



What's on at your local Community Centre?

Southern Gold Coast

Kirra Hill Community and Cultural Centre, Tugun Village Community Centre, Elanora Community Centre

Updated September 2020

Please contact the organisers directly to confirm class size, availability and start dates prior to attending.

Kirra Hill Community and Cultural Centre –1 Garrick Street, Coolangatta QLD 4225

Time	Activity Description and Company	Room	Contact Details
Monday			
7.30am to 8.30am	Active and Healthy - Yoga classes for all ages offered by Aloka Yoga	Great Hall	Phone Erin on 0431 054 311
9am to 2pm	Team Lemonade Members of Disability Service Provider	Great Hall	Phone Elaine on 0456 097 943
9.30am to 11.30am	University of the 3 rd Age (U3A) French Advanced	Headmasters Room	Phone Irene on 0414 662 450
10am to 1.30pm	University of the 3 rd Age (U3A) Psychology: What Makes Us Tick?	Meeting Activity Room	Phone Irene on 0414 662 450
10.30am to 12.00pm	University of the 3 rd Age (U3A) How on Earth Did We Get Here	Jan Derbidge Room	Phone Irene on 0414 662 450
1pm to 3pm	University of the 3 rd Age (U3A) Introductory French	Jan Derbidge Room	Phone Irene on 0414 662 450
2pm to 4pm (1 st and 3 rd week of the month)	University of the 3 rd Age (U3A) Stitchery and Hand Piecing	Art Activity Room	Phone Irene on 0414 662 450
3pm to 6.30pm	Energising dance studio classes for ages 3 years to adult offered by Incite Dance	Cook and Flinders Rooms	Phone Jasmine on 0403 145 041

Time	Activity Description and Company	Room	Contact Details
Monday			
5.30pm to 8.30pm (Starts 26 th Oct for 8 weeks)	Conscious Parenting Workshop	Art Activity Room	Phone Jacqui on 0404 029 899
7pm to 8.30pm (2 nd and 4 th Week of the month)	Ukulele playing offered by Coolangatta Ukulele Players	Art Activity Room	Phone Ian on 0417 719 525
Tuesday			
9am to 11am	University of the 3 rd Age (U3A) Intermediate French	Meeting Activity Room	Phone Irene on 0414 662 450
9am to 11am	University of the 3 rd Age (U3A) French Beginners	Jan Derbidge Room	Phone Irene on 0414 662 450
9.30am to 11.30am	Brahma Kumaris Meditation	Art Activity Room	Phone Rebecca on 0404 190 075
11.30am to 1.30pm	University of the 3 rd Age (U3A) French Conversation	Great Hall	Phone Irene on 0414 662 450
4pm to 6.30pm	Energising dance studio classes for 3 years to adults offered by Incite Dance	Art Activity Room	Phone Jasmine on 0403 145 041
6.30pm to 8.30pm (2 nd and 15 th October)	Women's Circle with Yoga and Meditation	Great Hall	Phone Jaymie on 0410 972 977
Wednesday			
8.30am to 10am (3 rd Wednesday of the month)	University of the 3 rd Age (U3A) You and Your Health	Meeting Activity Room	Phone Irene on 0414 662 450
9am to 2pm	Team Lemonade Members of Disability Service Provider	Great Hall	Phone Elaine on 0456 097 943
10.30am to 12.30pm	University of the 3 rd Age (U3A) Leap Into Literature	Meeting Activity Room	Phone Irene on 0414 662 450
1pm to 3pm	University of the 3 rd Age (U3A) Just Write	Meeting Activity Room	Phone Irene on 0414 662 450
1pm to 3pm	University of the 3 rd Age (U3A) French Advanced	Art Activity Room	Phone Irene on 0414 662 450
5.30pm to 7.30pm	Energising dance studio classes for 3 years to adults offered by Incite Dance	Art Activity Room	Phone Jasmine on 0403 145 041
Thursday			
7.30am to 8.30am	Active and Healthy - Yoga classes for all ages offered by Aloka Yoga	Great Hall	Phone Erin on 0431 054 311
9am to 5pm	Wise Employment - Employment services	Consulting Room A	Phone Krystal on 0400 983 986
4pm to 7pm	Energising dance studio classes from 3 years to adults – various classes offered by Incite Dance	Art Activity Room and Great Hall	Phone Jasmine on 0403 145 041
5pm to 9pm	Women's Circle Gold Coast South Red Tent	Jan Derbidge Room	Phone Jane on 0422 912 727

Time	Activity Description and Company	Room	Contact Details
Friday			
8.30am to 9.30am	Active and Healthy - Yoga for beginners offered by Aspiral Designs	Great Hall	Phone Shoshana on 0402 616 204
10am to 12pm	Seniors Tai Chi Sword	Arts Activity Room	Phone Nana on 0412 728 847
Sunday			
10am to 11.30am	Alcoholics Anonymous	Great Hall	Phone Jayne on 0404 823 735
12.30pm to 2pm (Starts 27 th Sep for 5 weeks)	Conscious Parenting Book Club Meeting	Art Activity Room	Phone Jacqui on 0404 029 899

Tugun Village Community Centre – 414 Coolangatta Road, Tugun QLD 4224

Time	Activity Description and Company	Room	Contact Details
Monday			
9am to 12pm	University of the 3 rd Age (U3A) Bowls and Table Tennis	Main Hall	Phone Irene on 0414 662 450
10.30am to 11.30am	University of the 3 rd Age (U3A) Bowls and Table Tennis	Activity Room	Phone Irene on 0414 662 450
1pm to 3pm	Senior line dancing (beginner to intermediate) offered by Gold Coast Bootscootin'	Main Hall	Phone Marie on 0412 722 540
6.30pm to 9pm	Tugun Theatre Company – closed rehearsals for upcoming production	Main Hall	
Tuesday			
10.30am to 12.30pm	University of the 3 rd Age (U3A) Choir Singing	Main Hall	Phone Irene on 0414 662 450
6pm to 7pm	Yoga offered by Tugun Yogalates	Main Hall	Phone Jane on 0412 772 286
Wednesday			
9.30am to 11am	Children's dance classes for under 3's offered by Tahnee and the Treehouse	Activity Room	Phone Tahnee on 0404 419 149
9.30am to 10.30am	Active and Healthy - Seniors Exercise classes offered by BHealthy	Main Hall	Phone Bill on 0413 708 903
11.30am to 1pm (1 st Wednesday of the month)	University of the 3 rd Age (U3A) Book Club Meeting	Activity Room	Phone Irene on 0414 662 450
1pm to 3pm	University of the 3 rd Age (U3A) Table Tennis	Main Hall	Phone Irene on 0414 662 450
4pm to 5.30pm	Active and Healthy - Yoga offered by Yoga with Heart	Main Hall	Phone Maryke on 0404 895 985
6pm to 9pm (starts 23 September)	Border Rockers – Various dancing groups and classes for all ages	Main Hall	Phone Trevor on 0428 552 550

Time	Activity Description and Company	Room	Contact Details
Thursday			
10am to 12pm	Zumba Gold, low impact dance fitness for all ages and all abilities offered by Zumba with Sharon	Main Hall	Phone Sharon on 0405 534 842
11.30am to 1pm	University of the 3 rd Age (U3A) Current Affairs Discussions	Activity Room	Phone Irene on 0414 662 450
6.30pm to 9pm	Tugun Theatre Company – closed rehearsals for upcoming production	Main Hall	Tugun Theatre Company – closed rehearsals for upcoming production
Friday			
9.30am to 10.30am	Active style Yoga, incorporating traditional static yoga postures with free flowing active yoga movements offered by Yoga with Lori	Main Hall	Phone Lori on 0408 368 927
3.30pm to 11pm (10 October)	Conscious Clubbing	Main Hall	Phone Mark on 0452 649 028
6pm to 7pm (1 st Friday of the Month)	Active and Healthy - Laughing Yoga	Main Hall	Phone Shoshana on 0402 616 204
Saturday			
8am to 10.30am	Soccer skills for children 18 months to 7 years in a pressure free environment offered by Little Kickers Gold Coast	Main Hall	Phone Scott on 0413 477 443
Sunday			
9.30am to 12.30pm (4 October)	Circle for Spiritual Aid to Life Bruno Groening based meetings	Main Hall	Phone Dorothy on 0406 898 484

Elanora Community Centre – 26 Galleon Way, Elanora QLD 4221

Time	Activity Description and Company	Room	Contact Details
Monday			
9.30am to 10.30am	Active and Healthy - Yoga for Beginners. Classes combine gentle stretching, training, long holds and slower paced - offered by Aspiral Designs	Main Hall	Phone Shoshana on 0402 616 204
Tuesday			
8.30am to 10am	Zumba Gold for active older adults and people with injuries offered by Zumba with Kerrie	Main Hall	Phone Kerrie on 0434 393 459
5.30pm to 7.30pm	Tae Kwon Do offered by Australian Defensive Tactics	Main Hall	Phone Gavin on 0423 349 742
Wednesday			
7am to 8am	Strength and conditioning for seniors offered by BHealthy Fitness	Main Hall	Phone Bill on 0413 708 903
8.30am to 10.30am	Weight Watchers meetings offered by Weight Watchers	Main Hall	Phone Katie on 0401 950 716
Various times (bookings required)	Helping you upskill, gain confidence and secure employed offered by Family Services Australia	Meeting Room 1	Phone Sharlene on 0410 291 383
11am to 12pm	Experienced senior fitness trainers will help improve balance, mobility and strength, offered by I Love Me	Main Hall	Phone Anna on 0413 110 870
7pm to 9pm (fortnightly)	Empowering members to develop their public speaking and leadership skills offered by Toastmasters	Main Hall	Phone Carolyn on 0439 408 085
Thursday			
9am to 12.30pm	Fairy-tale themed Pre School Ballet Classes for ages 18 Months - 5 Years offered by Bouncy Ballerinas	Main Hall	Phone Rachel on 0406 675 344
3.30pm to 5.30pm	Dance classes offered by Tahnee and the Treehouse	Main Hall	Phone Tahnee on 0404 419 149
6.30pm to 8.30pm (monthly)	Jam session for acoustic instruments offered by Coast Acoustics Music Association Inc	Main Hall	Phone Chris on 0412 777 236
Friday			
7.30am to 8.30am	Strength and conditioning for seniors offered by BHealthy Fitness	Main Hall	Phone Bill on 0413 708 903
9am to 10.30am	Zumba Gold for active older adults and people with injuries offered by Zumba with Kerrie	Main Hall	Phone Kerrie on 0434 393 459
Sunday			
8am to 12pm	Harvest Faith Church	Main Hall	Phone Janine on 0410 291 383

Monthly and Special Events

Time	Company and Activity Description	Centre and Room	Contact Details
10 October 3.30pm to 11pm	<i>Conscious Clubbing</i> – a movement to bring people together for epic, transformational conscious dance parties that don't revolve around drinking and drugs	Tugun Community Centre Main Hall	Mark Pringle mark.p1776@gmail.com

Kirra Hill Art Gallery Exhibitions

Date	Exhibition	Contact Details
31 August to 28 September 2020	JP Washi Resin Art	Mike Johnson 0402 949 338 @jpwashiresinart

With over 40 community centres across the city, there are a range of centres and activities to join in or run your own. For more information on hiring a community centre, visit our website: cityofgoldcoast.com.au/communitycentres

Contact us:

P: 07 5581 1965

E: kirrahill@goldcoast.qld.gov.au

W: cityofgoldcoast.com.au/communitycentres