

Guide to Oceanway

The 36 kilometre journey along the Oceanway can be enjoyed as nine segments that make the experience easy and enjoyable. For more detail about the nine segments refer to Key Information below.

- Distance marker post
- Points and vistas
- Facilities
- Distance calculator
- Accessibility
- The environment
- Active & Healthy



Distance marker post

One of the identifying features of the Gold Coast Oceanway is the timber and stainless steel distance marker posts that provide information about where you are along the Oceanway.

The posts include the name of the next place along the Oceanway you will reach and the distance to travel to the end of the Oceanway.

Points and vistas

There are great places to view the fabulous Coastline at many places along the Gold Coast Oceanway including Point Danger, Greenmount, Kirra Point, Elephant Rock, Currumbin Ridge, Burleigh Heads, Little Nobby Headland.

There is a revolving restaurant on top of a hotel highrise in northern Broadbeach and Q1 (the worlds largest residential highrise) in southern surfers has a public viewing deck.



Facilities

Many beach-side reserves also provide showering facilities, barbecues, shade sails, playgrounds, exercise equipment and of course car parking, and the entire Oceanway route is well serviced by Surfside Buses.

Distance calculator

How long will it take me? Well, that depends on a number of things - how fast you walk and how far are you planning on walking? Download our ready reckoners to work out just how long the walk will take you.

Accessibility

The Oceanway is accessible to all members of the community including those with disabilities. Visit the Gold Coast Access page for more information.

The Oceanway is a shared use pedestrian and cyclist environment. Share the paths sensibly.

The environment

As the Gold Coast population and visitor numbers grow, it is becoming more difficult to find a vacant carpark at many Gold Coast beaches. Arriving at the beach along the Oceanway as a pedestrian or cyclist and choosing public transport are great ways of reducing your coastal footprint.

The Gold Coast Oceanway offers world class eco tourism experiences. The World Heritage listed Marine Park offers unique opportunities to see Dugongs at the Seaway and enjoy the littoral rainforest along the Spit. Burleigh Heads rainforest rivals Cairns hinterland in biodiversity (both tropical and temperate species mix meaning a wider diversity of plants all in one place).

The same mixing of communities happens underwater - with both tropical reef fish and temperate fish mixing. As populations increase, sightings of Humpback whales are becoming increasingly common - whale watching from Point Danger and all along the coastline offers a great spectacle.

Coastal ecology message

You can see whales from many places along the Gold Coast Oceanway. Great spots are Point Danger, Burleigh Heads and Little Nobby Headland. Whales travel north past the Gold Coast in the early part of the year to winter breeding grounds near Fraser Island and return south past the Gold Coast later in the year.

She Oak: An easily recognisable tree, the branchlets are green, ridged and jointed, at each joint there is a whorl of tiny teeth. The fruits are borne in woody cones that resemble the cones of pine, but are much smaller and constructed differently and can be painful under bare feet along the Oceanway.

Spinifex: A grass with long, thick, trailing stems on the surface or buried beneath the sand. They are a native on the dunes are a useful stabiliser of disturbed areas.

Pandanus: These are palm-like trees that unlike true palms have stalkless leaves. Their common name, Coastal Screw pine comes from the crowded scars left on the stems when the leaves fall.

Active & Healthy

The Heart Foundation Recommends that people include 30 minutes or more of moderate intensity activity on most, if not all, days of the week. Walking or cycling along the Gold Coast Oceanway is a great way to be active.

There are also great healthy and active events held regularly all along the Gold Coast Oceanway.

The Healthy Way for You: Council is committed towards creating a healthier city. Active & Healthy GC is a program that encourages our residents to be more active. From fitness to family fun, to relaxation and sports there will be an activity happening in a park near you.

The program offers a range of outdoor activities in our parks all across the Gold Coast, with most of them being *free*.

The Heart Foundation recommends that people include 30 minutes or more of moderate intensity physical activity on most if not all days of the week. Walking or cycling along the Gold Coast Oceanway is a great way to be active. Visit www.heartfoundation.com.au for more information about Heart Health.

The Healthy Way for the Environment: As the Gold Coast population and visitor numbers grow, it is becoming more difficult to find a carpark at many Gold Coast beaches.

Arriving at the beach along the Oceanway as a pedestrian, cyclist or upon public transport is a great way of reducing your coastal footprint.

To plan your public transport journey to a Gold Coast beach visit www.translink.com.au, or to plan a cycling journey to a Gold Coast beach visit the Cycling and bikeways page.

Key information

- Cycling and Bikeways
- Segment 1 - Southern Points Promenade
- Segment 2 - Southern Beach Villages
- Segment 3 - Currumbin Oceanway
- Segment 4 - Tallebudgera Oceanway
- Segment 5 - Central Beach Villages



- Segment 6 - Broadbeach Oceanway
- Segment 7 - Surfers Paradise Oceanway
- Segment 8 - Main Beach Oceanway
- Segment 9 - The Spit Oceanway (Federation Walk)
- Ready Reckoners

Related information

External links

Active & Healthy

Heart Foundation

Translink
