



What's on at your local Community Centre? Far Northern Gold Coast

Upper Coomera Community Centre / Coomera Space Community Centre

Updated 15 September 2020

Please contact the organisers directly to confirm class size, availability and start dates prior to attending.

Upper Coomera Community Centre – 90 Reserve Road, Upper Coomera (parking and entry off Abraham Road)			
Time	Activity Description and Company	Room	Contact Details
Monday			
9.30am to 10.30am	Senior exercise class offered by General Wellness Centre	Hall 1	Phone Laura on 5630 4466
9.30am to 10.30am	Dance fitness classes for all ages offered by Jo	Hall 2	Phone Jo on 0407 295 595
3.30pm to 6.30pm	Intro to Dance 5 - 6 years / Performers Class 7 - 9 years offered by Tahnee & the Treehouse	Hall 2	Phone Tahnee on 0404 419 149
6.30pm to 7.30pm	Zumba fitness class offered by Zumba with Melinda	Hall 1	Phone Mel on 0421 978 155
Tuesday			
9.00am to 10.30am	Children's soccer gross motor program for 18 months to 2.5 years offered by Little Kickers Gold Coast	Hall 1	Phone Scott on 5554 8900
9.30am to 12.00pm	Dance Classes for children offered by Tahnee & the Treehouse	Hall 2	Phone Tahnee on 0404 419 149
9.30am to 3.30pm	Cake decoration demonstrating & meeting offered by Sugar Art Creations	Meeting Room 2	Phone Helen on 0406 110 803
2.30pm to 5.00pm	Youth program offered by Upper Coomera Youth	Youth Space	Phone Tina on 0408 734 061

Time	Activity Description and Company	Room	Contact Details
Tuesday			
3.30pm to 6.30pm	Dance classes - Junior & Pre-teen Performers/ Acro offered by Tahnee & the Treehouse	Hall 2	Phone Tahnee on 0404 419 149
6.00pm to 7.00pm	Self Defence Classes offered by World Shimjang Tae Kwon Do	Hall 1	Phone Danielle on 0407 244 734
7.30pm to 9.00pm	Traditional Chinese Martial Arts- Kung Fu class for teenagers and adults offered by Fitlife Health	Hall 2	Phone Marc on 0416 229 894
Wednesday			
8.30am to 9.30am	Active & Healthy MatureFit Senior fitness class offered by AgeilityFit	Hall 1	Phone David on 0418 189 389
2.30pm to 5.00pm	After School Youth Program offered by Upper Coomera Youth	Youth Space	Phone Tina on 0408 734 061
3.30pm to 5.30pm	Children's Dance and Ballet classes offered by Tahnee & the Treehouse	Hall 1 and 2	Phone Tahnee on 0404 419 149
5.30pm to 6.30pm	Weight Watchers Wellness Workshop	Hall 2	Phone Katie on 0401 950 716
7.30pm to 8.30pm	World of Dance U-JAM Fitness offered by Lui	Hall 1	Phone Lui on 0406 427 265
Thursday			
9.00am to 12.30pm	Multi-sports program for children offered by Ready Steady Go Kids	Hall 1	Phone Kirsty on 0417 708 122
9.00am to 10.00am	Senior exercise class offered by General Wellness Centre	Hall 1	Phone Laura on 5630 4466
2.30pm to 5pm	After School Youth Program offered by Upper Coomera Youth	Youth Space	Phone Tina on 0408 734 061
3.30pm to 6.30pm	Children's Dance Classes offered by Tahnee & the Treehouse	Hall 2	Phone Tahnee on 0404 419 149
Friday			
9.30am to 12pm	Children's Dance Classes- Intro to Dance offered by Tahnee & the Treehouse	Hall 2	Phone Tahnee on 0404 419 149
10.30am to 11.30am	Children's Dance Classes- Intro to Dance offered by Tahnee & the Treehouse	Hall 1	Phone Tahnee on 0404 419 149
12.00pm to 1.00pm	Zumba Gold Low impact dance fitness offered by Selina	Hall 1	Phone Selina on 0404 531 533
3.30pm to 6.00pm	Dance Classes - Teen performers offered by Tahnee & the Treehouse	Hall 2	Phone Tahnee on 0404 419 149
Saturday			
8.00am to 9.00am	Zumba Fitness Class offered by Mel	Hall 1	Phone Melinda on 0421 978 155 OR 0407 225 828
8.30am to 11.00am	Children's Dance Classes- Intro to dance offered by Tahnee & the Treehouse	Hall 2	Phone Tahnee on 0404 419 149
9.30am to 10.30am	Children's dance classes- Boys Hip Hop offered by Tahnee & the Treehouse	Hall 1	Phone Tahnee on 0404 419 149
Sunday			
7.00am to 11.00am	Religious service offered by Momentum Church	Hall 2	Phone Pastor Harry on 0431 301 165

Coomera Community Space – 133 Finnegan Way, Coomera
(located within the Red Edge Convenience Centre)

Time	Activity Description and Company	Room	Contact Details
Monday			
9.30am to 3.30pm	Life skills program to disabled and vision impaired individuals offered by Multicultural Families Organisation	Hall	Phone Cassie on 0416 864 739
6.30pm to 7.30pm	Zumba offered by Jo Mellare Zumba	Hall	Phone Jo on 0407 295 595
Tuesday			
8.00am to 2.30pm	Baby Sensory classes for newborns to 13 month olds offered by Baby Sensory Northern Gold Coast	Hall	Phone Tania on 0405 774 912
6.30pm to 7.30pm	Easy-to-follow, high intensity fusion of Boxing, Cardio, Dance and Sculpting set to the hottest beats from all decades offered by Jungle Fit with Renee	Hall	Phone Renee on 0403 473 563
Wednesday			
8.30am to 12pm	Preschool ballet classes offered by Bouncy Ballerinas	Hall	Phone Rachel on 0406 675 344
4pm to 6pm	Drama Classes for Grades 1 to 6 offered by ZigZag Theatre	Hall	Phone Errenn on 0477 843 134
Thursday			
9.30am to 10.30am	Easy to follow dance fitness classes for all ages offered by Jo Mellare Zumba	Hall	Phone Jo on 0407 295 595
6.00pm to 7pm	Acrobatics & Junior Hip Hop classes offered by Danceology	Hall	Phone Belinda on 0413 375 503
Friday			
6.00pm to 7.00pm	Burlesque Dance Fitness Class offered by Mandy	Hall	Phone Mandy on 0408 287 553
Saturday			
9.30am to 10.30am	Children's Ballet Classes ages 1.5 years to 7 years offered by Butterfly Ballet	Hall	Phone Elanor & Matt on 0490 766 193

Upcoming Events

Date	Event	Centre	Contact
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There are currently no upcoming events

With over 40 community centres across the city, there are a range of centres and activities to join in or run your own. For more information on hiring a community centre visit our website: cityofgoldcoast.com.au/communitycentres

Contact us:

P: 07 5582 9327

E: uppercoomeracentre@goldcoast.qld.gov.au

W: cityofgoldcoast.com.au/communitycentres