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What's on at your local Community Centre?

Elanora Community Centre, Tallebudgera Village Community Centre

Updated April 2024

Please contact the organisers directly to confirm class size, availability and start dates prior to attending.

ELANORA COMMUNITY CENTRE – 26 Galleon Way, Elanora

| Time | Activity Description and Company | Room | Contact Details |
|--------------------|--|----------------|--|
| Monday | | | |
| 9.15am to 10.15am | Yoga for beginners offered by Active and Healthy and Yoga with Heart | Main Hall | Phone Maryke on 0404 895 985 |
| 11am to 12.30pm | Ukulele 2 offered by University of the 3 rd Age (U3A) | Main Hall | Phone U3A Office on 5534 7333 |
| 1.30pm to 2.30pm | Jazz Dance Class for Seniors/Older Adults offered by Kerrie Scott | Main Hall | Phone Kerrie on 0434 393 459 |
| 6.30pm to 7.30pm | Burn the Floor Latin dance exercise class No experience necessary offered by Peter Murphy | Main Hall | Phone Peter on 0413 125 640 |
| Tuesday | | | |
| 7am to 9am | Gentle Exercise for Seniors Improving Cardio, Strength and Flexibility offered by Dianne Brown | Main Hall | Phone Dianne on 0409 121 837 |
| Bookings Essential | Disability Employment Services offered by Family Services Australia | Meeting Room 1 | Phone Family Services on 02 4256 7333 |
| 10am to 11am | Burn the Floor Latin dance exercise class No experience needed offered by Peter Murphy | Main Hall | Phone Peter on 0413 125 640 |
| 1.30pm to 3.30pm | The Singing Co-operative meeting offered by U3A | Main Hall | Phone U3A Office on 5534 7333 |
| 3.30pm to 5.30pm | Teaching Japanese to children offered by Mika Howard | Meeting Room 2 | Phone Mika on 0416 150 510 |
| 4.15pm to 5pm | Dance classes for girls and ladies ages 5 to 8 years offered by Palm Beach Physie | Main Hall | Phone Danielle on 0439 797 413 |
| 5pm to 6pm | Dance Classes for girls and ladies ages 9 to 12 years offered by Palm Beach Physie | Main Hall | Phone Danielle on 0439 797 413 |

| Time | Activity Description and Company | Room | Contact Details |
|---|---|----------------|--|
| Tuesday continued | | | |
| 6pm to 7.30pm | Dance classes for girls and ladies 13 years and above offered by Palm Beach Physie | Main Hall | Phone Danielle on 0439 797 413 |
| Wednesday | | | |
| 7.00am to 8.00am | Strength and conditioning for seniors offered by BHealthy Fitness | Main Hall | Phone Bill on 0413 708 903 |
| 10.45am to 11.45am | Seniors exercise class offered by Active & Healthy – Staying Stronger | Main Hall | Phone Anna on 0413 110 870 |
| 7pm to 9pm (Fortnightly) | Empowering public speaking and leadership skills offered by Palm Beach/Currumbin Toastmasters | Main Hall | Phone Carolyn on 0439 408 085 |
| Thursday | | | |
| Bookings Essential | Disability Employment Services offered by Family Services Australia | Meeting Room 1 | Phone Family Services on 02 4256 7333 |
| 3.30pm to 4.15pm | Childrens dance classes 5 to 7 years offered by Tahnee and the Treehouse | Main Hall | Phone Tahnee on 0404 419 149 |
| 4.15pm to 5pm | Jazz dance class 7 to 10 years offered by Tahnee and the Treehouse | Main Hall | Phone Tahnee on 0404 419 149 |
| 5pm to 5.45pm | Contemporary dance class 8 to 10 years offered by Tahnee and the Treehouse | Main Hall | Phone Tahnee on 0404 419 149 |
| 5:45pm to 6:30pm | Hip Hop dance class 8 to 10 years offered by Tahnee and the Treehouse | Main Hall | Phone Tahnee on 0404 419 149 |
| 6.30pm to 8.30pm (3 rd Thursday of month) | Jam session for acoustic instruments offered by Coast Acoustics Music Association Inc | Main Hall | Phone Chris on 0412 777 236 |
| Friday | | | |
| 7am to 8am | Strength and conditioning for seniors offered by Active and Healthy and BHealthy Fitness | Main Hall | Phone Bill on 0413 708 903 |
| 8am to 9am | Seniors Exercise Class offered by Active and Healthy and BHealthy Fitness | Main Hall | Phone Bill on 0413 708 903 |
| 9am to 10.30am | Zumba Gold for active, older adults who like to groove and get fit offered by Dance & Fitness with Kerrie | Main Hall | Email Kerrie on zumbawithkerrie@gmail.com |
| Booking Essential | Disability employment services offered by Family Services Australia | Meeting Room 1 | Phone Family Services on 02 4256 7333 |
| 6pm to 7pm | Taekwondo self defence & safety skills From 7 years to Adult offered by Jung Shin Taekwondo | Main Hall | Email tkd.jungshin@gmail.com |
| Saturday | | | |
| Booking Essential | Disability Employment Services offered by Family Services Australia | Meeting Room 1 | Phone Family Services on 02 4256 7333 |
| 7am to 9.00am | Adult fitness barre and pilates class Offered by KBod Fitness | Main Hall | Email Kelii on hello@kbodfitness.com |
| 9am to 12pm | Dance classes for girls and ladies ages 5 to 8 years - ladies (13 years +) offered by Palm Beach Physie | Main Hall | Phone Danielle on 0439 797 413 |
| Sunday | | | |
| 8am to 12pm | Religious services offered by Harvest Faith Church | Main Hall | Phone Janine on 0410 291 383 |

TALLEBUDGERA VALLEY COMMUNITY CENTRE

611 Tallebudgera Creek Road, Tallebudgera

| Time | Activity Description and Company | Room | Contact Details |
|-------------------|--|-----------|-----------------------------------|
| Tuesday | | | |
| 9am to 11am | Childrens playgroup offered by Tallebudgera Valley Playgroup | Main Hall | Phone Amy on 0414 352 126 |
| Wednesday | | | |
| 4.30pm to 6pm | Karate & Self Defence classes for all ages offered by Australian Koshiki Karate-DO Federation | Main Hall | Phone Paul on 0402 800 865 |
| Thursday | | | |
| 9.30am – 10.30am | Pilates classes offered by Martes | Main Hall | Phone Martes on 0438 301 442 |
| 6pm to 9pm | Community freestyle dancefloor open all ages offered by Ecstatic Dance Gold Coast | Main Hall | Phone Shian on 0405 306 661 |
| Saturday | | | |
| 4.30pm to 11.00pm | Rite to Dance Conscious Clubbing offered by Mark Pringle (Call Mark for dates) | Main Hall | Phone Mark on 0452 649 028 |
| Sunday | | | |
| 9.30am to 12pm | Religious Service offered by Gold Coast Christadelphians | Main Hall | Phone Steve on 0451 148 828 |
| 12.30pm to 3.30pm | Breathwork / Kundalini Dance Workshop offered by Patricia Goncalves | Main Hall | Phone Patricia on 0417 792 342 |

Upcoming Events

| Date | Activity Description and Company | Contact Details |
|------------------------------|---|---------------------------------------|
| 18 April 2024 10am to 1pm | Immunisation Clinic offered by Gold Coast Public Health Elanora Community Centre | Phone Annie on 5667 3200 |
| 27 April 2024 | Reiki Day Retreat for Reiki Trained Practitioners Tallebudgera Valley Community Centre | Phone Belinda on 0431 631 060 |
| 4 May 2024 | The ultimate girl's night out. Monthly themed beginner dance events. Fun, laughter and empowerment Elanora Community Centre Main Hall | Phone Christie-lee on 0431 631 060 |

With over 40 community centres across the city, there are a range of centres and activities to join in or run your own. For more information on hiring a community centre, visit our website: cityofgoldcoast.com.au/communitycentres

Contact us:

P: 07 5581 1964

E: southernbeachescc@goldcoast.qld.gov.au

W: cityofgoldcoast.com.au/communitycentres