

# About the Active School Travel program



Good things happen when school communities active travel. Empowered children travel safely to and from school, help the environment, feel part of a community and have fun.

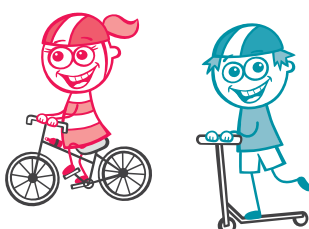


## What is Active School Travel?

Active School Travel (AST) is a free program run by the City of Gold Coast for Gold Coast primary schools.

Official Active Travel Schools receive a suite of free toolkits, incentives and support to enable students, parents, carers and teachers to:

- RE-MODE** swap the car for walking, wheeling and public transport
- REDUCE** car trips by carpooling or combining trips
- RE-ROUTE** take a slightly different route to avoid congested roads
- RE-TIME** school-related trips – consider dropping children earlier or picking them up later.



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**GOLDCOAST.**

## Benefits of Active School Travel

Since the program's inception, thousands of families have been walking and wheeling their way to school, having fun, making friends, and helping the environment. Our active travel communities enjoy:

- healthier children
- safer school zones
- increased concentration in students
- making friends (students and parents)
- learning life-long skills
- a connected community
- resources and skills to empower the community
- reduced traffic around school
- helping the environment.

For more information on the Active School Travel program, please visit [cityofgoldcoast.com.au/activeschooltravel](http://cityofgoldcoast.com.au/activeschooltravel)

