold Coast City Council**

Administration Centre Evandale
 Surfers Paradise 4217
5581 6709 or 5581 5212

www.goldcoast.qld.gov.au/immunisation

Immunisation – Contact GC City Council's Environmental Health Services for Clinic timetables, locations and vaccinations available or visit the Gold Coast City Council website.

MEDICAL AIDS**Australian Red Cross – Beenleigh Branch**

James St Beenleigh 4207
3807 4085

Medical equipment hire service, normal fundraising, assistance with Blood Bank. For Logan Hospital Ph 3299 9582.

Australian Red Cross – Southport Branch

10 Lawson St Southport 4215
5571 0966

Medical equipment hire, also at Nerang Ph 5596 6873, Palm Beach Ph 5576 0551 and Surfers Paradise Ph 5531 6785.

Contenance Aids Assistance Scheme

PO Box 2082 Milton 4064
1300 366 455

healthcare@intouchdirect.com.au
 www.intouchdirect.au

Persons on disability support pension or mobility allowance with permanent continence condition. Help available to meet costs. Bowel and bladder care items. Part of In-touch Health Care. Children from 5 years to adults.

LifeTec Qld (Towards easier Living)

Cnr Newmarket/Enoggera Rds
 Newmarket 4051

1300 885 886 or 3552 9000

mail@lifetec.org.au
 www.lifetec.org.au

Provide information on products that help people with a disability. Will help make informed choices about assistance technology that will best service their needs from ramps, lifts, gates, mobility and vision equipment to eating and drinking equipment etc.

MEDICAL SUPPORT GROUPS

Anorexia & Bulimia Support Group

Merrimac 4226

5522 8865 or 0434 584 612

Support for those suffering from Anorexia or Bulimia.

Asthma Foundation Qld

PO Box 394 Fortitude Valley 4006

1800 645 130

info@asthmaqld.org.au
 www.asthmaqld.org.au

Asthma education and support for parents of children with asthma or adult sufferers. Literature and tapes available. Workshops for adults and parents. Ring for further information.

Australian Arachnoiditis Sufferers Qld Assoc

PO Box 1118 Palm Beach 4221

5535 6655

peter_groves.aasqa@yahoo.com.au
 www.aasqa.org

Support group for sufferers of pain caused by damage to the nerve endings as a result of injecting dye into the spine (chemically induced Myodil – x-ray dyes). Meets Currumbin RSL 2nd Wed of Mar., June, Sept. and Dec. 10am-12noon.

Autism Gold Coast Inc

PO Box 2272 Burleigh Heads 4220

5559 1747 or 5508 2364

autismgoldcoast@bigpond.com
 www.autismgoldcoast.com.au

Supporting families. Lending library, newsletters, email newsgroups. Lobbying for improved services etc. Coffee'n'Chat support meetings on 1st Wed 10am, Evening support meetings on 3rd Wed 7pm. Family, carers first contact point through co-ordinators.

Cancer Council Qld

Cnr Marine Pde/Short St Southport 4215

5591 1500

southport@cancerqld.org.au
 www.cancerqld.org.au

Provide information, education, practical assistance and emotional support for cancer patients family and friends. Free bus transport to Brisbane for patients during treatment. Bookings essential Ph 5591 1500.

Cancer Council Qld Helpline

13 1120

helpline@cancerqld.org.au
 www.qldcancer.com.au

Provides support, information about cancer and referral to community services Mon-Fri 8am-8pm. Fax 3258 2281. Cancer Council information email address – info@cancerqld.org.au. Postal address – PO Box 201, Springhill Qld 4004.

Cardiac Rehabilitation GC

C/o Cardiology Dept GC Hospital
 Southport 4215

0419 651 823

4 week program meets twice weekly at Life Education Centre, Broadbeach giving information and conducts exercise program.

Chronic Fatigue Syndrome (ME) Fibromyalgia

Gold Coast

5571 0098

Support Group meet on the 2nd Wed of the month from February to November at the Nerang RSL from 11am.

Coeliac Society

75 Melinda St Southport 4215

5591 2234

Support group for people with gluten intolerance. Gluten found in wheat, rye, barley and oats and by-products. Telephone help.

Diabetes Australia – Queensland

76 Ernest St South Brisbane 4101

1300 136 588

info@diabetesqld.org.au
 www.diabetesqld.org.au

Advice and encouragement to people with diabetes. Ring for details of services during office hours 8.30am-5pm Mon-Fri.

Eating Disorders GC

Merrimac 4226

5522 8865 or 0434 584 612

Support for those suffering from Anorexia or Bulimia.

Eczema Assoc of Australia

PO Box 1784 DC Cleveland 4163

1300 300 182

help@eczema.org.au
 www.eczema.org.au

Anyone suffering from or interested in eczema is welcome to phone. Information packs available.

Fibromyalgia Support Group (ME) (Chronic Fatigue Syndrome)

Gold Coast

5571 0098

Support group meet on the 2nd Wed of the month from February to November at the Nerang RSL from 11am.

GC Blind & Visually Impaired Assoc Inc

PO Box 6503 GCMC Bundall 9726

5576 7029

Providing social interaction, help with aids, outings and holidays for blind and partially sighted citizens. No age limit.

GC Lymphoedema Support Group

Broadbeach 4218

5563 1423 or 5573 7086

Support for Lymphoedema sufferers and their families. Guest speakers. Meets 4th Thu of the month 10am-12noon at Broadbeach Senior Citizens Centre, TE Peters Drv., Broadbeach.

GC Ostomy Assoc

PO Box 703 Labrador 4215

5594 7633

gcoa@gc.quik.net.au

Assistance and support to pre and post-operative persons. Counselling, provision of appliances. Open Tue and Thu 8.30am-3pm.

GC Stroke Support Group

9 Charlton St Southport 4215

5531 3254

Provides support for those people in the community who have survived a stroke. Meet 1st Wed each month 11.00am in the Undercroft of St. Peters Church, Southport. Family members, carers and interested members of the public are welcome at meetings.

Head & Neck Cancer Support Group

C/o GC Hospital Nerang St Southport 4215

0432 004 987 or 5519 7517

Meet 3rd Tue every 2nd month 2.00-3.00pm at GC Hospital.

Headway – GC Inc

25 Woodlands Way Arundel 4214

5574 4311

admin@headwaygoldcoast.org
 www.headwaygoldcoast.org

Self-help organisation providing lifestyle support for head injured persons and their families. Independent living programs, social educational activities. Hydrotherapy and physiotherapy. Accommodation support and community access. Day Respite at the centre.

Heart Foundation of Australia

Fortitude Valley 4006

1300 362 787

www.heartfoundation.com.au

Ring for information on activities to create public awareness of risk factors for heart disease and stroke and to promote preventing measures.

Hepatitis Council of Qld

Mezzanine Floor 30 Herschel St

North Quay 4000

1800 648 491 or 3236 0612

info@hepqld.asn.au
 www.hepqld.asn.au

Phone for information on Hepatitis C Support groups during office hours 9am-5pm Mon-Fri. Fax 3236 0614.

Kidney Health Australia

GPO Box 9993 Brisbane 4001
5591 3040
 qld@kidney.org.au
 www.kidney.org.au

Deals with kidney related matters. Kidney Health Info Line Ph 1800 682 531. Fax 5591 3533.

Laryngectomee Support Group

C/o GC Hospital Nerang St Southport 4215
5519 8211 and dial *27762

Meet every 2nd month on the 1st Fri at the Cancer Council Qld Building, Cnr. Marine Pde and Short St., Southport. Phone for information.

Leukaemia Foundation of Qld – GC Branch

PO Box 7999 GCMC 9726
5531 5001
 sclark@leukaemia.com
 www.leukaemiafoundation.com

To help leukaemia patients and their families and to raise funds for research and patient support services. Office open 9am-3pm Mon-Fri. Fax 5538 1956

Lungnet – Australian Lung Foundation (The)

1800 654 301 or 3357 6388

Ring for services and information available to help you live well with your lung condition. Also gives details of lung support groups and rehabilitation programs with some types of exercises that are helpful for some people with COPD.

Lymphoma Support & Research Assoc Inc

Brisbane 4000
3030 5050
 enquiries@lymphoma.org.au
 www.lymphoma.org.au

Bi-monthly meetings. Ring for information.

ME Support Group (Fibromyalgia) (Chronic Fatigue Syndrome)

Gold Coast
5571 0098

Support group meets on the 2nd Wed from February to November from 11am at Nerang RSL.

Migraine Assoc of Qld Inc

PO Box 6583 GCMC Bundall 9726
5596 7228
 fisherm4@bigpond.net.au

Support group for migraine sufferers, their families and friends by information.

MS Support Groups

Gold Coast
5591 8860 or 0419 918 860
 Ring for details of meetings.

Multiple Personality Disorder Information Support Group

PO Box 2404 Southport 4215
5591 8996

Information and support group for multiple personality disorder.

Multiple Sclerosis Society of Qld Information Line

Bundall 4217
1800 177 591 or 3840 0888

Referrals, assessments, information, counselling and rehabilitation. Gold Coast support groups meet at Community Health Centre, Bundall. Social outings and occasional guest speaker for education.

National Continence Help Line

Gold Coast
1800 330 066 or (03) 9347 2522
 www.continence.org.au

Help Line is staffed by continence nurses Mon-Fri from 8am-8pm EST.

Neuro-Fibromatosis Assoc of Qld Inc

5 Meru Cl Southport 4215
5597 0180
 leshal@bigpond.net.au

To bring people with this disorder together. Provide information and stimulate public awareness.

Overeaters Anonymous – Coolangatta

Coolangatta 4225
5536 9691
 www.overeatersanonymous.org

A non-profit, 12 step fellowship to help men and women who suffer from eating problems. A recovery program of overeating which covers anorexia, bulimia and bingeing. Meet Fri 10.30am (DST) at Tweed Heads Hospital.

Overeaters Anonymous – Palm Beach

16/3rd Ave Palm Beach 4221
5536 9691 or 0400 250 254
 www.overeatersanonymous.org

A non-profit, 12 step fellowship to help men and women who suffer from eating problems. A recovery program of overeating which covers anorexia, bulimia and bingeing. Meet at Palm Beach Neighbourhood Centre Fri 5.15pm-6.15pm., Sun 3.45pm.

OZcare Continence Advisory Unit GC

PO Box 4094 Robina Town Centre 4230
5569 6200
 www.ozcare.org.au

Continence advisor offers advice and assistance to people of all ages. Mobile unit continence services. Fax 3620 4390.

Parkinsons Society of GC Inc

PO Box 6096 GCMC Bundall 9726
5593 7928 or 5575 3567

Provides support, education and assistance to sufferers, their families and interested persons. Ring for details of meeting times and venues.

Positive Directions

18A West St Burleigh Heads 4220
5576 8366
 www.positivedirections.org.au

Positive Directions is a program of "Spiritus" and is committed to working along side people living with HIV/AIDS and other health providers throughout Queensland. Open 8am-4.30pm on Mon-Fri. Fax 5535 2166.

Qld Assoc for Healthy Communities (QAHC) – GC

PO Box 1372 Eagle Farm BC 4009
3017 1731 or 0419 759 686
 gfarmer@qahc.org.au
 www.qahc.org.au

Promotes the health of lesbian, gay, bisexual and transgender people in Queensland. QAHC is engaged in LGBT, Sexual and Indigenous Health. Mission is to enable lesbian, gay, bisexual and transgender people to increase control over and improve their health.

Respiratory Resource Centre

C/o GC Hospital Nerang St Southport 4215
5519 8702 or 5519 8612

Covering asthmatics, lung disease, cystic fibrosis. Educates in respiratory, visits schools, retirement villages and nursing homes. Covers Gold Coast Health Services Tweed to Beenleigh. Ph 5571 8702 for adults and Ph 5519 8612 for paediatrics.

Tracheotomy Support Group

Gold Coast
5594 9393

Mutual support for parents of children with tracheotomies. Ring for further details. Fax 5594 9393.

MENTAL HEALTH SERVICES

Acute Care Treatment (ACT)

Suite 10 Ashmore Commercial Centre 207 Currumburra Rd Ashmore 4214
5667 2000
 www.health.qld.gov.au

First point of contact for Gold Coast Mental Health service. Provides mental health information, advice, intake, assessment and specialist short term psychiatric care in the community. For people at risk of, or who present with acute mental health issues.

Beenleigh Adult Community Mental Health Service

10-18 Mt Warren Blvd Mt Warren Park 4207
3827 9811
 www.health.qld.gov.au/

Provide psychiatric services to adults. Involves people with serious mental illness or mental disorder. 8.30am-5pm Mon-Fri. Fax 3827 9805.

Bipolar Effective Disorder Psycho Education

Girrebala House 138 Queen St Southport 4215
5591 5820 or 5537 0655
 goldcoast@mentalhealth.org.au
 www.mentalhealth.org.au

An initiative of the Qld Dept of Health, Mental Health Service. Set courses. Designed to empower people with Bipolar Disorder (formerly called manic depression) through understanding, relapse signs and medical coping strategies. Meets 2nd Mon of month.

Federation Clubhouse

PO Box 1759 Southport 4215
5591 6490

olivestreet@sfq.org.au

Provides programs to enhance individual's independent living skills. Programs are organised and facilitated through a combination of staff and peer collaboration. Services include food preparation skills development, life skills etc. – including budgeting.

FSG Australia en Vision Programs

PO Box 2079 Burleigh Business Centre 4220
5568 0753

annmaries@fsg.org.au
 www.fsg.org.au

Provides support for individuals and families affected by mental illness, psychiatric disability or dual psychiatric and intellectual or other disability. enVision is a non-government, not-for-profit organisation covering the Gold Coast area. Fax 5568 0759.

Harmony Support Service

PO Box 1759 Southport 4215
5591 6490

olivestreet@sfq.org.au

Community-based one-on-one lifestyle support service for people over 18 with a psychiatric disability. Function is to develop/maintain an individual's independence in an environment of their choice and assist them to work towards self-determined goals.

Mental Health Assoc

Unit 19A Transit Centre
 10 Beach Rd Surfers Paradise 4217
5591 5820

goldcoast@mentalhealth.org.au
 www.mentalhealth.org.au

Information, support and referral service. Aims to promote mental health services on the Gold Coast. Current support groups are for Bi-polar Disorder, Depression, Anxiety, PTSD as well as Laughter Club which meets on 2nd Sat from 1-2pm.

Mental Health Service Centre – Tweed Heads

16/18 Powell St Tweed Heads 2485
5536 9955 or 1300 369 968 a/h
 www.mentalhealth.asn.au

Aims to meet specialist mental health needs of people with mental illness in NSW. Acute care services 24 hour/7 day week offering assessment, referral, short term support and counselling. Youth, Family and aboriginal mental health workers available.

Mental illness Fellowship of Qld

PO Box 1759 Southport 4215
5591 6490

olivestreet@sfq.org.au

Not-for-profit organisation that provides mental health support to individuals over 16 years diagnosed with a psychiatric disability. Provides lifestyle support, supported accommodation and life skills development and promotes community awareness.

On Track Community Programs Inc

34 Cunningham St Tweed Heads South 2486
5524 6927

Supported employment, support, education and maintenance of post/ongoing psychiatric illnesses. Music and art programs. Residential services. Hostel and supported accommodation. Reference from Mental Health Service needed.

Palm Beach Currumbin Clinic

37 Billinga St Currumbin 4223
5534 4944

70 bed voluntary admission. Private psychiatric hospital offering in-patient and day programs for depression, anxiety, stress, alcohol and drug dependence. Also for other mental health issues.

Personal Helpers & Mentors Service (PHaMs)

PO Box 1759 Southport 4215
5591 6490

olivestreet@sfq.org.au

Works within a strengths and recovery framework. Emphasises an individual's experience of recovery. It aims to empower individuals so that they are able to live a rewarding, optimistic and active life even with limitations imposed by psychiatric disability.

Post Traumatic Stress Disorder Group – GC

Southport Community Rooms
 Lawson St Southport 4215
5591 5820

goldcoast@mentalhealth.org.au
 www.mentalhealth.org.au

For people suffering Post Traumatic Stress Disorder with the exception of returned veterans. Meets Southport Community Centre, Lawson St., Southport the 2nd Sat each month 10am-12noon.

Psych-ed Wellbeing & Mental Health Education For All

PO Box 936 Palm Beach 4221
0422 924 321

info@psych-ed.com.au
 www.psych-ed.com.au

Support groups and presentations on depression (see Mental Health Assoc). Monthly post natal depression support groups. Staff courses on Mental Health First Aid and Suicide Interventions. Stress reduction and anti-bullying programs for organisations.

Tekapo Accommodation Support Service

PO Box 1759 Southport 4215
5591 6490

olivestreet@sfq.org.au

Provides short-to-medium-term accommodation for people over 18 years, diagnosed with a psychiatric disability, who require individualised support and accommodation until they are ready to move into independent living in the community. Fax 5527 0259.

OPTICAL SERVICES**Spectacle Supply Scheme (SSS)**

Brisbane 4000

3250 8695

sss@health.qld.gov.au
 www.health.qld.gov.au/mass/

Part of Medical Supply Scheme. Pensioners who have held a current Centrelink card for 6 months+ and others with medical problems, who have had a change in eyesight, may be eligible for free spectacles. For eye test and Application form contact optometrist.

PREGNANCY RELATED SERVICES**Children by Choice**

Brisbane 4000

1800 177 725

info@childrenbychoice.org.au
 www.childrenbychoice.org.au

A counselling, information and referral service. All options on unplanned pregnancy. Abortion help referral service. Abortion, adoption, parenting referrals. Phone 3357 5377 for 'face to face' counselling in Brisbane.

Friends of the Birth Centre – FBC GC Branch

PO Box 93 Grange 4051
5533 2258

www.fbc.org.au

Mums meetings and information and support. Meet for morning tea at the Southport Library. Ring for further information.

GC Homebirth Branch of Home Midwifery Assoc – HMA

PO Box 655 Spring Hill 4004
5533 2258 or 0411 880 755

goldcoast@homebirth.org.au
 www.homebirth.org.au

Meets 1st Wed every month at Bert Swift Community Centre from 9.30am-11.30am for birthing information and support. Ring for more details.

Pregnancy & Family Support

MacDonald House Shop 8
 3 Park Ave Burleigh Heads 4220
5535 0444

pfggoldcoast@optusnet.com.au

Post natal and support group. Counselling and support for women with suspected/confirmed unplanned pregnancy. Families with children. Also for men with children. Education, assistance, baby clothes/equipment. Appointment for emergency relief Mon and Wed 9am.

Tweed Heads Medical Centre (Options Clinic)

127 Wharf St Tweed Heads 2485
5536 1626

Family planning service. Male/female contraception. Pregnancy testing and counselling. Termination of pregnancy (abortion). Telephone for advice or appointment. Office open 9am-5pm Mon-Fri. Operations Wed and Fri only.

SELF-HELP GROUPS**Anxiety Self-Help & Support Group**

Southport Community Centre Lawson St
Southport 4215

5591 5820

goldcoast@mentalhealth.org.au

www.mentalhealth.org.au

Self-help support for people with anxiety. To develop and maintain an adaptable anxiety self-help support group for the Gold Coast. To provide resources and educate people. Meet at above address 4th Mon of each month from 6.30pm-8.30pm.

Bronze Medallion Life Saving Courses

Miami Olympic Pool Miami 4220

5522 6542

gcts@bigpond.com.au

www.accreditedtrainingcompany.com.au

Royal Life Saving Society courses. Ring for information on courses.

Codependents Anonymous (CoDA)

Gold Coast

3030 6906 or (02) 8230 3959

ozcoda@yahoo.com.au

www.codependentsanonymous.org.au

Confidential, Twelve Step, self-help program for those having difficulty maintaining healthy, functional relationships with others and themselves. National network of groups including Palm Beach and Brisbane. Attendance by donation. All welcome.

Prostate Cancer Support group

Senior Citizens TE Peters Drv Broadbeach 4218

5577 8159

Self-help Prostate Cancer support group for sufferers, families and carers. Meets on 2nd Thu each month 12.30-4.00pm at Broadbeach Senior Citizens, TE Peters Drv., Broadbeach.

Sex and Love Addicts Anonymous (SLAA)

Gold Coast

(02) 9358 6605

www.slaa.org.au

Confidential, Twelve Step, self-help program for those who wish to stop acting compulsively towards sex and relationships. National network of groups.

VISION IMPAIRED**Blind Citizens Australia**

Ross House Lev 3

247-251 Flinders Lane Melbourne 3001

1800 033 660

bca@bca.org.au

www.bca.org.au

Advocacy and information service in relation to blindness and vision impaired. Open 9am-5pm Mon-Fri with Answering Machine at all other times. Fax 9650 3200.

Vision in Paradise Sight Loss Centre

Cnr High and North Sts Southport 4215

5528 1697

A purpose built centre for the Blind and Vision Impaired featuring all aspects of support on blindness and low vision. Centre open from Mon-Fri from 9am-4pm. An initiative of Vision in Paradise Inc.

Vision Information Line

PO Box 295 Malvern 3144

1800 331 000

www.visionaustralia.org.au

Telephone information and referral service on vision impairment, blindness and related issues. Available to anyone with a query. Mon-Fri 8.30am-5pm (answering machine other times).

WEIGHT CONTROL**Slim Minds**

Gold Coast and Tweed

5520 2752 or 0419 736 583

admin@slimminds.com

www.slimminds.com

A scientifically trialled shape change program. Groups run on a continuous basis on Gold Coast and Tweed and is a 6 week group-based program covering different topics. Teaches latest techniques to easily, quickly, permanently lose desire for trigger foods.

Weight Reduction Club of Eagleby

Eagleby Community Centre Cowper Ave 4207

3804 0675 or 3807 3725

wrc eagleby@yahoo.com

www.wrcq.com.au

Weight loss and weight control. Mon at 9am at Eagleby Community Centre.

Historical**GENEALOGICAL SOCIETIES****Family History Library**

Church of Jesus Christ of Latter Day Saints

Nerang 4211

5596 7591

Genealogical library and research facilities. Open Tue/Wed 10am-2pm, Tue/Thu 6pm-9pm and Sat 1pm-5pm. Ring for further details.

GC Family History Society

Bicentennial Bldg Nerang/Southport Rd

Nerang 4211

5582 8855 or 5535 8836

beverleydwyer@bigpond.com

www.goldcoastfhs.org.au/

To promote the study of Genealogy, Family History and allied subjects. Library facilities. Research assistance. Open Tue and Wed 9.30am-2.30pm, Thu 11am-8.30pm, Sat 10am-4.30pm. Beginners classes conducted. Ring for further information.

Tweed GC Family History & Heritage Assoc Inc

South Tweed Sports Club 4 Minjungbal Drv

Tweed Heads South 2486

5599 8939

tweedfhs@hotmail.com

www.tweedgoldcoastfamilyhistoryheritage

association.bravehost.com

Family history group servicing the southern Gold Coast and Tweed Shires. Many resources and much experience to help you research your family. Monthly meetings with speakers, regular journal, classes, agent for LDS microfilms.

HISTORICAL SOCIETIES**Battle of the Coral Sea Commemorative Assoc of Australia**

4 Barklya Place Palm Beach 4221

5535 0506

Commemorative, historical society composed mainly of ex-service people, families and survivors of the Coral Sea Battle.

Beenleigh Historical Village

205 Main St Beenleigh 4207

3382 0608

bvillage@tpg.com.au

www.beenleighbistoricalvillage.org.au

Open 7 days a week from 9.30am-3.30pm.

Closed 21 Dec-3pm.

GC & Hinterland Historical Society Inc

Elliott St Bundall 4217

5533 9815 or 5531 5347

ailzawilkins@iprimus.com.au

Historical museum open to public. Ring for details of operating times and for appointments for groups and schools. Open 1st Sun of each month 10am-4pm.

Tweed Heads Historical Society Inc

PO Box 839 Tweed Heads 2485

5562 0515 or 5536 8625

www.tweed.nsw.gov.au/

To promote and collate Regional and Australian history. Museum and Resource Centre, Museum Pioneer Park, Kennedy Drv., Tweed Heads West.

Hobbies & crafts**ART/CRAFT & SEWING CLUBS****Art & Craft**

PO Box 5384 GCMC Bundall 9726

5532 6082 or 5592 1543

Join with us in meeting new friends and learning creative cards, scrapbooking, painting, country craft and many more. Classes every Mon from 10am-12 noon at Surfers Paradise Anglican Church hall, Isle of Capri. Fax 5592 1653.

Australian Sewing Guild

Dr John Corbett House Owen Pk

Queen St Southport 4215

5575 2918 or 0433 905 977

Meet at The Embroiderers Guild headquarters the 3rd Sat of the month – contact Judith Ph 5575 2918 or Teresa Ph 0433 905 977. For meetings on 2nd Sat of the month contact Jeanette Ph 5530 0975 or 0407 712 538.

Creative Connections

4 Greenwich Crt Robina 4226
5578 9322
 admin@newlife.unitingchurch.org.au
 www.newlife.unitingchurch.org.au

Learn a new skill, brush up on an old one. Warm atmosphere to meet and make new friends every Wed 9.30am-11.30am during school terms.

Embroiderers Guild Queensland Inc (Southport Branch)

PO Box 396 Southport 4215
5597 5408 or 5573 3909
 irenemay@tpg.com.au

To promote embroidery as an art form. Some classes and workshops. Meet Dr. John Corbett House, Owen Park, Southport. Children's classes held in July school holidays. Ring for information on Exhibition date.

GC Lace Makers

Southport 4215
5574 8800

Promoting all forms of handmade lace, in particular bobbin lace. Meets 4th Sat of each month 9.30am-1.30pm at Community Room at Southport Library.

GC Quilters Guild Inc

PO Box 2163 Burleigh Heads 4220
5502 1976

Meet for a day of friendship, quilting and education. Ring for information of day, time and venue.

Heart of Craft (The)

Carrara 4211
0412 004 782
 zoeandjack@hotmail.com

Stamping and Scrapbooking group. Beginners welcome. No experience or creativity necessary. New techniques taught each session. Suitable for ages 14+ and carers may be eligible to attend for free. Contact Cassandra for details.

Smocking Guild of Qld (Gold Coast Chapter)

Owen Park Southport 4215
5530 3378
 gail_ron@aussieisp.net.au

Meets the 1st Tue of each month (except January) at 9.30am at Dr. John Corbett House, Owen Park, Southport. All welcome to share ideas and give advice. Extensive borrowing library for members. For further information contact Gail.

CAKE DECORATORS ASSOCIATIONS

Qld Cake Decorators Assoc

Mermaid Beach 4218
5594 6998

Open to persons interested in sugarcraft and general cake decorating. Demonstrations, guest speakers, exhibits. Meet CWA Hall, Ventura Ave., Mermaid Beach 2nd Mon every month 7pm and workshop 4th Mon 9.30am.

LAPIDARY CLUBS

Beenleigh Lapidary Club Inc

Showgrounds Kent St Beenleigh 4207
3382 0801

To introduce and promote the art of cutting and polishing stones, faceting and jewellery. Fossicking field trips held. Social and friendly atmosphere with family and pensioner discounts. Various work sessions. Annual Gem show 1st Sat in October.

GC Lapidary Club Inc

80 Pacific Ave Miami 4220
5526 1190
 www.goldcoastlapidaryclub.com

To promote the knowledge and practice the art of lapidary. Cutting and polishing stones, carving, faceting and making jewellery. Collecting minerals and fossils. Field trips. Ring for meeting times.

MODEL & HOBBY CLUBS

GC Model Flying Club

Mudgeeraba 4213
5559 0394
 bcarward@bigpond.net.au
 www.gcmfc.com.au

Ring for information on meetings.

GC Model Railway Workshop

18 Kendor St Labrador 4215
3209 8886
 gcmrw@bigpond.net.au
 www.gcmrw-inc.com.au

Workshop held at clubrooms each Sat between 10am and 4pm for members and anyone interested in learning about model railways. We cover all gauges from 'N' to 'G'. Includes operational layouts using latest DCC technology. Library facilities etc.

Qld Radio Control Helicopter Assoc Inc

C/o 7 Crest Drv Elanora 4221
0428 717 629
 sec@qrcha.com
 www.qrcha.com

We provide help and advice to all wanting to learn to fly R/C helicopters, in a safe, insured, Club situation, and we have fun.

POTTERS & SCULPTORS

GC Potters Assoc Inc

PO Box 9146 GCMC Bundall 9726
5578 3361 or 5599 2286
 info@goldcoastpotters.com
 www.goldcoastpotters.com

Meet at The Potters Place, Cnr Ashmore Rd/ Carrara St, Benowa (Ph 5539 2502) and Mudgeeraba Craft Park, Mudgeeraba Rd. (opposite Milky Way), Mudgeeraba. For Northern contact Ph Di on 5578 3361 and for Southern contact Ph Joan on 5599 2286. Ring for details.

Sculptors' Society Gold Coast Inc

Benowa and Mudgeeraba
5530 5348 or 0423 835 590
 midgehelena@bigpond.com
 www.sculptorsgoldcoast.org.au

New members welcome. Regular exhibitions, workshops, classes and tuition. Gallery – Old Schoolhouse Gallery, Cnr Ashmore Rd/Cararra St., Benowa. Also Workshops, tuition etc. at Mudgeeraba Art and Craft Historic Village, Mudgeeraba Rd. (opposite Milky Way).

Tweed Unlimited Arts Inc

PO Box 613 Banora Point 2486
5524 6223 or 5590 9910 (a/h)
 lmc58200@bigpond.net.au

Groups of pottery, art, spinning, weaving and embroidery. Gallery open Mon-Fri 9am-12noon. Open week-ends and demonstrations twice yearly. Located at Pioneer Pde., Banora Point. Ring for further information.

SPINNERS/WEAVERS & KNITTERS

Coastal Machine Knitters

55 Dawm Pde Miami 4220
5572 0993

To bring machine knitters together to share ideas, patterns and give advice. Meets at the Franklin Craft Centre, Mudgeeraba Rd, Mudgeeraba the 2nd Mon of the month from 9am-2pm.

GC & Hinterland Spinners & Weavers Group Inc

PO Box 1111 Mudgeeraba 4213
5574 7621 or 5573 0262
 lehterickard@yahoo.com.au

Coaching and demonstrations, spinning, weaving, knitting, crochet and natural wool dyeing. Meets at Mudgeeraba Woodturners Cottage, Myrna and John Franklin Centre, Mudgeeraba 2nd and 4th Wed 9.30am onwards and 2nd and 4th Sat from 9.30am-1.30pm.

GC Machine Knitters Club

West Burleigh 4219
5529 2193
 wendylor@bigpond.net.au

To assist people learn about machines, sharing ideas and hints. Also knit for needy causes. Meet 1st Tue of month at the Girl Guides Hall, Tabilban St, West Burleigh at 9am.

Tweed Unlimited Arts Inc

PO Box 613 Banora Point 2486
5524 6223 or 5590 9910 (A/H)
 lmc58200@bigpond.net.au

Groups of art, pottery, spinning, weaving and embroidery. Gallery open Mon-Fri 9am-12noon. Open week-ends and demonstrations twice yearly. Located at Pioneer Pde. Banora Point. Ring for further information.

WOODTURNING GROUPS

Carpenters Workshop (Elanora Uniting Church)

17 Applecross Way Elanora 4221
0412 161 665 or 5590 9731

Tuition by qualified voluntary instructors is provided in woodworking and woodturning. Tuition on Tue, Wed and Fri daytime and Thu evenings. Ring for further information.

GC & District Woodturning Assoc Inc

238 Mudgeeraba Rd Mudgeeraba 4213
5531 6139 or 0417 642 340
www.gcwoodturners.com.au

To develop and encourage skills in woodturning. Club lathe available. All facilities at the club to develop your skills. Meet Mon and Wed evenings and Tue and Thu mornings.

Woodwork and Craft Club Inc

Tugun 4224
5534 9970 or 5522 5257

For any person interested in learning (hands on) or helping others to learn the art and craft of working with timber. Also teach non-academic school children. Please ring for further information. Volunteers most welcome.

Law & Justice

ADVICE & ASSISTANCE

Court Support Group Southport

Magistrates Court Hinze St Southport 4215
For any person having to appear in Southport Court. A friendly volunteer from the group will accompany the person and explain the court procedure. If volunteer assistance is required report to the Magistrates Court on date of hearing from 8.30am.

Relationships Australia (Victims Counselling Support Service)

Southport/Palm Beach
1300 139 703
admin@relateqld.asn.au
www.relationships.com.au

Relationships Aust. VCSS provides free counselling and support to people affected by crime directly or indirectly. 24 hour referral service. Assist with understanding the Court process but do not provide Court support. Ring for details of counselling.

Victims of Crime Compensation Unit (Legal Aid)

1300 651 188
www.legalaid.qld.gov.au

Compensation for injuries sustained by victims of crime as a result of a personal indictable offence (i.e. violence committed directly against the victim). Fact sheets. We will forward kit form or refer if we don't deal with a particular complaint.

Volunteers in Policing (VIP)

District Crime Prevention Unit
Surfers Paradise 4217
5570 7939

Free advice on home security by members of Police department who visit premises and recommend home safety improvements. Training period covers police operations, security and personal safety. HomeLink (Police data base records information of key holder.)

Volunteers in Policing (VIP)

Crime Prevention Unit 53
Recreation St Tweed Heads 2485
5536 0929 or 5536 0999

Community liaison. Court support program for victims of apprehended violence. Community programs – Victims of Crime, Neighbourhood Watch, Safety House (Tweed/Byron local area command), Community Care Program.

COURT HOUSES

Local Court – Tweed Heads

50-52 Recreation St Tweed Heads 2485
5536 7577

Free Legal advice for Court related matters. Agent for Public Trustee. Civil Claims for an amount not exceeding \$60,000 covering disputes in NSW only. Births/Deaths/Marriage certificates NSW residents only. Open Mon-Fri 9.30am-1pm and 2pm-4pm.

Magistrates Court – Beenleigh

Cnr James/Kent Sts Beenleigh 4207
3884 7500

www.justice.qld.gov.au
Civil claims and minor debts. Justice of the Peace available daily. Duty Solicitor comes in each morning court is sitting. Public Trust office every Tue for preparation of Wills. Open Mon/Wed/Thu/Fri at 8.15am-4.30pm and Tue 8.15am-4pm.

Magistrates Court – Coolangatta

Cnr Musgrave/McLean Sts Coolangatta 4225
5569 3040

www.justice.qld.gov.au
Small Claims. Duty solicitor available Tue am only for 1st time Court appearance. Justices of Peace available Tue 9am-12 noon. Agency for Births, Deaths and Marriages. Open Mon-Fri from 9am-4.30pm.

Magistrates Court – Southport

Cnr Davenport/Hinze Sts Southport 4215
5583 5900

www.justice.qld.gov.au
Duty solicitor available to 10am for free Legal Advice for 1st time Court appearance when charged on criminal matters. Body Corp. disputes, Small Claims. JP's available. Exams, registration for people wanting to be a JP. Births/Deaths/Marriages.

JUSTICES OF THE PEACE

GC Justices Assoc

PO Box 3244 Robina 4230
5594 1284 or 5530 7579
J.Enderlin@goldcoastjustices.org
www.goldcoastjustices.org

The Association of Justices JP's train new and existing JP's and facilitate and sign at 9 shopping centres. For Development Officer Ph Michael 5569 0674. Email p.brooke@goldcoastjustices.org.

Justices of the Peace

Brisbane Magistrates Court
Lev 3/363 George St Brisbane 4000
1300 301 147
www.justice.qld.gov.au

List of residential phone numbers/names and suburbs only. JP's rostered at some shopping centres on Gold Coast and Magistrates Court Southport/Coolangatta/Tweed Heads and Beenleigh. Can witness signatures, take affidavits etc. Search Web by location/postcode.

Qld Justices Assoc (GC & Pacific Pines Branches)

Gold Coast
www.qja.com.au

Provide signing service for Gold Coast people at shopping centres (1) Australia Fair (2) Elanora, (3) Pacific Pines, (4) Runaway Bay and Westfield Helensvale. To find days and times at the Shopping Centres follow the links on the Qld Justices web site above.

LEGAL SERVICES

Aboriginal & Torres Strait Islander Legal Service (Qld) Ltd

Lev 1/27 Davenport St Southport 4215
5532 6988

Ring for details of legal information services. Fax 5531 2880.

Citizens Advice Bureau & Gold Coast Legal Service Inc

24 Davenport St Southport 4215
5532 9611

citizens@advicebureau.org.au
www.advicebureau.org.au

FREE, CONFIDENTIAL, LEGAL ADVICE. Ring Southport office from 8.30am-4pm for ALL appointments at Southport Mon-Thu and Outreach Clinics at Palm Beach, Oxenford and Beenleigh. Legal Clinics (no appointments) at Southport Thu from 5pm and Fri from 9am and 2pm.

Dispute Resolution Centre

Lev 1/363 George St Brisbane 4000
1800 017 288 or 3239 3848

www.justice.qld.gov.au
Provide free, confidential and impartial mediation service to community as an alternative way of settling disputes before they get to court. Disputes such as neighbourhood, workplace, commercial, business, spousal and family, environmental and multi-party.

Family Law Courts

Commonwealth Law Courts North Quay
Brisbane 4000

1300 352 000
enquiries@familylawcourts.gov.au
www.familycourt.gov.au/

'Do it yourself' kits info can be obtained from Web site. Documentation on divorce. National Enquiry Centre gives access to various support agencies NOT legal advice.

Freedom of Information

GPO Box 149 Brisbane 4001
3239 3439
trainingfoi.privacy@justice.qld.gov.au
www.foi.qld.gov.au

Gives people a right to access documents held by Government agencies and official documents of ministers, subject to certain exemptions and exclusions.

Legal Aid Qld

100 Scarborough St Southport 4215
1300 651 188

www.legalaid.qld.gov.au
Provides information on Legal Aid Qld services, legal information, and referrals to other community services. Open Mon-Fri 8.30am-5pm.

Legal Services Commission

Lev 25/307 Queen St Brisbane 4000
1300 655 754 or 3406 7737
 lsc@lsc.qld.gov.au
 www.lsc.qld.gov.au

Consumers who have a complaint about a lawyer put complaints in writing. The website provides legal consumers with an easy-to-use and comprehensive resource for obtaining information about complaints and disciplinary process. Fax 3406 7749.

Office of the Adult Guardian

3rd Flr/363 George St St Brisbane 4000
1300 653 187 or 3234 0870
 www.justice.qld.gov.au/guardian

Government initiative to protect the rights and interests of adults with impaired decision making capacities. Investigates complaints of financial, physical and abuse of the elderly, personal matters, consent to operations etc.

Public Trustee of Qld

Trustee House 66 Nerang St Southport 4215
5588 5333 or 1300 360 044
 www.pt.qld.gov.au

Offers free Will making service, Enduring Power of Attorney (cost applies), Fund management for people with a disability, Property management and free safe custody of documents. Fax 5588 5331. General Enquiries Ph 1300 360 044. Open Mon-Fri 8.30am-5pm.

Small Claims Tribunal

Magistrates Court Hinze St Southport 4215
5583 5900
 www.justice.qld.gov.au

To negotiate and settle claims up to \$7,500 in disputes between consumers and traders. Individuals must have legal advice before seeing Small Claims Tribunal to know which forms are needed. Ring for information on costs. Office hours Mon-Fri 9am-4pm.

Welfare Rights Centre Inc (Qld) Advice Line

Suite 3/28 Old Cleveland Rd
 Stones Corner 4120
1800 358 511 or 3847 5532
 wrqcld@wrcqld.org.au
 www.wrcqld.org.au

Free and independent legal information, advice on Social Security law and its administration through Centrelink. Initial contact by phone Tue 9.30am-12.30pm and Thu 2pm-5pm. Disability Discrimination Legal Advocacy Service on discrimination.

Womens Legal Service Client Advice Line

387 Ipswich Rd Annerly 4103
1800 677 278

Legal information, advice and referral. Phone line open 9.30am weekdays. Daytime interviews by appointment only. Evening sessions Mon, Wed and Thu 6.30-8.30pm – No appointments necessary. Family Law, domestic violence, discrimination, stalking, wills etc.

POLICE

Broadbeach Police Station

Cnr Phillip Ave and Surf Pde Broadbeach 4218
5581 2800
 Police Beat Pacific Fair, 2 Hooker Blvd.
 Ph 5575 6977.

Burleigh Heads CIB

4 Matilda St Burleigh Heads 4220
5535 1257

CIB only – Not a general Police Station. Ring for information. CPU (Child Protection Investigation Unit located at Surfers Paradise).

Coolangatta Police Station

Cnr Musgrave/McLean Sts Coolangatta 4225
5536 2444
 Ring for information.

Coomera Police Station

11 Debarrett St Coomera 4209
5573 6111
 Ring for information.

Crime Stoppers

1800 333 000
 www.crimestoppers.com.au
 Please ring with information.

Mudgeeraba Police Station

18 Railway St Mudgeeraba 4213
5530 6455
 Police beat Robina Town Centre
 Ph 5583 4377.

Nerang Police Station

32 Cotton St Nerang 4211
5578 1311
 Police Youth Club, Cayuga St., Nerang
 Ph 5578 2227.

North Tamborine Police Station

Knoll Rd North Tamborine 4272
5545 3473
 Ring for information.

Palm Beach Police Station

1042 GC Hway Palm Beach 4221
5534 0222
 Ring for information.

Runaway Bay Police Station

Cnr Lae Drv/Morala Ave Runaway Bay 4216
5537 5099
 Ring for information.

Southport Police Station

96 Scarborough St Southport 4215
5571 4222
 Watch house 5571 4333. Police Beat at Australia Fair Ph 5591 2887.

Surfers Paradise Police Station

68 Ferny Ave Surfers Paradise 4217
5570 7888
 Ring for information. CIB 5570 7841.
 JAB (Juvenile Aid Bureau) Ph 5570 7861,
 CIB Ph 5570 7841. Police Beat at Centro Surfers Ph 5583 9733.

Water Police (Southport)

40-44 Seaworld Drv Main Beach 4217
5509 5700
 Ring for information.

POLICE LIAISON

Broadbeach Community Policing Consultative Committee

PO Box 419 Broadbeach 4218
5539 1412
 Liaison between public and police, discuss problems, public security, neighbourhood watch.

Southport Community Policing Consultative Committee

Southport 4215
5571 4210
 Liaison between public and police, discuss problems, public security, neighbourhood watch.

PROBATION & PAROLE

Probation & Parole Service Beenleigh

101 George St Beenleigh 4207
3884 8870
 www.correctiveservices.qld.gov.au/
 Deal with probation and community service for adult offenders 17 years plus. Area north of Pimpama river.

Probation & Parole Service Burleigh Heads

4th Flr McDonald House
 Cnr Park Ave/Connor St Burleigh Heads 4220
5569 7910
 www.correctiveservices.qld.gov.au/
 Deal with probation and community service for adult offenders 17 years plus.

Probation & Parole Service Southport

4/83 Scarborough St Southport 4215
5583 5555
 www.correctiveservices.qld.gov.au/
 Guidance and counselling for adults on probation/parole. Deal with Community Service orders. Open 8.30am-5pm Mon-Fri – Thu to 6.00pm. Gold Coast offices also at (1) 4th Flr Macdonald House, Burleigh Heads and (2) Court House, Musgrave St., Coolangatta.

Personal & Family

GRIEF SUPPORT

Blue Care Grief Recovery Program

Elanora/Labrador
5534 6177 or 5532 0588
 www.bluecare.org.au
 The Grief Recovery program aims to provide education on the grief process and encourages mutual support promoting effective coping skills focusing on adults. Free 6 week 2 hour structured program with groups. Ph Elanora 5534 6177 or Labrador Ph 5532 0588.

Bonnie Babes Foundation

49 Monash St Tugun 4224
5598 1147
 debamg@optusnet.com.au
 Gold Coast Branch offers monthly support group meetings for families grieving the loss of a baby through miscarriage, stillbirth, neonatal death, prematurity or medical termination. For further information ring Debbie.

Care for Life: Suicide Prevention Assoc Inc

Gold Coast
5573 3873
rataylor@bigpond.com

A not-for-profit organisation which provides education and training to the community in suicide prevention. Supports those individuals bereaved by suicide. Provides information to community members on referral services available. Produces resources.

Compassionate Friends

Gold Coast
0412 543 499 or 5599 3097
frontlinehm@yahoo.com.au

Phone contact support for those who have lost (at any age) a child, grandchild or sibling.

Grief Recovery Programme Participants Group

Gold Coast
5539 1847 or 5596 2009

Support through regular weekend social meetings and/or telephone contact to bereaved persons of any age. Meets monthly for BBQ. Referrals to Blue Care for support programs. Meets 1st Sat of the month. Ring for information on venues, times etc.

Hannah's Foundation: Drowning Prevention, Awareness and Support

Gold Coast
0412 742 203 or 5465 2000
info@hannahsfoundation.org.au
www.hannahsfoundation.org.au

A support network for families and friends of those who have lost their loved ones through drowning. Financial assistance provided for families to assist with funeral costs and medical expenses incurred for counselling. Freecall day or night Ph 1800 426 624.

Lifeline GC – Suicide Bereavement Group

2741 GC Hwy Broadbeach 4218
5539 9922
www.lccq.org.au

Support people in Grief in Suicide for them to realize they are not alone.

Paradise Kids

11 Dunkirk Cl Arundel 4214
5574 6853
enquiries@paradisekids.org.au
www.paradisekids.org.au

Support for children and their families. Program includes a mixture of art, music, movement and meditation to help children express thoughts and feelings and grow through major illness, grief and loss associated with divorce, separation, death of parent.

SANDS

Brisbane 4000
1800 228 655 or 3254 3422

24 hour counselling. Providing mutual support, information, education and advocacy for parents and families who experience the death of their baby through miscarriage, stillbirth, neonatal death and other reproductive losses.

SIDS & Kids Qld

PO Box 241 Mt Gravatt 4122
3849 7122
queensland@sidsandkids.org
www.sidsandkids.org

Help available for bereaved parents of any child from 20 weeks gestation, who dies suddenly or unexpectedly up to the age of 6 years, regardless of cause. 24 hour Child Death Support line Ph 1800 628 648.

Solace Assoc of Qld Inc

7013/101 Lindfield Rd Helensvale 4212
5580 7034

Support group for widowed people, run by widowed people, to assist bereaved people in adjusting to their loss. Provide referral to professional services when requested. Social activities. Meetings 10.30am on 2nd and 4th Wed of the month at Pacific Fair.

Somerville Grief Support

Nerang-Broadbeach Rd Nerang 4211
5596 2233
www.somervillefunerals.com.au

Hold regular Grief and Loss seminars, at no cost, which the general public are welcome to attend, designed to assist people in understanding the impact and effect of grief on individuals and families

Suicide Prevention Assoc Inc (Care for Life)

Gold Coast
5573 3873
rataylor@bigpond.com

A not-for-profit organisation which provides education and training to the community in suicide prevention. Supports those individuals bereaved by suicide. Provides information to community members on referral services available. Produces resources.

MEDIATION

Dispute Resolution Centre

Lev 1/363 George St Brisbane 4000
1800 017 288 or 3239 3848
www.justice.qld.gov.au

Trained mediators available to help resolve disputes, harassment, and confidential. Open Mon-Fri from 9am-4pm. Also a training centre for those wanting to become mediators.

Family Relationship Centre

Suite 11 Ashmore Commercial Centre 207
Currumburra Rd Ashmore 4214
5656 1700 or 1800 050 321
frccg@centacarebrisbane.net.au
www.familyrelationships.gov.au

Assisting families through separation by providing information, referral and individual sessions, or joint sessions with other family members, to help with agreement on parenting arrangements. Open Mon/Tue/Wed and Fri 9am-5pm and Thu 9am-8.30pm. Advice Line.

Foundations Child & Family Support Ltd Moving Forward Parenting Orders Program

4/184 Scarborough St Southport 4215
1300 854 733
enquiries@foundations-cafs.org.au
www.foundations-cafs.org.au

Funded by Attorney-General's Department, provides a range of services to post-separated families experiencing difficulty in managing post-separation family relationships. Open to immediate and extended family members. Also additional fee-for-services.

MEN – MUTUAL SUPPORT GROUPS

Lone Fathers Assoc (LFAA Australia)

PO Box 492 Canberra 2601
(02) 6239 4650 or 0417 668 802
president@lonefathers.com.au
www.lonefathers.com.au

Give advice to men and women on Family Law matters. Fathers, friends, relatives etc. Work towards bringing a fair and equitable Family Law and Child Support system. To aid, assist, encourage Lone Fathers to support and sustain their children. Fax 02 6259 2947.

Mens Health & Wellbeing Assoc

Gold Coast
0401 237 901
chitonicstau@bigpond.com
www.menshealthandwellbeing.org

Facilitated men's groups offering programs on life skills and giving men opportunities to gain new perspectives on issues and on life with other caring and informed men. Ring for bookings and brochures.

PARENTHOOD & PARENT GROUPS

Australian Breastfeeding Assoc – GC Groups

Various venues on Gold Coast
1800 Mum 2 Mum or 1800 686 2 686
dmisc@onthenet.com.au
www.abagoldcoast.com

FREE breast-feeding information, support and counselling for mothers and their families. Counselling by telephone, e-mail or face-to-face. National web site www.breastfeeding.asn.au. Local support groups – all welcome.

Empowering Families

Fairhaven Parklands Drv Southport 4215
5537 9697 or 0412 732 717

Designed to help families when their child is experiencing co-occurring mental health and substance abuse conditions and to minimise the lapse/relapse potential of the person in recovery. 24 hour crisis care. Meet Wed 6.30pm Fairhaven and Mirakai Thu 6.30pm.

GC Childrens Contact Service

PO Box 1435 Nerang 4211
1300 854 733

Offers supervised contact and changeovers for separated families. Phone Brisbane office on Ph 3800 3929 Mon-Fri to register. After both sides are registered Ph 5527 2555 for changeovers and contact on Fri, Sat, Sun and Mon for the Gold Coast.

GC Multiple Birth Assoc Inc

PO Box 654 Nerang 4211
5578 4382

oneandtwins@hotmail.com

Information, practical assistance and support for families with multiple births.

Jigsaw

5564 8665 or 0414 914 193

A support group for post-adoptive parents and children adopted, adults and children, relinquishing parents or relatives. Post adoption counselling.

Lifeline GC – Single Parenting

2741 GC Hwy Broadbeach 4218
5539 9922

www.lccq.org.au

2 groups for parents of children 0-5 years and 5-12 years. Aims to help parents de-stress as well as resolve some seemingly unresolvable problems. Come and relax with other single parents, share your experience and learn new ways to parent your children.

North Gold Coast Early Years Centre

PO Box 1125 Nerang 4211
5578 1346

EYEnquiry@bensoc.org.au
 www.bensoc.org.au

Provides services to all families/carers with young children on the Gold Coast with a child in their care under 8, or who are expecting a baby. Early childhood education and care, parenting information, family support and health services.

Palm Beach Neighbourhood Centre Inc

16 Third Ave Palm Beach 4221
5598 1505

www.palmbeachnc.org.au

Family Support Services include – Short term Counselling, Youth support and Teen programs, Blokes and Prams – Dad's walking group. Parenting classes. Mutual support and Self-help groups. Appointments essential.

Parents without Partners – GC Branch

PO Box 1258 Nerang 4211
0421 474 545 or 0400 760 715

pwp.goldcoast@hotmail.com
 members.westnet.com.au/pwpwpa/qld

Mutual support group for single parents and their children in a safe environment. Meet Nerang Neighbourhood Centre every Wed at 6.30pm. Ring for further information.

Relationships Australia Qld Parenting Orders Program

Southport 4215
1300 364 277

www.relationships.com.au

Program aims to assist separated parents to better understand their role in co-parenting arrangements and improve communication between them. To help parents give their children maximum support, care and guidance as they move between their parents' homes.

savvy mama

PO Box 5366 Q Super Centre
 Mermaid Waters 4218

0433 808 257

info@savvymama.com.au
 www.savvymama.com.au

An email newsletter and website keeping you in the know, with short blasts of helpful, hip information for busy Mums (and Dads) suggesting fun family events, kid friendly places to eat, cool products and services for you and your kids!

Trinity Family Support Network (Hub)

186 Robina Town Centre Drv
 Robina Town Centre 4230

5575 7241

tfsn@tam.org.au

www.trinityanglicanmission.com.au

Funded by Department of Communities. Auspiced by Trinity Anglican Mission. Services for families of the Gold Coast include information, advice and referral to health services, child care, support groups etc. Emergency and Telstra relief. Referral preferred.

YHES House – Youth Health & Education Service

11 Hicks St (PO Box 1900) Southport 4215

5531 1577

admin@yhes.org.au

www.yhes.org.au

Free Gold Coast Young Parents Support Program for 12-25 yr olds (and partners). New Parent and Childbirth Education Groups; Individual support, advocacy, counselling, referral and information. Also available laundry/bathroom facilities.

SINGLES – MUTUAL SUPPORT GROUPS**Gold Coast Social Group**

German Club Carrara 4211

5571 0140

Support and social club for ladies and gents who meet 2nd and 4th Fri of month at the German Club, Carrara at 7pm. New members welcome. No joining fee. Members can purchase a monthly program giving information on weekly functions.

Just Out 4 Dinner

Robina 4226

0416 322 894

justout4dinner@live.com

For singles, widowed, divorced and single parents who are seeking outings and friendship and fellowship within a Christian environment. Good food, good conversation, good company. E-mail Estelle to be put on e-mailing list or phone to be put on postal list.

SUPPORT GROUPS/LIFE SKILLS EDUCATION**Adult Survivors of Child Abuse (Advocates for Survivors of Child Abuse)**

National Line

1300 657 380

info@asca.org.au

www.asca.org.au

Support to any person over 18 years who has survived abuse and neglect in childhood of any kind. ASCA helps break down the sense of isolation and alienation that many survivors feel and works to ensure all survivors are able to access the help they need.

Alzheimers Australia (Qld) Inc

PO Box 9360 GCMC 9726

1800 100 500 or 5538 8221

info@alzqld.asn.au

www.alzheimers.org.au

If you have memory concerns, or are caring for someone with a memory problem – Free information, support and counselling is available from the Alzheimer's Australia (Qld) National Dementia Helpline 1800 100 500. Community education and courses also provided.

Belindawings Inc Insight Guidance Counselling

PO Box 767 Palm Beach 4221

5522 5124 or 0431 741 316

belindawings@bigpond.com

Not-for-profit for individual guidance by appointment only. Fully confidential. Family Support skills, Anger Management courses etc. Certificates and Recognition of Awareness courses. Referrals also, if appropriate for rehabs, assessment etc.

Care & Concern – Burleigh Heads Parish

3 Sunlight Drv Burleigh Waters 4220

5576 6318

To assist in social welfare e.g. Driving patients to medical and hospital appointments and visits to people in their homes. Emergency home help, child care. Operate Tue, Thu and Sat 9.30am-11.30am. Covers Burleigh Heads, Palm Beach, Miami, Mudgeeraba and Robina.

Care & Concern – Coolangatta/Tugun Catholic Parish

Coolangatta 4225

0439 780 416

www.goldcoastcatholic.com.au/coolangatta-tugun

Volunteers transport frail elderly, sick and incapacitated from their homes or nursing homes to medical appointments or hospital – prefer 2 days notice. Mon-Fri 9am-5pm. Non-denominational.

Care & Concern – Nerang Catholic Parish

Nerang 4211

5578 1513

Visitation, transport, odd jobs, home help for sick and incapacitated, chronic diseases and elderly people. Help by volunteers.

Care & Concern – Runaway Bay Catholic Parish

Runaway Bay 4216

Message from the Parish – “Unfortunately, Care and Concern is temporarily unavailable until February, 2009. We will keep you informed of any updates”.

Care & Concern – Southport Catholic Parish

Southport 4215

5532 3984

Transport, visitation and shopping for elderly, sick and incapacitated. Areas covered Southport, Ashmore and Labrador. Ring for further information during business hours Mon-Fri 8.30am-5pm.

Care & Concern – Surfers Paradise

50 Fairway Drv Clear Island Waters 4226

5572 5433

Transport, shopping and companionship for the elderly.

Centacare Ashmore

Suite 50 207 Currumburra Rd Ashmore 4214

5556 9900

ash@centacarebrisbane.net.au

www.centacarebrisbane.net.au

Centacare Ashmore offers 4 programs (1) Men and family relationships (2) Family relationship education and skills training (3) General counselling (4) Specialised family violence program.

Centacare GC

50 Fairway Drv Clear Island Waters 4226

5527 7211

cgc@centacarebrisbane.net.au

Centacare GC offers family relationship education, skills training and men and relationship training.

Codependents Anonymous (CoDA)

Gold Coast

3030 6906 or (02) 8230 3959

ozcoda@yahoo.com.au

www.codependentsanonymous.org.au

Confidential, Twelve Step, self-help program for those having difficulty maintaining healthy, functional relationships with others and themselves. National network of groups including Palm Beach and Brisbane. Attendance by donation. All welcome.

Domestic Violence Prevention Centre Inc GC

PO Box 409 Southport 4215

5532 9000 or 5591 4222

info@domesticviolence.com.au

www.domesticviolence.com.au

Offer support, information and referral to women and their children who are or have been in DV. Education, training and community awareness programs. Therapeutic groups. 24 hour Help Line Ph 1800 811 811. 24 hour DV counselling/refuge referral Ph 1800 811 811.

Empowering Families

Fairhaven Parklands Drv Southport 4215

5537 9697 or 0412 732 717

Designed to help families when their child is experiencing co-occurring mental health and substance abuse conditions and to minimise the lapse/relapse potential of the person in recovery. 24 hour crisis care. Meet Wed 6.30pm Fairhaven and Mirakai Thu 6.30pm.

Gamblers Anonymous GC

Gold Coast

5575 6042 or 1800 002 210

Self-help groups for compulsive gamblers. Recorded message advises various phone contact numbers for those seeking help. 24 hour Hotline Ph 1800 002 210.

GC Centre against Sexual Violence Inc

PO Box 1924 Southport 4215

5591 1164 or 5591 2397

gcsass@bigpond.com

www.stopsexualviolence.com

Specialist sexual violence intervention and prevention service, providing counselling to women who have been raped and/or sexually assaulted at any time in their lives. Prevention education to the broader Gold Coast community.

Grandparents Assisting Grandkids Support (GAGS)

Gold Coast

5504 6178

Non-profit support group for Grandparents/ Carers raising a child from a Family member. Aim is to improve Government assistance for access to free legal aid and a NON-means tested fortnightly allowance equivalent to foster payment. Meet 1st Mon each month.

KinKare Support Group

C/o Nerang Neighbourhood Centre

Nerang 4211

3287 1664 or 5578 2457

maree@kinkare.com.au

www.kinkare.com.au

Offer support and provide information re services to grandparents re latest court rulings and advocacy. Actively works to enlighten community organisations and governments of carers and their childrens needs. Support grandparents denied access to grandchildren.

Lifeline GC – Exploring Anger for Men

2741 GC Hway Broadbeach 4218

5539 9922

www.lccq.org.au

A group which gives men the opportunity to develop awareness of the issues that underlie expressions of anger. The awareness of how we each hurt ourselves and hurt others is an essential aspect of changing this behaviour. Fax 5538 4925.

Lifeline GC – Group Courses

2741 GC Hway Broadbeach 4218

5539 9922

www.lccq.org.au

Ring for details on group sessions, courses, support groups, workshops for groups e.g. 1. Womens Self-Esteem, Anger and Assertiveness 2. Men's Workshop 3. Relationship Workshop, 4. Suicide Bereavement 5. Communication and Conflict Resolution for Couples

Lifeline GC – Suicide Prevention Living Works (ASIST)

2741 GC Hway Broadbeach 4218

5539 9922

www.lccq.org.au

Interactive workshop in suicide first-aid. Participants learn how to identify a person at risk of suicide and learn skills to provide initial assistance in order to keep that person safe. Appropriate referrals. “Safe Talk” suicide alertness course.

Lifeline GC – The Relationship Workshop

2741 GC Hway Broadbeach 4218

5539 9922

www.lccq.org.au

Assists men and women to build personal tools to improve their relationships with friends, partners, work colleagues and children. Helps you feel more confident in these interactions.

Missing Link Adoption Support Ministry

12 Gretel Drv Mermaid Waters 4218

5572 7907

To help anyone affected by adoption. Community service group attached to Kings Christian Centre. Reunite natural relatives separated by adoption. Ring for further information.

Northern GC Family Support Program – Village Community Services

87 Village Way Studio Village 4210

5529 8253

svccfamily@commail.com.au

Supports families and individuals. Provides information, referrals, counselling and parent education.

Palm Beach Neighbourhood Centre Inc

16 Third Ave Palm Beach 4221

5598 1505

www.palmbeachnc.org.au

Money Management Workshops. Lots more free Self-Esteem and Personal development workshops. Appointments essential.

Qld Community Care Network Inc

PO Box 1861 Springwood 4127

5591 2272 or 2804 3829

www.qccn.org.au

Program run by Community Care Network. Community Visitors Scheme, visiting aged care homes. 100+ club. Volunteers needed. Fax 3804 3429.

Quitline

13 1848

www.quitnow.info.com.au

The Quitline telephone service advises on ways to stop smoking. Quit packs available on request. Available 24 hours/7 days. Can also Text 13quit.