



# What's on at your local Community Centre?

Upper Coomera Community Centre and Coomera Space Community Centre



latest version

Updated February 2024

Please contact the organisers directly to confirm class size, availability and start dates prior to attending.

## Upper Coomera Centre – 90 Reserve Road, Upper Coomera

(Parking and entry off Abraham Road)

Time	Activity Description and Company	Room	Contact Details
<b>Monday</b>			
8.30am to 9.30am <b>During School Term</b>	Men's Fitness classes for beginners and Seniors offered by Active & Healthy & <a href="#">MEE Active</a>	Hall 2	Phone Rachelle on 0403 163 201
9am to 5pm	Disability Employment Services offered by <a href="#">Wise Employment</a>	Meeting Room 3	Phone Krystal on 0400 983 986
9.30am to 2pm	Playing of regulated card game bridge offered by <a href="#">Broadwater Bridge Club</a>	Hall 1	Phone Vincent on 0418 507 661
11am to 3pm <b>During School Term</b>	Canasta card game offered by <a href="#">Northern Gold Coast Canasta Group</a>	Hall 2	Phone Nicole on 0424 666 941
4.30pm to 5.30pm <b>During School Term</b>	Children's wellbeing program for 5-9 year olds, incorporating a mix of magical story telling, music, movement, art and breathing techniques. Offered by <a href="#">Chakradance Kids</a>	Meeting Room 2	Email <a href="mailto:amandachakradancekids@gmail.com">amandachakradancekids@gmail.com</a> or phone 0414 819 815
5pm to 6.30pm	Abacus classes and help students improve their learning and skills offered by <a href="#">UCMAS</a>	Youth Space	Phone Harry on 0426 233 364
6.30pm to 7.30pm	Zumba fitness class offered by <a href="#">Zumba with Melinda</a>	Hall 2	Phone Mel on 0421 978 155
7.30pm to 8.30pm	Fitness dance classes offered by L3 Dance and Fitness	Hall 1	Phone Lui on 0406 427 265
<b>Tuesday</b>			
8.30am to 4.30pm	Disability Employment Services offered by <a href="#">Gold Coast Employment Support</a>	Meeting Room 1	Phone Ony on 07 5563 3914
9am to 5pm	Disability Employment Services offered by <a href="#">Wise Employment</a>	Meeting Room 2	Phone Krystal on 0400 983 986
9.00am to 2pm	Playing of regulated card game bridge offered by <a href="#">Broadwater Bridge Club</a>	Hall 1	Phone Vincent on 0418 507 661

Time	Activity Description and Company	Room	Contact Details
<b>Tuesday Continued</b>			
9.30am to 11.30am	A soccer-based development class for children ages 18 months to age 7 years offered by <a href="#">Little Kickers</a>	Hall 2	Phone Michael on 0401 733 033
9.30am to 3.30pm	Sugar Art Cake Decorating Offered by <a href="#">Sugarartcreations</a>	Meeting Room 3	Phone Helen on 0406 110 803
10:30am to 11:30am	Memory and Balance Activities for Seniors offered by Active & Healthy & <a href="#">MEE Active</a>	Youth Space	Phone Rachelle on 0403 163 201
2pm to 5pm <b>During School Term</b>	After School Youth Programme offered by <a href="#">Wesley Mission QLD</a>	Youth Space	Phone Tina on 0408 734 016
4pm to 8pm	Teaching Aikido (Japanese Martial Arts) for all ages offered by <a href="#">Aikido Kitayama Dojo</a>	Hall 2	Phone Gotaro on 0433 339 847
4.30pm to 6.30pm	<a href="#">Justice of the Peace in the Community</a>	Main Foyer	No appointments necessary
6:30pm to 9:30pm	Weekly chess clubs for adults offered by <a href="#">Gold Coast Chess Club Incorporated</a>	Hall 1	Phone Deayne on 0421 455 297
<b>Wednesday</b>			
8.30am to 4.30pm	Disability Employment Services offered by <a href="#">Gold Coast Employment Support</a>	Meeting Room 1	Phone Ony on 07 5563 3914
9am to 5pm	Disability Employment Services offered by <a href="#">Wise Employment</a>	Meeting Room 3	Phone Krystal on 0400 983 986
8am to 9am	Group fitness classes for seniors offered by Active & Healthy <a href="#">Ageilityfit Activity</a>	Hall 1	Phone David on 0418 189 389
11am to 12pm <b>During School Term</b>	Tai Chi for seniors and beginners offered by <a href="#">Active and Health</a> – Enhance Your Life	Youth Space	Phone Alison on 0415 753 930
11am to 12pm <b>During School Term</b>	Cancer Wellness Program Offered by Active & Healthy and <a href="#">General Wellness Centre</a>	Hall 1	Phone Harmonee on 0490 871 801
2pm to 5pm <b>During School Term</b>	After School Youth Programme offered by <a href="#">Wesley Mission QLD</a>	Youth Space	Phone Tina on 0408 734 061
5pm to 6pm	Capoeira Brazilian art form/fitness classes for all ages offered by Active & Healthy <a href="#">Cordao de Contas Capoeira</a>	Hall 1	Phone Nina on 0468 469 100
6.30pm to 10pm	A-capella singing group offered by <a href="#">Vocalescence Chorus</a>	Hall 2	Phone Michelle on 0467 231 321
<b>Thursday</b>			
9am to 5pm	Disability Employment Services offered by <a href="#">Wise Employment</a>	Meeting Room 3	Phone Krystal on 0400 983 986
9am to 12pm	Empowering parents and carers with the skills and confidence to guide and support their children's offered by <a href="#">Play Matters</a>	Art Space	Phone Ebony on 0458 074 014
9am to 10am	A multi-sport program for children ages 18months to age 7 years offered by <a href="#">Ready Steady Go Kids</a>	Hall 1	Phone Kirsty on 0417 708 122
10am to 11am <b>During School Term</b>	Fitness classes for beginners offered by Active & Healthy & <a href="#">MEE Active</a>	Hall 2	Phone Rachelle on 0403 163 201
2pm to 5pm <b>During School Term</b>	After School Youth Programme offered by <a href="#">Wesley Mission QLD</a>	Youth Space	Phone Tina on 0408 734 061
4pm to 8pm	Teaching Aikido (Japanese Martial Arts) for all ages offered by <a href="#">Aikido Kitayama Dojo</a>	Hall 2	Phone Gotaro on 0433 339 847
4pm to 6pm	Drama classes for ages between 5 – 12 years old offered by <a href="#">Goat Track Theatre</a>	Hall 1	Phone Louise on 0435 099 541
4.30pm to 6.30pm	<a href="#">Justice of the Peace in the Community</a>	Main Foyer	No appointments necessary

Time	Activity Description and Company		
<b>Thursday Continued</b>			
4.30pm to 6.30pm	<a href="#">Justice of the Peace in the Community</a>	Main Foyer	No appointments necessary
6.30pm <b>During School Term</b>	Belly Dancing classes for all age groups Offered by <a href="#">Sheherazade Belly Dance</a>	Hall 1	Phone Shira on 0400 881 815
<b>Friday</b>			
7.30am to 8.30am	MatureFit is a fun fitness class for seniors offered by Active and Healthy- <a href="#">Ageilityfit</a>	Hall 1	Phone David on 0418 189 389
9am to 5pm	Disability Employment Services offered by <a href="#">Wise Employment</a>	Meeting Room 3	Phone Krystal on 0400 983 986
8.30am to 10.30am	A soccer-based development class for children ages 18 months to age 7 years offered by <a href="#">Little Kickers</a>	Hall 1	Phone Michael on 0401 733 033
9.30am to 11.30am <b>During School Term</b>	A group of ladies who get together for craft sessions offered by Craft on Friday	Youth Space	Phone Deb on 0407 101 706
2pm to 5pm <b>During School Term</b>	After School Youth Programme offered by <a href="#">Wesley Mission QLD</a>	Youth Space	Phone Tina on 0408 734 061
2.30pm to 4.30pm	Abacus 1 on 1 and help student improve their learning and skills offered by <a href="#">UCMAS</a>	Meeting Room 5	Phone Harry on 0426 233 364
4pm to 5pm <b>During School Term</b>	Martial Arts Taekwondo classes for school ages offered by <a href="#">Revolution Taekwondo Lifestyle Centre</a>	Hall 1	Phone Leon or Glory on 0466 622 727
<b>Saturday</b>			
8.00am to 9.00am	Zumba fitness class offered by <a href="#">Zumba with Melinda</a>	Hall 1	Phone Melinda on 0421 978 155
8am to 9.30am	Self help group offered by <a href="#">St Augustine Fellowship</a>	Youth Space	Phone Bob on 0426 758 982
9.30am to 10.30am	Capoeira Brazilian art form/fitness classes for all ages offered by <a href="#">Cordao de Contas Capoeira</a>	Hall 1	Phone Nina on 0468 469 100
10am – 1pm 2 <sup>nd</sup> Saturday of the month	Religious Services Offered by Integrity Restoration Ministries Inc	Youth Space	Phone Paul on 0407 715 173
<b>Sunday</b>			
7.30am to 11.30am	Religious service offered by <a href="#">Momentum Church</a>	Hall 2	Phone Pastor Harry on 0431 301 165
12.30pm to 5pm	Religious service Offered by <a href="#">Banner Church</a>	Hall 2	Phone Cheng-En on 0431 781 571

## Upcoming Events at Upper Coomera Centre

Time/Date	Activity Description and Company	Venue	Contact
17 February 2024 8am-9am	Recharge Your Spark Offered by Active and Healthy	Hall 2	Book <a href="#">here</a>

## Coomera Community Space – 133 Finnegan Way, Coomera

(Located within the Red Edge Convenience Centre)

Time	Activity Description and Company	Room	Contact Details
<b>Monday</b>			
9am to 2.30pm	Arts & craft and fitness program for disability offered by <a href="#">Multicultural Families Organisation</a>	Hall	Phone Cassie on 0416 864 739
7pm to 9pm	AA meeting offered by <a href="#">Alcoholic Anonymous Coomera</a>	Hall	Phone Janelle on 0411 776 928
<b>Tuesday</b>			
6.30pm to 7.30pm	Burles Dance Fit to empower women of all ages Offered by Burlesfit	Hall	Phone Manda on 0408 287 553
<b>Wednesday</b>			
4pm to 7:30pm	Drama workshops for young people offered by <a href="#">ZigZag Theatre</a>	Hall	Phone Errenn on 0477 843 134
<b>Thursday</b>			
3.30pm to 7pm	Dance classes for all age groups offered by <a href="#">Danceology</a>	Hall	Phone Belinda on 0413 375 503
<b>Friday</b>			
9am to 10am <b>During School Term</b>	Stretching classes for beginners and Seniors offered by Active & Healthy & <a href="#">MEE Active</a>	Hall	Phone Rachelle on 0403 163 201
<b>Saturday</b>			
9.00am to 10.30am	Children's Ballet Classes ages 1.5 years to 7 years offered by <a href="#">Butterfly Ballet</a>	Hall	Phone Elanor & Matt on 0490 766 193
<b>Sunday</b>			
9am to 12:30pm	Bible Study, Hymn Singing, Christian Fellowship offered by <a href="#">Deeper Christian Life Ministry</a>	Hall	Phone Joshua on 0404 155 069
6pm to 7.30pm	12 Step Recovery Meeting offered by Regional Service Body of Australia Incorporated	Hall	Phone Jasmine on 0488 355 825

## Special Services

Time/Date	Activity Description and Company	Venue	Contact
8.30pm to 5.30pm Monday to Friday	Wesley Mission School Holiday Programme (2 Weeks of QLD School holidays)	Upper Coomera Centre and Coomera Community Space	Phone Tina on 0408 734 061
8.30am to 11.30am	Gold Coast Public Health -Immunisation Clinic 4 <sup>th</sup> Wednesday of the Month	Upper Coomera Centre	No appointments necessary

With over 40 community centres across the city, there are a range of centres and activities to join in or run your own. For more information on hiring a community centre visit our website: [cityofgoldcoast.com.au/communitycentres](http://cityofgoldcoast.com.au/communitycentres)

**Contact us:** P: 07 5582 9327

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