

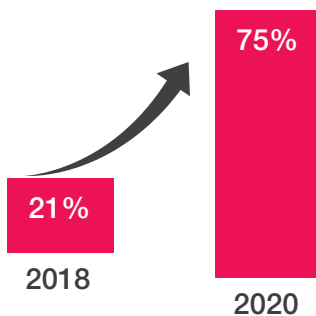
# Active school travel CASE STUDY

## Caningeraba State School

Caningeraba State School enrolled in the Active School Travel (AST) program in 2019 with a commitment to making a significant, long-term cultural and behavioural change in regards to active travel within the school community. Their goal is to have 70 per cent of students actively travelling to school four days per week by Semester 1, 2021 and five days per week by Semester 2, 2021.

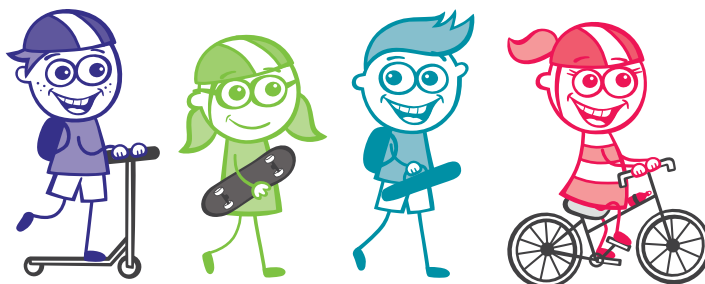
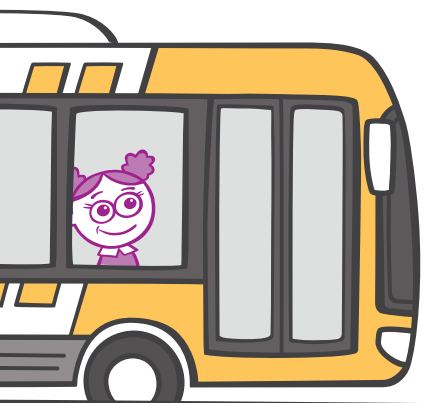
The school is well on its way to achieving its goals, thanks to a dedicated and energised AST committee. This includes the total commitment of the principal and leadership team and strong partnerships with families and the community.

### Students participating in active travel



*"The number of students actively travelling to school has increased by 54 per cent in just two years."*

MRS SIANY DALEY, ASSOCIATE PRINCIPAL



### Tools of success

AST initiatives undertaken by the school to promote and maintain program momentum include:

1. AST energy and hype is created throughout the school at weekly assemblies by:
  - role plays by Student Councillors, created by the AST champion
  - 30 second songs and dances by AST committee members, Student Councillors and a variety of classes across the school.
2. Posters are displayed in classrooms and A-Frames are positioned around the school to promote active focused travel modes.
3. For families, newsletters are published and emailed by class teachers to all parents and messages are placed on the school's electronic signboard.
4. Teacher aides are placed on duty at 'Kiss and Go' zones, ensuring that visitor cards are always displayed, and the two minute restriction is enforced.
5. Bag tags and other AST incentive items are distributed to active school travellers.
6. On the last Friday of each term, the whole school celebrate with popcorn, to watch Zero the Hero present AST certificates to the students.
7. The Cycle Sense bike education program was conducted with over 300 students and over 100 parents.
8. Police engaged with students about road safety and support around school roads.