

Active school travel CASE STUDY

Highland Reserve State School

Highland Reserve State School enrolled in the Active School Travel (AST) program in 2014 to reduce school traffic congestion at peak times. The program also appealed to the school because of its subsequent promotion of physical activity.

The school informed parents of the AST program upon student enrolment, where students were given an 'AST passport', which is a promotional tool used to encourage students to record and grow their number of AST days.

During the program, the school noticed more students actively travelling to school and that the awards program appealed to them. Data from participation records in year one of the program, saw a 10 per cent increase in students participating in AST.



"Our school entry point was recently relocated to accommodate the school's growing numbers.

Our bike cages were located near the former school entry point, so for students riding and scooting to and from school, this would have meant taking an inconvenient route through the school on their bikes and scooters to the cage. The issue was identified and the school received a grant, which generously funded the relocation of our bike cage closer to the new entry gate. Now students are able to efficiently enter and park their bikes and scooters close to the entry, before walking further into the school.

The bike cage is certainly being well used.

I believe there is a constant need for awareness and promotion of active school travel with parents and students travelling to and from school and am grateful for council's support in doing so."

FIONA GRAHAM, DEPUTY PRINCIPAL
(Year 4, 5 & 6)

