



What's on at your local Community Centre?

Kirra Hill Community and Cultural Centre, Tugun Village Community Centre



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Updated September 2022

Please contact the organisers directly to confirm class size, availability and start dates prior to attending.

Kirra Hill Community and Cultural Centre – 1 Garrick Street, Coolangatta

Time	Activity Description and Company	Room	Contact Details
Monday			
7.30am to 8.30am	Active and Healthy – Aloka Yoga Yoga Classes for All Ages	Great Hall	Phone Maria on 0414 810 663
8.30am to 4pm	Lismore District Financial Counselling Services Financial and Gambling Support	Consultation Room B	Phone Simone on 0402 889 663
9am to 11am	University of the 3 rd Age (U3A) French Advanced	Cook Room	Phone U3A Office on 5534 7333
9am to 11am	University of the 3 rd Age (U3A) Spanish	Jan Derbidge Room	Phone U3A Office on 5534 7333
10.30am to 12.00pm (2 nd and 4 th Monday of the month)	University of the 3 rd Age (U3A) Psychology Discussion Group	Meeting Activity Room	Phone U3A Office on 5534 7333
11am – 12pm	Dancersice for Seniors Easy, solo dance for exercise and enjoyment for men and women 60+	Art Activity Room	Phone Peter on 0413 125 640
1pm to 3pm	University of the 3 rd Age (U3A) French 2	Jan Derbidge Room	Phone U3A Office on 5534 7333
6pm to 8pm (2 nd and 4 th Monday of the month)	Coolangatta Ukulele Players	Art Activity Room	Phone Thea on 0402 549 974

Time	Activity Description and Company	Room	Contact Details
Tuesday			
8.30am to 4pm	Lismore District Financial Counselling Services Financial and Gambling Support	Consultation Room B Consultation Room C	Phone Simone on 0402 889 663
9am to 11am	University of the 3 rd Age (U3A) French 3	Jan Derbidge Room	Phone U3A Office on 5534 7333
9.30am to 11.30am	University of the 3 rd Age (U3A) Calligraphy	Headmasters Room	Phone U3A Office on 5534 7333
11.30am to 1pm	University of the 3 rd Age (U3A) Spanish Beginner	Cook Room	Phone U3A Office on 5534 7333
11.30am to 1.30pm	University of the 3 rd Age (U3A) Beginners French	Jan Derbidge Room	Phone U3A Office on 5534 7333
11.30am to 1pm	Brahma Kumaris Meditation Positive Living, Self-empowerment, and Meditation Classes for Women	Meeting Activity Room	Phone Rebecca on 0404 190 075
2.30pm to 4pm	University of the 3 rd Age (U3A) Guitar Lessons	Cook Room	Phone U3A Office on 5534 7333
3.30pm to 6pm	Mindfulness training for Children	Meeting Activity Room	Phone Kasey on 0402 437 922
5pm to 7pm	Xango Capoeira School Brazilian Capoeira Classes	Art Activity Room	Phone Luiz on 0417 613 787
7pm to 8pm	Northern Rivers Gold Coast Vipassana Meditation for Vipassana Students	Meeting Activity Room	Phones Toni on 0405 051 347
Wednesday			
6.30am to 8am	Kundalini Yoga & Meditation	Art Activity Room	Phone Tasha on 0410 512 620
8.30am to 4pm	Lismore District Financial Counselling Services Financial and Gambling Support	Consultation Room B	Phone Simone on 0402 889 663
9am to 10.30am	University of the 3 rd Age (U3A) Italian Beginners	Jan Derbidge Room	Phone U3A Office on 5534 7333
10.30am to 12pm (1 st & 3 rd Wednesday of the month)	University of the 3 rd Age (U3A) Book Club	Meeting Activity Room	Phone U3A Office on 5534 7333
10.30am to 12pm (2 nd Wednesday of the month)	University of the 3 rd Age (U3A) You and Your Health	Meeting Activity Room	Phone U3A Office on 5534 7333
11am to 12.30pm (specific dates)	University of the 3 rd Age (U3A) Not so Historical women	Jan Derbidge Room	Phone U3A Office on 5534 7333
11am to 12.30pm	University of the 3 rd Age (U3A) Current Affairs Discussion Group	Community Lounge	Phone U3A Office on 5534 7333
1pm to 3pm	University of the 3 rd Age (U3A) French Advanced	Jan Derbidge Room	Phone U3A Office on 5534 7333
5.30pm to 7.30pm (1 st Wednesday of the month)	Women's Wellness Circle Offer by Be the Impossible	Community Lounge	Phone Caroline on 0466 372 211
7pm to 8pm	Subud Northern NSW Latihan Meditation	Cook & Meeting Activity Rooms	Phone Stuart on 0431 292 637

Time	Activity Description and Company	Room	Contact Details
Thursday			
7.30am to 8.30am	Active and Healthy – Aloka Yoga Yoga Classes for All Ages	Great Hall	Phone Maria on 0414 810 663
8.30am to 11.30am (Starting 05 Sept)	Be Wild Sensory Play Nature Based Messy and Sensory Play for Children Aged 6 months to 5 years	External Arts Space	Phones Grace on 0420 646 606
9am to 4pm	Wise Employment Employment services	Consultation Room A	Phone Krystal on 0400 983 986
10am to 1pm	Counselling Victim Services & Mental Health	Consultation Room C	Phone Joanna on 0422 453 935
10am to 11.30pm	University of the 3 rd Age (U3A) Italian Advanced	Meeting Activity Room	Phone U3A Office on 5534 7333
3.30pm to 4.30pm 4.30pm to 5.30pm	Sumire Education Japanese Language Classes for Children	Jan Derbidge Room	Phone Mika on 0416 150 510
6pm to 7pm	Xango Capoeira School Brazilian Capoeira Classes	Art Activity Room	Phone Luiz on 0417 613 787
Friday			
8.30am to 9.30am	Active and Healthy – Yoga with Heart Yoga for Beginners	Great Hall	Phone Maryke on 0404 895 985
9am to 5pm	Wise Employment Employment services	Consulting Room A	Phone Krystal on 0400 983 986
9am to 10.30am	Kundalini Yoga & Meditation	Art Activity Room	Phone Tasha on 0410 512 620
10am to 2pm	Counselling Victim Services & Mental Health	Consultation Room C	Phone Joanna on 0422 453 935
10.30am to 11.30am	Active and Healthy – Groovy Spirits Kids fun filled dance classes to introduce rhythm, movement, song and creativity. Ages 2 to 5 years.	External Arts Space	Phone Ebony on 0430 304 083
Sunday			
10am to 11.30am	Alcoholics Anonymous	Art Activity Room	Phone Helen on 0417 172 263

Tugun Village Community Centre – 414 Coolangatta Road, Tugun

Time	Activity Description and Company	Room	Contact Details
Monday			
9am to 11.30am	University of the 3 rd Age (U3A) Table Tennis	Main Hall	Phone U3A Office on 5534 7333
9am to 11.30am	University of the 3 rd Age (U3A) Indoor Bowls	Activity Room	Phone U3A Office on 5534 7333
1pm to 3pm	Gold Coast Bootscootin' Senior Line Dancing - Beginner to Intermediate	Main Hall	Phone Marie on 0412 722 540
6pm to 7pm 7pm to 8pm	Cara Ellul Heels Dance Classes	Activity Room	Phone Cara on 0499 513 508
6.30pm to 9.30pm	Tugun Theatre Company	Main Hall	Phone Gay on 0414 439 129
Tuesday			
8.30am to 9.30am	Zumba with Sharon Zumba Gold Classes for All Ages and Abilities	Main Hall	Phone Sharon on 0405 534 842
9.30am to 10am 3.30pm to 5.30pm	LRM Dance Dance Classes for Varying Ages and Styles	Activity Room	Phone Lucy on 0419 155 006
11am to 1pm	Gold Coast Bootscootin' Senior Line Dancing - Beginner to Intermediate	Main Hall	Phone Marie on 0412 722 540
6pm to 7pm	Tugun Yopalates Yoga Class	Main Hall	Phone Jane on 0412 772 286
Wednesday			
9.30am to 10.15am 10.15am to 11am	Tahnee and the Treehouse Children's Dance Classes Under 3 years 3 to 5 years	Activity Room	Phone Tahnee on 0404 419 149
9.30am to 10.30am	Active and Healthy - BHealthy Seniors Exercise Classes	Main Hall	Phone Bill on 0413 708 903
2.30pm to 4pm	University of the 3 rd Age (U3A) Recorder Lessons	Activity Room	Phone U3A Office on 5534 7333
4.30pm to 5.30pm	Active and Healthy Yoga with Heart	Main Hall	Phone Maryke on 0404 895 985
6pm to 9pm	Tribeoneheartbeat Yoga, Cacao Ceremony, Dance & Sound Healing events	Main Hall	Phone Paras on 0420 447 768
6pm to 7pm 7pm to 8pm	Cara Ellul Heels Dance Classes	Activity Room	Phone Cara on 0499 513 508
Thursday			
10.30am to 11.30pm	Zumba with Sharon Zumba Gold Classes All Ages and Abilities	Main Hall	Phone Sharon on 0405 534 842
1pm to 3pm	University of the 3 rd Age (U3A) Table Tennis	Main Hall	Phone U3A Office on 5534 7333
6.30pm to 9.30pm	Tugun Theatre Company	Main Hall	Phone Gay on 0414 439 129

Time	Activity Description and Company	Room	Contact Details
Friday			
9.30am to 10.30am	BHealthy Fitness Strength and Conditioning for Seniors	Main Hall	Phone Bill on 0413 708 903
10am to 12pm (2 nd Friday of the Month)	University of the 3 rd Age (U3A) History Discussion Group	Activity Room	Phone U3A Office on 5534 7333
11am to 2pm (Last Friday of the Month)	Prestige Employment Solutions Employment Services for People with a Disability	Activity Room	Phone Sandy on 0432 849 282
Saturday			
8am to 9am	KNOB Adult Fitness Barre & Pilates	Activity Room	Phone Kelii on 0402 247 295
9am to 10am	Dance Based Workout		
8am to 8.45am	Little Kickers Gold Coast Soccer Skills for Children 18 months to 2.5 years	Main Hall	Phone Michael on 0422 424 766
8.50am to 9.35am	2.5 to 3.5 years		
9.40am to 10.25am	3.5 to 5 years		
Sunday			
1pm to 5pm	I.A.M Religious Services Music, Prayer and Sermon	Main Hall	Phone Naomi on 0422 728 280

Upcoming Events

Date	Organiser	Community Centre	Contact
10 & 11 Sep	Conscious Soul & Dance / Prana	Tugun Community Centre	Phone Jay on
5 Nov	Alchemical / Tribal Moon Cacao	Main Hall	0417 504 476
3 Dec			Jayhoad.com
17 Sep	Sip & Dance	Tugun Community Centre	Phone Christie-Lee on
1 Oct	Social & Fun Dance Class	Main Hall	0431 631 060
18 Sep	An Afternoon on the Lawn with Shelley Craft Annual Fundraising for Heal.ed Tribe with great live music, amazing food, gelato and lawn games	Kirra Hill Community Centre The Lawn	Phone Megan on 0413 904 309
23/29/30 Sep	Love of Cooking	Kirra Hill Community Centre	Phone Tine on
1 Oct	Fun & Interactive Cooking Classes for Children	Community Lounge	0410 246 241
1 Oct	Coolangatta-Tweed Urban Farm Community Screening of Documentary	Kirra Hill Community Centre Great Hall	Phone Mel on 0434 714 701
14 Oct	Sound Healing for Anxiety and Stress Relief	Tugun Community Centre Main Hall	Phone Tom on 0414 733 819

With over 40 community centres across the city, there are a range of centres and activities to join in or run your own. For more information on hiring a community centre, visit our website: cityofgoldcoast.com.au/communitycentres

Contact us:

P: 07 5581 1964

E: kirrahill@goldcoast.qld.gov.au

W: cityofgoldcoast.com.au/communitycentres