

Active school travel CASE STUDY

Mudgeeraba Principal and 'Gold Coast AST veteran', Hine Luis

Mrs Luis has worked at three Gold Coast Schools during their Active School Travel (AST) program implementation: Norfolk Village State School, Upper Coomera State College and currently, Mudgeeraba State School.

Norfolk Village State school, in just two years of participating in the Active School Travel program, saw the number of students actively travelling to and from school increase by 12 per cent.

Upper Coomera State College's AST team invested time and energy into the promotion of its program, including the production of a video that won the inter-schools AST video competition in 2019.

Mudgeeraba State school's program kicks off in 2021 and the school is hosting some exciting initiatives in anticipation of the launch.



"Norfolk Village State School was a new, large school in the northern part of the Gold Coast when I worked there. AST provided the perfect avenue to engage parents and the community about being active and making a difference to road safety and the environment.

I was the junior school principal at Upper Coomera State College when we launched the program in 2019. It was a big success at the College and instrumental in getting parents and community into the school, actively travelling and more proactive around road safety. AST initiatives were led by different staff members. Office staff were involved by riding bikes to school with students. Teacher aides were part of the committee but also helped to cook BBQs and as part of our Walking School Bus. College leaders and other staff were actively involved in the Fun Fit Fridays by taking the opportunity to connect with students and their families. Cr Donna Gates was a strong supporter of the College and the program and was present at various events.

The College won the AST movie prize in 2019 which was a great accolade for all involved.

I am now the principal of Mudgeeraba. The school wanted to relaunch their AST program in 2020 but due to COVID it now commences in 2021. In preparation of the launch, the school implemented Walking Wheeling Wednesday which has had great interest from students and families. We provide two locations where students can safely either walk, bike, skate or scoot to school with teachers and parents. I would highly recommend the Active School Travel program, I have only seen benefits for the students, staff and general community.

The City of Gold Coast have provided wonderful support and resources over the years, including a \$20,000 grant to update our bike and scooter enclosure."

MRS HINE LUIS, MUDGEERABA STATE
SCHOOL PRINCIPAL

