



What's on at your local Community Centre?

Helensvale Community Centre



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Updated February 2024

Please contact the organisers directly to confirm class size, availability and start dates prior to attending.

Time	Activity Description and Company	Room	Contact Details
Monday			
8am to 9am	Zumba Gold, Dance fitness for seniors offered by Jamie Lee	South Hall	Phone Jamie Lee on 0403 474 234
8am to 9am	Growing Stronger for Seniors offered by Active and Healthy and AgeilityFit	North Hall	Phone David on 0418 189 389
8.30am to 5pm	Workforce Australia Employment Services Appointments offered by Family Services Australia	North Meeting Room	Phone Shannon on 0455 544 531
9am to 11.30am (Returns Term 2)	Sensory activities for children 6 months to 4 years offered by Mighty Mess	South Hall	Bookings essential on 0429 884 797
9.30am to 10.30am	Lungs in action exercise session offered by AgeilityFit	North Hall	Phone David on 0418 189 389
10.30am to 3.30pm	Bridge offered by Helensvale and Southport Bridge Club	North Hall	Phone Hilda on 0415 612 667
3.30pm to 7.30pm	Dance Classes offered by Helensvale Calisthenics Dance	South Hall	Phone Sarah on 0412 980 989
4pm to 6pm	Japanese Language Classes Offered by Sumire Education Centre	South Meeting Room	Phone Mika on 0416 150 510
5pm to 6.30pm	Martial Arts training school, self-defence offered by Gold Coast Self Defence Academy	North Hall	Phone Karen on 0420 482 869
6.30pm to 8pm	Karate and Self defence classes Offered by Kyokushin Karate Gold Coast North	North Hall	Phone Rob on 0401 968 219
7.30pm to 11pm	Barbershop/A Cappella Chorus Offered by Pivotal Point Harmony	South Hall	Phone Edward on 0418 932 294

Time	Activity Description and Company	Room	Contact Details
Tuesday			
6.30am to 7.30am	Yoga class offered by Lee Cartledge Yoga	South Hall	Phone Lee on 5597 0774
8.30am to 10.30am	Weight loss meetings offered by Weight Watchers	North Hall	General Enquires on 131 997
9.30am to 11.30am	Positive intro for children to sport by teaching high quality soccer (soccer) skills in a friendly, pressure-free environment offered by Little Kickers	South Hall	Phone Michael on 0401 733 033
10.30am to 11.30am	Latin Fitness 100% a taste of South America offered by Rosita Latina	North Hall	Phone Rosita on 0447 757 117
3.30pm to 7.30pm	Arts, drama and dance offered by Helensvale Calisthenics	South Hall	Phone Sarah on 0412 980 989
5pm to 6pm	Martial Arts Taekwondo offered by Edge Taekwondo	North Hall	Phone Alan on 0421 566 447
5.30pm to 7pm	Indonesian martial arts Offered by Perisai diri Silat Gold Coast	South Meeting Room	Phone James on 0410 454 953
6pm to 8pm	Support group offered by Narcotics Anonymous	North Hall	Phone Jasmine on 0458 638 331
7pm to 9.30pm	Support group offered by Gamblers Anonymous Helensvale	South Meeting Room	Phone Glenn on 0400 955 589
Wednesday			
8.30am to 9.30am	Fifty Plus Fit, Exercise class offered by Active and Healthy and AgeilityFit	South Hall	Phone David on 0418 189 389
9.30am to 12pm	Helensvale Craft Group offered by Red Cross Craft	North Meeting Room	Phone Gisela on 5573 2819
9.30am to 12pm	Line Dancing offered by Dance 4 Fun	South Hall	Phone Val on 0424 099 299
10am to 2.30pm	Bridge offered by Helensvale and Southport Bridge Club	North Hall	Phone Hilda on 0415 612 667
4pm to 5.30pm	Dance Classes Ballet offered by Joy Jeans School of Dance	North Hall	Phone Joy on 0423 696 437
6pm to 7pm	Martial Arts training school, self-defence offered by Gold Coast Self Defence Academy	North Hall	Phone Karen on 0420 482 869
6pm to 7pm	Zumba class offered by Debz Zumba Circl	South Hall	Phone Deborah on 0410 948 236
7pm to 8.30pm	Karate and Self defence classes Offered by Kyokushin Karate Gold Coast North	North Hall	Phone Rob on 0401 968 219
7pm to 8.30pm	Clubercise, fun and energising exercise class offered by Clubercise	South Hall	Phone Joanne on 0467 664 884
7pm to 10pm (fortnightly)	Public speaking Club offered by POWERtalk Gold Coast	North Hall	Phone Shaelene on 0437 970 676
Thursday			
8am to 9am	Growing Stronger for Seniors offered by Active and Healthy and AgeilityFit	South Hall	Phone David on 0418 189 389
8.30am to 1pm	Quilting and sewing offered by Sew Crazy Quilters	North Hall	Phone Lynne on 0407 941 711
9am to 10am	Strength, fitness & balance exercise class offered by I Love Me	South Hall	Phone Anna on 0413 110 870
10am to 1pm (4 th Thursday monthly)	Sensory activities for children 6 months to 4 years offered by Mighty Mess (starts Term 2)	South Hall	Bookings essential on 0429 884 797

Time	Activity Description and Company	Room	Contact Details
Thursday continued			
11am to 12pm	Sing for fun and healing offered by Therese Hennessey	South Hall	Phone Therese on 0478 105 385
4.30pm to 5.30pm	Dance Classes Ballet 8+ offered by Joy Jeans School of Dance	North Hall	Phone Joy on 0423 696 437
5.30pm to 7pm	Indonesian martial arts Offered by Perisai diri Silat Gold Coast	South Meeting Room	Phone James on 0410 454 953
6pm to 7pm	Pilates and Meditation offered by Sarah Caldwell	North Hall	Phone Sarah 0431 051 534
6pm to 8pm	Martial arts and self-defence offered by Australian Defensive Tactics	South Hall	Phone Gavin on 0423 349 742
7pm to 9pm	Spiritual Singing Group offered by Sathya Sai Baba	South Meeting Room	Phone Vee on 0412 256 502
7.30pm to 9.30pm (2nd Thursday monthly)	Acoustic Music Jam Session offered by Coast Acoustics Music Association	North Hall	Phone Cameron On 0402 434 789
Friday			
8.30am to 9.30am	Over 50's Fitness offered by Ageility Fit	North Hall	Phone David on 0418 189 389
8.30am to 5pm	Workforce Australia Employment Services Appointments offered by Family Services Australia	North Meeting Room	Phone Shannon on 0455 544 531
9am to 12:30pm	Children's program designed to nurture natural stages of neurological development from 6wks – 5yrs offered by KindyROO	South Hall	Phone Didem on 0452 642 766
9.30am to 12pm	Line Dancing offered by Dance 4 Fun	North Hall	Phone Val on 0424 099 299
6pm to 11pm (monthly)	Scrapbooking offered by Close to my Heart	South Hall	Phone Lorraine on 0487 751 242
6.30pm to 9pm (3 rd Friday monthly)	Church Service and Meditation Offered by Rainbow Light Spiritualist Church	North Meeting Room	Phone Jacqueline On 0411 323 543
7pm to 9pm	Argentine Tango Dance Lessons offered by Tango Byron Connection	North Hall	Phone Ron on 0432 559 924
Saturday			
7am to 9.30am	Weight loss meetings offered by Weight Watchers	South Hall	General Enquires on 131 997
8am to 9am	FiftyPlus fit for Seniors offered by Active and Healthy and AgeilityFit	North Hall	Phone David on 0418 189 389
9am to 11am	Mystic Art Workshop offered by Therese Hennessey	North Meeting Room	Phone Therese on 0478 105 385
9.30am to 11am	Karate and Self defence classes offered by Kyokushin Karate Gold Coast North	North Meeting Room	Phone Rob on 0401 968 219
10am to 5pm (monthly)	Scrapbooking and Card Making offered by Close to my Heart	South Hall	Phone Eve on 0410 493 219
10am to 3.30pm (4 th Saturday Monthly)	Monthly plant display and information session offered by Gold Coast Succulent & Bromeliad Society	South Hall	General Enquiries on 0408 047 205
11am to 12pm	Kids Corner offered by Helensvale Seventh Day Adventist Church	North Meeting Room	Phone Andreas on 0412 647 793
12pm to 3.30pm (2 nd Sat monthly)	Stamp trading group offered by Southport Afternoon Stamp Club	South Hall	Phone Russell on 0417 987 441
1pm to 3.30pm	Indian classical dancing offered by Eswaralaya Kalaikoodam	North Meeting Room	Phone Manga on 0433 967 489

Time	Activity Description and Company	Room	Contact Details
Saturday Continued			
5pm to 8.30pm (1 st and 3 rd Sat monthly)	Church Service Offered by Congregation of Christians in Australia	North Hall	Phone Diego On 0448 337 993
Sunday			
8am to 9am	Zumba Fitness offered by Fit as Funk	South Hall	Phone Marnie On 0412 230 271
8am to 12pm	Church service offered by New Creation Church	North Hall	Phone Chris on 0413 940 777
8am to 11.30am	Church Meeting offered by SAI Centre of Gold Coast	South Meeting Room	Phone Aruind on 0432 200 148
10am to 12pm	Nepalese language and cultural classes offered by Nepalese Community Gold Coast	North Meeting Room	Phone Joshi on 0413 750 300
10.30am to 1.30pm	Church service offered by Helensvale Christian Church	South Hall	Phone Danny on 0449 870 515
2pm to 5pm	Ethiopian Community Meeting & Prayer offered by Ethiopian Anyuak Association QLD	North Hall	Phone Pwoch on 0401 640 793
2pm to 6pm	Church Service offered by Hope Reformed Baptist	South Hall	Phone Keith On 0468 557 200
6.30pm to 9pm (fortnightly)	Church Service and Meditation Offered by Rainbow Light Spiritualist Church	South Hall	Phone Jacqueline On 0411 323 543

Upcoming Events

Time	Activity Description and Company	Room	Contact Details
10 February 2024 9 March 2024 13 April 2024 11 May 2024 7pm to 10.30pm	Argentine Tango Dance Event Offered by Tango Byron Connection	South Hall	Bookings Required 0432 559 924
17 February 2024 24 February 2024 23 March 2024 20 April 2024 6pm to 9pm	Sip and Dance Offered by Dance Society by Christie-Lee	South Hall	Bookings Required 0431 631 060
2 March 2024 6 April 2024 6 May 2024 10.30am to 2.30pm	Social Linedancing Offered by Dallas Linedancers	South Hall	Bookings Required 0403 225 313

With over 40 community centres across the city, there are a range of centres and activities to join in or run your own. For more information on hiring a community centre, visit our website: cityofgoldcoast.com.au/communitycentres

Contact us:

P: 07 5581 7258

E: Centralcc@goldcoast.qld.gov.au

W: cityofgoldcoast.com.au/communitycentres

Can't find an activity that you're looking for?

Did you know there is another Community Centre within a 2 minute drive from here – visit [What's On at Helensvale Library and Cultural Centre](#).