



What's on at your local Community Centre?

Helensvale Community Centre

Updated 5 September 2020

Please contact the organisers directly to confirm class size, availability and start dates prior to attending.

| Time | Activity Description and Company | Room | Contact Details |
|-------------------|--|------------|------------------------------------|
| Monday | | | |
| 7.30am to 8.30am | Zumba Gold, Dance fitness for seniors Offered by | South Hall | Phone Jamie Lee on 0403 474 234 |
| 8am to 9am | Growing Stronger for Seniors offered by Active and Healthy and AgeilityFit | North Hall | Phone David on 0418 189 389 |
| 9am to 10am | Introduction to soccer for children aged 18 months to 7 years offered by Little kickers Gold Coast | South Hall | Phone Scott on 0413 477 443 |
| 9.30am to 10.30am | Lungs in action exercise session for people with COPD, chronic lung or chronic heart disease. offered by AgeilityFit | North hall | Phone David on 0418 189 389 |
| 5pm to 6.30pm | Martial Arts training school, self-defence, anti-bullying, character building, fitness, building fitness offered by Gold Coast Self Defence Academy | North Hall | Phone Karen on 0403 260 784 |
| 7pm to 8pm | Yoga class offered by Laura | North Hall | Phone Laura on 0447 657 517 |
| 7pm to 8pm | Pound Fitness, fun and energising exercise class offered by Clubbercise | South Hall | Phone Joanne on 0467 664 884 |

| Time | Activity Description and Company | Room | Contact Details |
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| Tuesday | | | |
| 8.30am to 10.30am | Weight loss meetings offered by Weight Watchers | North Hall | Phone Sam on 0418 553 145 |
| 11am to 12pm | Latin Fitness 100% a taste of South America. Exiting and Unique Latin Dance and rhythm offered by Rosita Latina | North Hall | Phone Rosa on 0447 757 117 |
| 4.30pm to 5.30pm | Martial Arts Taekwondo offered by Edge Taekwondo | North Hall | Phone Alan 0421 566 447 |
| 6pm to 8.30pm | Weight loss meetings offered by Weight Watchers | North Hall | Phone Katie on 0401 950 716 |
| Wednesday | | | |
| 7am to 8am | Casual Pilates classes offered by Active and Healthy and A & T Pilates | South Hall | Phone Alex 0478 587 927 |
| 8.30am to 9.30am | Fifty Plus Fit, Exercise class offered by Active and Healthy and AgeilityFit | South Hall | Phone David on 0418 189 389 |
| 11am to 1.30pm | Helensvale Craft Group offered by Redcross Craft | North Hall | Phone Gisela on 5573 2819 |
| 10am to 12.30pm | Line Dancing for Seniors offered by Dance 4 Fun | South Hall | Phone Val on 0424 099 299 |
| 4pm to 5pm | Dance Classes offered by Joy Jeans School of Dance | North Hall | Phone Joy 0423 696 437 |
| 5pm to 6pm | Martial Arts Taekwondo offered by Edge Taekwondo | South Hall | Phone Alan 0421 566 447 |
| 6pm to 7pm | Martial Arts training school, self-defence, anti-bullying, character building, fitness, building fitness offered by Gold Coast Self Defence Academy | North Hall | Phone Karen on 0403 260 784 |
| 7pm to 8.30pm | Pound Fitness, fun and energising exercise class offered by Clubbercise | South Hall | Phone Joanne on 0467 664 884 |
| 7.30pm to 8.30pm | Salsa Bachata Dance Classes. Beginners and intermediate offered by Salsa Loca | North Hall | Phone Marika on 0474 229 391 |
| Thursday | | | |
| 8am to 9am | Growing Stronger for Seniors offered by Active and Healthy and AgeilityFit | South Hall | Phone David on 0418 189 389 |
| 8.30am to 1pm | Quilting and sewing offered by Sew Crazy Quilters | North Hall | Phone Ruth on 0434 675 735 |
| 10am to 11am | Strength, fitness & balance exercise class offered by I Love Me | South Hall | Phone Anna on 0413 110 870 |
| 1pm to 2pm | Multi-Sports Program for Home School Children aged 4 to 10 years offered by Ready Steady Go Kids | South Hall | Phone Kirsty on 0417 708 122 |
| 4pm to 5.30pm | Dance Classes offered by Joy Jeans School of Dance | North Hall | Phone Joy on 0423 696 437 |
| 4.30pm to 5.30pm | Recreational hip hop dance classes for all ages offered by Body Beats | South Hall | Phone Catheryne on 0401 469 650 |
| 6pm to 7pm | Yoga class offered by Laura | North Hall | Phone Laura on 0447 657 517 |
| 6pm to 8pm | Martial arts and self-defence offered by Australian Defensive Tactics | South Hall | Phone Gavin on 0423 349 742 |

| Time | Activity Description and Company | Room | Contact Details |
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| Friday | | | |
| 9.30am to 12pm | Line Dancing for Seniors Offered by Dance 4 Fun | South Hall | Phone Val on 0424 099 299 |
| 6pm to 11pm (monthly) | Scrapbooking offered by Close to my Heart | South Hall | Phone Lorraine on 0487 751 242 |
| 7pm to 9.30pm (fortnightly) | Meditation Offered Rainbow Light Spiritualist Church | South Meeting Room | Phone Jacqui on 0411 323 543 |
| Saturday | | | |
| 6.30am to 9am | Weight loss meetings offered by Weight Watchers | North Hall | Phone Katie on 0401 950 716 |
| 8.30am to 10am | Yoga offered by Jo | South Hall | Phone Jo on 0418 782 257 |
| 9.30am to 1pm | Church service offered by Seventh-Day Adventist Church | North Hall | Phone Young on 0430 041 022 |
| 10am to 11am | Kids Corner offered by Helensvale Seventh Day Adventist Church | North Meeting Room | Phone Andreas on 0412 647 793 |
| 12pm to 3.30pm (monthly) | Stamp trading group offered by Southport Afternoon Stamp Club | South Hall | Phone Bill on 0427 023 045 |
| 12.30pm to 2.30pm | Indian classical dancing offered by Eswaralaya Kalaikoodam | North Meeting Room | Phone Manga on 0433 967 489 |
| 10am to 5pm (monthly) | Scrapbooking and Card Making offered by Close to my Heart | South Hall | Phone Eve on 0410 493 219 |
| 4pm to 7pm (fortnightly) | Worship, Music, Teaching and Discussion forum Offered by Real Church | North Hall | Phone Allan On 0452 399 141 |
| Sunday | | | |
| 8am to 12pm | Church service offered by New Creation Church | North Hall | Phone Chris on 0413 940 777 |
| 10am to 12pm | Nepalese language and cultural classes offered by Nepalese Community Gold Coast | North Meeting Room | Phone Joshi on 0413 750 300 |
| 11.30am to 2.30pm | Church service Offered by Helensvale Christian Church | South Hall | Phone Danny on 0449 870 515 |
| 2pm to 5pm | Ethiopian Community Meeting, Prayer and Youth Groups offered by Ethiopian Anyuak Association QLD | North Hall | Phone Pwoch on 0401 640 793 |
| 6.30pm to 9.30pm (fortnightly) | Meditation Offered by Rainbow Light Spiritualist Church | South Hall | Phone Jacqui on 0411 323 543 |

Monthly Events

| Time | Activity Description and Company | Room | Contact Details |
|------|----------------------------------|------|-----------------|
|------|----------------------------------|------|-----------------|

There are currently no events

With over 40 community centres across the city, there are a range of centres and activities to join in or run your own. For more information on hiring a community centre, visit our website: cityofgoldcoast.com.au/communitycentres

Contact us:

P: 07 5582 9187

E: northerncommunitycentres@goldcoast.qld.gov.au

W: cityofgoldcoast.com.au/communitycentres

Address:

31 Discovery Drive, Helensvale, QLD 4212

Can't find an activity that you're looking for? Did you know there is another Community Centre within a 2 minute drive from here – visit [What's On at Helensvale Library and Cultural Centre](#).