



# What's on at your local Community Centre?

## Kirra Hill Community and Cultural Centre, Tugun Village Community Centre



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Updated November 2022

Please contact the organisers directly to confirm class size, availability and start dates prior to attending.

### Kirra Hill Community and Cultural Centre – 1 Garrick Street, Coolangatta

Time	Activity Description and Company	Room	Contact Details
<b>Monday</b>			
7.30am to 8.30am	Active and Healthy – Aloka Yoga Yoga Classes for All Ages	Great Hall	Phone Maria on 0414 810 663
9am to 3pm	Good Shepherd Australia New Zealand – Financial Counselling	Consultation Room C	Phone 1300 006 616
9am to 11am	University of the 3 <sup>rd</sup> Age (U3A) French Advanced	Cook Room	Phone U3A Office on 5534 7333
9am to 11am	University of the 3 <sup>rd</sup> Age (U3A) Spanish	Jan Derbidge Room	Phone U3A Office on 5534 7333
9.30am to 10.30am	Be Wild Sensory Play Nature Based Messy and Sensory Play for Children-6 months to 5 years	External Arts Space	Phones Grace on 0420 646 606 <a href="http://www.beewildsensory.com.au">www.beewildsensory.com.au</a>
10.30am to 12.00pm (2 <sup>nd</sup> and 4 <sup>th</sup> Monday of the month)	University of the 3 <sup>rd</sup> Age (U3A) Psychology Discussion Group	Meeting Activity Room	Phone U3A Office on 5534 7333
11am – 12pm	Dancersice for Seniors Easy, solo dance for exercise and enjoyment for men and women 60+	Art Activity Room	Phone Peter on 0413 125 640
1pm to 3pm	University of the 3 <sup>rd</sup> Age (U3A) French 2	Jan Derbidge Room	Phone U3A Office on 5534 7333
6pm to 8pm (2 <sup>nd</sup> and 4 <sup>th</sup> Monday of month)	Coolangatta Ukulele Players	Art Activity Room	Phone Thea on 0402 549 974

Time	Activity Description and Company	Room	Contact Details
<b>Tuesday</b>			
9am to 11am	University of the 3 <sup>rd</sup> Age (U3A) French 3	Jan Derbidge Room	Phone U3A Office on 5534 7333
9.30am to 11.30am	University of the 3 <sup>rd</sup> Age (U3A) Calligraphy	Headmasters Room	Phone U3A Office on 5534 7333
11.30am to 1pm	University of the 3 <sup>rd</sup> Age (U3A) Spanish Beginner	Cook Room	Phone U3A Office on 5534 7333
11.30am to 1.30pm	University of the 3 <sup>rd</sup> Age (U3A) Beginners French	Jan Derbidge Room	Phone U3A Office on 5534 7333
11.30am to 1pm	Brahma Kumaris Meditation Positive Living, Self-empowerment, and Meditation Classes for Women	Meeting Activity Room	Phone Rebecca on 0404 190 075
2.30pm to 4pm	University of the 3 <sup>rd</sup> Age (U3A) Guitar Lessons	Cook Room	Phone U3A Office on 5534 7333
5pm to 7pm	Xango Capoeira School Brazilian Capoeira Classes	Art Activity Room	Phone Luiz on 0417 613 787
7pm to 8pm	Northern Rivers Gold Coast Vipassana Meditation for Vipassana Students	Meeting Activity Room	Phones Toni on 0405 051 347
<b>Wednesday</b>			
6.30am to 8am	Kundalini Yoga & Meditation	Art Activity Room	Phone Tasha on 0410 512 620
9am to 10.30am	University of the 3 <sup>rd</sup> Age (U3A) Italian Beginners	Jan Derbidge Room	Phone U3A Office on 5534 7333
10.30am to 12pm (1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday of the month)	University of the 3 <sup>rd</sup> Age (U3A) Book Club	Meeting Activity Room	Phone U3A Office on 5534 7333
10.30am to 12pm (2 <sup>nd</sup> Wednesday of the month)	University of the 3 <sup>rd</sup> Age (U3A) You and Your Health	Meeting Activity Room	Phone U3A Office on 5534 7333
11am to 12.30pm (specific dates)	University of the 3 <sup>rd</sup> Age (U3A) Not so Historical women	Jan Derbidge Room	Phone U3A Office on 5534 7333
11am to 12.30pm	University of the 3 <sup>rd</sup> Age (U3A) Current Affairs Discussion Group	Community Lounge	Phone U3A Office on 5534 7333
1pm to 3pm	University of the 3 <sup>rd</sup> Age (U3A) French Advanced	Jan Derbidge Room	Phone U3A Office on 5534 7333
5.30pm to 7.30pm (1 <sup>st</sup> Wednesday of the month)	Be The Impossible Women's Wellness Circle	Community Lounge	Phone Caroline on 0466 372 211
7pm to 8pm	Subud Northern NSW Latihan Meditation	Cook & Meeting Activity Rooms	Phone Stuart on 0431 292 637
<b>Thursday</b>			
7.30am to 8.30am	Active and Healthy – Aloka Yoga Yoga Classes for All Ages	Great Hall	Phone Maria on 0414 810 663
9am to 4pm	Wise Employment Employment services	Consultation Room A	Phone Krystal on 0400 983 986
10am to 1pm	Counselling Victim Services & Mental Health	Consultation Room C	Phone Joanna on 0422 453 935

Time	Activity Description and Company	Room	Contact Details
<b>Thursday Continued</b>			
10am to 11.30pm	University of the 3 <sup>rd</sup> Age (U3A) Italian Advanced	Meeting Activity Room	Phone U3A Office on 5534 7333
3.30pm to 4.30pm	Sumire Education	Jan Derbidge Room	Phone Mika on 0416 150 510
4.30pm to 5.30pm	Japanese Language Classes for Children		
6pm to 7pm	Xango Capoeira School Brazilian Capoeira Classes	Art Activity Room	Phone Luiz on 0417 613 787
<b>Friday</b>			
8.30am to 9.30am	Active and Healthy – Yoga with Heart Yoga for Beginners	Great Hall	Phone Maryke on 0404 895 985
9am to 5pm	Wise Employment Employment services	Consulting Room A	Phone Krystal on 0400 983 986
9am to 10.30am	Kundalini Yoga & Meditation	Art Activity Room	Phone Tasha on 0410 512 620
10am to 2pm	Counselling Victim Services & Mental Health	Consultation Room C	Phone Joanna on 0422 453 935
10.30am to 11.30am	Active and Healthy – Groovy Spirits Kids fun filled dance classes to introduce rhythm, movement, song and creativity. Ages 2 to 5 years.	External Arts Space	Phone Ebony on 0430 304 083
11am – 12pm	Dancersice for Seniors Easy, solo dance for exercise and enjoyment for men and women 60+	Art Activity Room	Phone Peter on 0413 125 640
<b>Sunday</b>			
10am to 11.30am	Alcoholics Anonymous	Art Activity Room	Phone Helen on 0417 172 263

## Tugun Village Community Centre – 414 Coolangatta Road, Tugun

Time	Activity Description and Company	Room	Contact Details
<b>Monday</b>			
9am to 11.30am	University of the 3 <sup>rd</sup> Age (U3A) Table Tennis	Main Hall	Phone U3A Office on 5534 7333
9am to 11.30am	University of the 3 <sup>rd</sup> Age (U3A) Indoor Bowls	Activity Room	Phone U3A Office on 5534 7333
1pm to 3pm	Gold Coast Bootscootin' Senior Line Dancing - Beginner to Intermediate	Main Hall	Phone Marie on 0412 722 540
6pm to 7pm	Cara Ellul	Activity Room	Phone Cara on 0499 513 508
7pm to 8pm	Heels Dance Classes		
6.30pm to 9.30pm	Tugun Theatre Company	Main Hall	Phone Gay on 0414 439 129
<b>Tuesday</b>			
8.30am to 9.30am	Zumba with Sharon Zumba Gold Classes for All Ages and Abilities	Main Hall	Phone Sharon on 0405 534 842

Time	Activity Description and Company	Room	Contact Details
<b>Tuesday Continued</b>			
9.30am to 10am	LRM Dance	Activity Room	Phone Lucy on
3.30pm to 5.30pm	Dance Classes for Varying Ages Styles		0419 155 006
10.15am to 12.15pm	Gold Coast Bootscootin' Senior Line Dancing - Beginner to Intermediate	Main Hall	Phone Marie on 0412 722 540
6pm to 7pm	Tugun Yoyalates Yoga Class	Main Hall	Phone Jane on 0412 772 286
<b>Wednesday</b>			
9.30am to 10.15am	Tahnee and the Treehouse	Activity Room	Phone Tahnee on
10.15am to 11am	Children's Dance Classes Under 3 years 3 to 5 years		0404 419 149
9.30am to 10.30am	Active and Healthy - BHealthy Seniors Exercise Classes	Main Hall	Phone Bill on 0413 708 903
11am to 1.30pm	University of the 3 <sup>rd</sup> Age (U3A) Line Dancing	Main Hall	Phone U3A Office on 5534 7333
2.30pm to 4pm	University of the 3 <sup>rd</sup> Age (U3A) Recorder Lessons	Activity Room	Phone U3A Office on 5534 7333
4.30pm to 5.30pm	Active and Healthy Yoga with Heart	Main Hall	Phone Maryke on 0404 895 985
6pm to 7pm	Cara Ellul	Activity Room	Phone Cara on
7pm to 8pm	Heels Dance Classes		0499 513 508
<b>Thursday</b>			
10.30am to 11.30pm	Zumba with Sharon Zumba Gold Classes All Ages and Abilities	Main Hall	Phone Sharon on 0405 534 842
1pm to 3pm	University of the 3 <sup>rd</sup> Age (U3A) Table Tennis	Main Hall	Phone U3A Office on 5534 7333
6.30pm to 9.30pm	Tugun Theatre Company	Main Hall	Phone Gay on 0414 439 129
<b>Friday</b>			
9.30am to 10.30am	BHealthy Fitness Strength and Conditioning for Seniors	Main Hall	Phone Bill on 0413 708 903
10am to 12pm (2 <sup>nd</sup> Friday of the Month)	University of the 3 <sup>rd</sup> Age (U3A) History Discussion Group	Activity Room	Phone U3A Office on 5534 7333
11am to 2pm (Last Friday of the Month)	Prestige Employment Solutions Employment Services for People with a Disability	Activity Room	Phone Sandy on 0432 849 282
<b>Saturday</b>			
8am to 9am	KNOB Adult Fitness Barre & Pilates	Activity Room	Phone Kelii on 0402 247 295
9am to 10am	Dance Based Workout		
8am to 8.45am	Little Kickers Gold Coast Soccer Skills for Children 18 months to 2.5 years	Main Hall	Phone Michael on 0422 424 766
8.50am to 9.35am	2.5 to 3.5 years		
9.40am to 10.25am	3.5 to 5 years		

## Sunday

1pm to 5pm	I.A.M Religious Services with Music, Prayer and Sermon	Main Hall	Phone Naomi on 0422 728 280
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## Upcoming Events

Date	Activity Description and Company	Community Centre	Contact Details
7 to 18 Nov	<b>ART GALLERY – Art Teachers Gold Coast</b>	Kirra Hill Community Centre	
10 to 26 Nov	<b>Tugun Theatre Company</b> 'Over My Dead Body' Production	Tugun Community Centre	<a href="https://www.tuguntheatre.org/">https://www.tuguntheatre.org/</a>
21 Nov to 2 Dec	<b>ART GALLERY – Kirra Surfriders Club</b>	Kirra Hill Community Centre	
26 Nov	<b>Coolangatta-Tweed Urban Farm Community</b> Screening of Documentary	Kirra Hill Community Centre Great Hall	Phone Mel on 0434 714 701
27 Nov	<b>Movement Medicine/Heart of Breath</b> Nia Movement Medicine & Conscious Connected Breathwork	Kirra Hill Community Centre	Phone Rebecca on 0423 659 589
3 Dec	<b>Conscious Soul &amp; Dance / Prana</b> <b>Alchemical / Tribal Moon Cacao</b>	Tugun Community Centre Main Hall	Phone Jay on 0417 504 476 Jayhoad.com
5 to 16 Dec	<b>ART GALLERY – Peter Tucker – The Outlaw and the Princess</b>	Kirra Hill Community Centre	
12-16 Dec	<b>Cartoon Kingdom</b> Cartooning Workshop	Kirra Hill Community Centre	Phone Danny on 0412 070 078

With over 40 community centres across the city, there are a range of centres and activities to join in or run your own. For more information on hiring a community centre, visit our website: [cityofgoldcoast.com.au/communitycentres](http://cityofgoldcoast.com.au/communitycentres)

### Contact us:

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**W:** [cityofgoldcoast.com.au/communitycentres](http://cityofgoldcoast.com.au/communitycentres)