



# for a Natural Adventure on the Gold Coast

- 1 Gold Coast Regional Botanic Gardens, 230 Ashmore Road, Benowa**  
Explore the natural diversity of the Gold Coast in one place – touch plants in the Sensory Garden, hide amongst the giant bamboo, discover some bush tucker, and spot birds and turtles from the boardwalks.
- 2 Coombabah Lakelands Conservation Area, Rain Tree Glenn, Coombabah**  
Go for a bushwalk or a bike ride and discover the natural playground that awaits. Visit the paperbark forest, look for koalas high up in the tree tops and watch the kangaroos bouncing by.
- 3 Beree-Badalla Reserve, Throwers Drive, Palm Beach**  
Walk above water and through the mangroves. This boardwalk is a great place to spy sea birds, fish and even stingrays resting on the estuary floor.
- 4 Tallebudgera Creek Bend Reserve, Syndicate Road, Tallebudgera Valley**  
Escape to the hinterland with a picnic overlooking Tallebudgera Creek, with large shady trees and a rocky creek, it's perfect for little explorers!
- 5 Tchoobey Reserve, Loman Lane, Tallebudgera**  
Launch a kayak and discover the natural beauty of Tallebudgera Creek. With a backdrop of mangroves and the mountains, it's an awesome spot for a paddle.
- 6 Miami Bushland Reserve, Anthony Drive, Miami**  
This little park is full of wildlife, the treetops is where you will see hollows filled with Rainbow Lorikeets and the forest floor covered in gumnuts.
- 7 Apple Tree Park, Springbrook Road, Springbrook**  
A quiet, sheltered, green park awaits! Most days, birds such as kookaburras can be found within metres, resting on the arms of the trees. Just stop and listen to the wildlife and the leaves flapping in the breeze.
- 8 Federation Walk, Seaworld Drive, Main Beach**  
Get your feet sandy and breathe in the salty air. Walk or ride the trails and discover more about the plants and animals that call this seaside haven home.
- 9 Hinterland Regional Park, Hardy's Road, Mudgeeraba**  
If you're after a country feel with plenty of space to roam the trails and open space, this is it!
- 10 Syd Duncan Park, Outlook Avenue, Lower Beechmont**  
A community nature play playground with tunnels, dry creek beds, native gardens and even a vegetable patch