



What's on at your local Community Centre?

Burleigh Waters Community Centre, Fradgley Hall and Mermaid Beach Community Centre



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Updated April 2024

Please contact the organisers directly to confirm class size, availability and start dates prior to attending.

Time	Activity Description and Company	Centre and Room	Contact Details
Monday			
7.30am to 8.30am	Mature aged exercise offered by Donna Keep Fit	Burleigh Waters Main Hall	Phone Donna on 07 5576 2397
9am to 9.45am	Pilates with Bubs offered by Active and Healthy and Get Raw	Burleigh Waters Main Hall	Phone Simone on 0415 578 114
10.30am to 12.30pm	Tai Chi classes offered by Active and Healthy Australian Academy of Tai Chi	Fradgley Hall Main hall	Phone Rod on 07 5572 8921
1pm to 2pm	Exercise for Chronic Pain offered by Active and Healthy E3 Physio	Burleigh Waters Main Hall	Phone Catherine on 0411 780 836
2pm to 4pm <i>Fortnightly meetings</i>	Carpet bowls offered by Probus Club of Robina Parks	Mermaid Beach Community Centre Main Hall	Phone Alan on 1300 630 488
3.30pm to 4.15pm	Junior Hip Hop 5-10yrs offered by Arts Theatre of Dance	Burleigh Waters Activity room	Email artstheatreofdance@hotmail.com
4.15pm to 5pm	Junior Hip Hop 10-13yrs offered by Arts Theatre of Dance	Burleigh Waters Main Hall	Email artstheatreofdance@hotmail.com
4.45pm to 5.30pm	Dance class – Ballet with Miss Emily offered by Praise Dance Company	Fradgley Hall Main Hall	Phone Ella 0413 231 773
5pm to 6pm	Group dance fitness classes offered by The Jungle Body Gold Coast	Burleigh Waters Main Hall	Email brainbodybreath@outlook.com
Bookings essential	First Aid and CPR training offered by Coastal Training College	Mermaid Beach Community Centre Activity room	Email nick@coastaltrainingcollege.com.au
5.30pm to 6.30pm	Dance class – Senior performance team offered by Praise Dance Company	Fradgley Hall Main hall	Phone Ella on 0413 231 773
5.30pm to 7pm	Capoeira – Brazilian art form offered by The Trustee for Xango Capoeira School	Mermaid Beach Community Centre Main Hall	Phone Luiz on 0417 613 787

Time	Activity Description and Company	Centre and Room	Contact Details
Monday continued			
6pm to 7pm	Kundalini Yoga, all ages and flexibility offered by Zoe Mac Energy	Burleigh Waters Activity Room	Phone Zoe on 0422 609 828
6pm to 6.30pm	Hip Hop 3 10yrs – Adult offered by Arts Theatre of Dance	Burleigh Waters Main Hall	Email artstheatreofdance@hotmail.com
Tuesday			
7.30am to 8.30am	Free breakfast and food parcels for those in need offered by Havafeed	Mermaid Beach Community Centre	Phone Havafeed on 0423 694 247
9am to 10am	Pilates for over 50's and seniors offered by Spirit Dance	Mermaid Beach Community Centre	Phone Mihoko on 0405 089 891
9am to 10am	Over 40s exercises rehab (chair based) offered by Active and Healthy Janet Thomas	Burleigh Waters Main Hall	Email thomas.janet7@gmail.com
9am to 9.45am	Pilates with bubs offered by Active and Healthy and Get Raw	Fradgley Hall Main Hall	Phone Simone on 0415 578 114
10am to 11am	Yin Yoga offered by Active and Healthy and Get Raw	Fradgley Hall Main Hall	Phone Simone on 0415 578 114
10am to 11am	Over 40s exercises rehab (chair based) offered by Active and Healthy Janet Thomas	Burleigh Waters Main Hall	Email thomas.janet7@gmail.com
11am to 12pm	Chair yoga /sit and stretch offered by Active and Healthy Janet Thomas	Burleigh Waters Main Hall	Email thomas.janet7@gmail.com
3.30pm to 4.15pm	Dance classes – Inters one offered by Arts Theatre of Dance	Burleigh Waters Main Hall	Email artstheatreofdance@hotmail.com
4pm to 5.30pm	Dance Class – dance classes for children offered by Praise Dance Company	Fradgley Hall Main Hall	Phone Ella on 0413 231 773
4.15pm to 5.15pm	Dance classes – Inters two offered by Arts Theatre of Dance	Burleigh Waters Main Hall	Email artstheatreofdance@hotmail.com
5pm to 7pm	Martial Arts offered by Bradley Chapman	Burleigh Waters Activity Room	Phone Bradley on 0411 827 860
5.15pm to 6.15pm	Ballet Class – 13yrs to adult offered by Arts Theatre of Dance	Burleigh Waters Main Hall	Email artstheatreofdance@hotmail.com
6pm to 8pm	Lectures about spiritism religion for children offered by Gold Coast Spiritist	Mermaid Beach Community Centre	Phone Monica on 0468 721 754
7.15pm to 8.15pm	Dance Classes – open ages offered by Arts Theatre of Dance	Burleigh Waters Main Hall	Email artstheatreofdance@hotmail.com
Wednesday			
6am to 7am	Activation, stretch and mobility offered by Active and Healthy E3 Physio	Fradgley Hall Main Hall	Phone Catherine on 0411 780 836
7.30am to 8.30am	Mature aged exercise offered by Donna Keep Fit	Burleigh Waters Main Hall	Phone Donna on 0439 134 092
8.30am to 1pm <i>4th Wednesday</i>	Quilters Guild monthly meeting offered by Gold Coast Quilters Guild	Burleigh Waters Main Hall	Email on judyjme@gmail.com
9am to 3pm	Occupational therapy intervention and psychoeducation for individuals with Functional Neurological Disorder offered by Purpose and Pleasure Occupational Therapy	Burleigh Waters Activity Room	Email info@purposeandpleasureot.com.au
12.30pm to 3.30pm	Embroidery and associated needle crafts offered by Gold Coast Embroiders	Mermaid Beach Community Centre Main Hall	Phone Judith on 07 5535 1265

Time	Activity Description and Company	Centre and Room	Contact Details
Wednesday continued			
1pm to 3pm	Occupational therapy intervention and psychoeducation for individuals with Functional Neurological Disorder offered by Purpose and Pleasure Occupational Therapy	Burleigh Waters Main Hall	Email info@purposeandpleasureot.com.au
3.30pm to 4.30pm	Dance classes offered by Arts theatre of Dance	Burleigh Waters Activity room	Email artstheatreofdance@hotmail.com
4pm to 5pm	Theatre classes for children – Goat Track Kids (prep – Grade 3) offered by Goat Track	Burleigh Waters Main Hall	Email louise@goattracktheatreco.com
4.15pm to 5.15pm	Dance classes for U12's Jazz offered by Praise Dance Company	Fradgley Hall Main hall	Phone Ella on 0413 231 773
5pm to 6pm	Theatre classes for children – Goat Track Kids (Grade 4-6) offered by Goat Track	Burleigh Waters Main Hall	Email on louise@goattracktheatreco.com
5pm to 7pm	Martial Arts offered by Bradley Chapman	Burleigh Waters Main hall and Activity room	Phone Bradley on 0411 827 860
5pm to 6pm	Brazilian art form that mixes dance, music, martial arts & acrobatics offered by Xango Capoeira	Mermaid Beach Community Centre Main Hall	Phone Luiz on 0417 613 787
6.30pm to 8pm	Capoeira Angola classes for the community offered by Project Bantu	Fradgley Hall Main Hall	Email veronicaandrea.c.t@gmail.com
7pm to 10pm	Drama, Theatre rehearsals offered by Bananas Art Cooperation	Mermaid Beach Community Centre Activity room	Email Stephanietena32@gmail.com
Thursday			
7am to 8.30am	Free breakfast and food parcel for those in need offered by Havafeed	Mermaid Beach Community Centre	Phone Havafeed on 0423 694 247
8.45am to 9.45am	Exercise for Seniors offered by Active and Healthy, I Love me	Fradgley Hall	Phone Anna on 0413 110 870
6am to 8am	Free brunch and food parcel for those in need offered by Havafeed	Mermaid Beach Community Centre	Phone Havafeed on 0423 694 247
9am to 11am	First Aid and CPR training offered by Coastal Training College	Mermaid Beach Community Centre Activity room	Email nick@coastaltrainingcollege.com.au
9am to 10am	Yoga for Over 50's and Seniors offered by Spirit Dance	Mermaid Beach Community Centre Main Hall	Phone Mihoko on 0405 089 891
9am to 10am	Yoga for Over 50's and Seniors offered by Spirit Dance	Mermaid Beach Community Centre Main Hall	Phone Mihoko on 0405 089 891
9.30am to 10.30am	Seniors' aerobics classes offered by Rhythm Slim	Burleigh Waters Main Hall	Phone Bruce on 0414 945 844
10.30am to 11.30am	Slow Pilates offered by Active and Healthy Treehouse Fitness	Fradgley Hall Main Hall	Phone Elyse on 0416 821 173
11am to 12pm	Seniors' yoga and meditation offered by Active and Healthy and Paula Ribeiro	Burleigh Waters Main Hall	Email paularibeiroyoga@gmail.com

Time	Activity Description and Company	Centre and Room	Contact Details
Thursday continued			
4pm to 5pm	Karate for beginners 5-9yrs old offered by Joao Lemos	Burleigh Waters Main Hall	Phone Joao on 0466 096 382
4.15pm to 5.15pm	Dance classes for U16's Contemporary offered by Praise Dance Company	Fradgley Hall Main hall	Phone Ella on 0413 231 773
5.15pm to 6.15pm	Dance classes U 16's Jazz offered by Praise Dance Company	Fradgley Hall Main hall	Phone Ella on 0413 231 773
5pm to 6pm	Karate for intermediate to advanced 10yrs and older offered by Joao Lemos	Burleigh Waters Main Hall	Phone Joao on 0466 096 382
5.30pm to 6.30pm	Group dance fitness classes offered by The Jungle Body Gold Coast	Burleigh Waters Main Hall	Email brainbodybreath@outlook.com
6pm to 9pm	Social dancing & Swing & Rock n Roll dance classes offered by RockSwingz Dance Central	Burleigh Waters Main Hall	Phone Mark on 0466 270 952
Friday			
7.30am to 8.30am	Mature aged exercise offered by Donna Keep Fit	Burleigh Waters Main Hall	Phone Donna on 0439 134 092
8.30am to 3.30pm	Neurolinguistic Kinesiology Course offered by Jayne Budai	Mermaid Beach Community Centre Activity room	Email jayne@thehealingtable.com.au
9am to 9.45am	Pilates with Bubs offered by Active and Healthy and Get Raw	Burleigh Waters Main Hall	Email on simone@getraw.com.au
10am to 1pm	Free brunch and food parcel for those in need offered by Havafeed	Mermaid Beach Community Centre	Phone Havafeed on 0423 694 247
10.15am to 11.15am	Dance Exercise offered by Keiko Kurosawa	Burleigh Waters Main Hall	Phone Keiko on 0423 083 939 kurosawakeiko298@gmail.com
5pm to 10pm	Community Chess offered by Gold Coast Chess Club	Fradgley Hall Main hall	Phone Matt on 0406 402 180
5.30pm to 6.30pm	Group dance fitness classes offered by The Jungle Body Gold Coast	Burleigh Waters Main Hall	Email brainbodybreath@outlook.com
6.30pm to 8.30pm	Capoeira Angola classes offered by Henrique Russi Alves dos Reis	Burleigh Waters Main Hall	Phone on 0451 003 928
Saturday			
8.30am to 11.00am	Ballet classes for Tiny Tots offered by Elise Louise New-Lodding	Burleigh Waters Activity Room	Email on info@tinyballerinas.com.au
8.30am to 10am	Tai Chi fitness offered by Taoist Tai Chi	Mermaid Beach Community Centre Main Hall	Phone on 1800 108 801
9am to 10am	Group play therapy for school aged children offered by Kylie Spry	Mermaid Beach Community Centre Activity Room	Phone Kylie on 0405 006 260
9.30am to 3.30pm Held monthly	Writer education, fellowship and development offered by Gold Coast Writers Association	Burleigh Waters Meeting Room 1 and Main Hall	Phone Rebecca on 0401 966 965
10.30am to 11.30am	Fun filled dance classes for children offered Active and Healthy Groovy Squirts	Mermaid Beach Community Centre Hall	Phone Ebony on 0430 304 083

Time	Activity Description and Company	Centre and Room	Contact Details
Sunday			
8am to 9am	Free light breakfast for those in need offered by Havafeed	Mermaid Beach Community Centre	Phone Havafeed on 0423 694 247
8am to 9.30am	Meditation Classes offered by Australian School of Meditation and Yoga	Fradgley Hall Main hall	Phone 07 5554 5440
9am to 11.30am	Weekly Church Service offered by Burleigh Waters Bible Church	Burleigh Waters Main Hall	Email larrystuart41@gmail.com
9.30am to 11.30am	Weekly gatherings, religious services offered by Hope and Victory Christian Centre	Mermaid Beach Community Centre Hall	Phone 0423 694 247
10.30am to 1.30pm	Weekly church service offered by Revival Centre Church	Fradgley Hall Main hall	Phone Stephen on 0402 234 220
10.45am to 11.30am	Free Havafeed's Kitchen of Soul for those in need offered by Havafeed	Mermaid Beach Community Centre	Phone Havafeed 0423 694 247
1.30pm to 6pm	Weekly church service offered by Zion Church Australia	Burleigh Waters Main Hall	Email hello@zionchurch.info

Upcoming Events

Date	Event	Contact
12 to 14 April 2024	Dance competition offered by Time to Shine Dance Competitions	Info at timetoshinedcaus@gmail.com
	At Broadbeach Cultural Centre – Auditorium	
4 May 2024	Fashion parade offered by Gold Coast Fashion Project Inc.	Info at hello@goldcoastfashionproject.com.au
	At Broadbeach Cultural Centre – Auditorium	
11 May 2024	Fashion parade offered by Gold Coast Fashion Project Inc.	Info at hello@goldcoastfashionproject.com.au
	At Broadbeach Cultural Centre – Auditorium	
19 May 2024	Student Concert offered by Gold Coast Choir Pty Ltd	Info at https://goldcoastchoir.com.au/
	At Broadbeach Cultural Centre – Auditorium	

With over 40 community centres across the city, there are a range of centres and activities to join in or run your own. For more information on hiring a community centre, visit our website: cityofgoldcoast.com.au/community-centres

Contact us:

P: 07 5581 7645

E: broadbeachcc@goldcoast.qld.gov.au

W: cityofgoldcoast.com.au/community-centres

Address:

Burleigh Waters Community Centre

131 Christine Avenue, Burleigh Waters, QLD 4220

Fradgley Hall

Park Avenue, Burleigh Heads, QLD 4220

Mermaid Beach Community Centre

2439 Gold Coast Highway, Mermaid Beach, QLD 4218