



# What's on at your local Community Centre?

## Southport Community Centre



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Updated February 2024

Please contact the organisers directly to confirm class size, availability and start dates prior to attending.

Time	Activity Description and Company	Room	Contact Details
<b>Monday</b>			
8am to 5pm	Therapeutic Counselling offered by Wellways Australia Pty Ltd	Meeting Room F6	Phone 1800 422 737
8.30am to 10.30am	Italian for beginners Plus offered by U3A	Meeting Room F2	Phone U3A on 07 5591 6671
9am to 10.30am	Dance lessons offered by Next Level Performing Arts Studio	Performing Arts Room 1	Phone Danielle on 0412 723 961
9.30am to 12.30pm	Japanese lessons for children offered by Sumire Education Centre Pty Ltd	Meeting Room G2	Phone Mika on 0416 150 510
9.30am to 11.30am	Support and Connection Recovery A O D offered by The Salvation Army	Meeting Room F5	Phone Patrina on 0409 684 598
9.30am to 11.00am Fortnightly	School holiday programme kids drawing class offered by ARTSYSHI	Meeting Room G2	Phone Rain Shi 0433 788 086
10am to 11am	Yoga A class offered by U3A	Multipurpose Hall	Phone U3A on 07 5591 6671
11.30am to 1.30pm	Support group offered by Alcoholics Anonymous	Meeting Room G3	Phone AA on 5591 2062
1pm to 2.30pm	Chinese Dance class offered by Chinese Wisteria Dancing of Sydney	Performing Arts Room 1	Phone Angela on 0423 838 906
3pm to 6.30pm	After school education offered by Kumon	Meeting Room F4	Phone Gary on 0403 255 993
3.30pm to 7pm	Dance lessons offered by Next Level Performing Arts Studio	Performing Arts Room 1	Phone Danielle on 0412 723 961

Time	Activity Description and Company	Room	Contact Details
<b>Monday continued</b>			
5.30pm to 7.30pm	Chinese Dance classes offered by Queensland Dance Institute	Performing Arts Room 2	Phone Miao on 0414 581 552
6.30pm to 8pm	Public Speaking training offered by Speechmakers Rostrum Club 47 Southport	Meeting Room F1	Text Rosemary only on 0414 305 893
6.30pm to 7.30pm	Zumba Fitness offered by Paula Glennie Solway	Multipurpose Hall	Phone Paula on 0414 510 131
7pm to 9.30pm	Positive Health and wellbeing tuition offered by Falun Dafa Association	Meeting Room F5	Phone Nina on 0424 670 349
<b>Tuesday</b>			
8.30am to 9.30am	Dance Fitness class for Seniors offered by Zumba Gold	Multipurpose Hall	Phone Caroline on 0425 566 700
9am to 1pm	Psycho Education groups offered by QulHN	Meeting Room F5	Phone Lisa on 0419 732 188
9am to 11am	Italian intermediate class offered by U3A	Meeting Room F1	Phone U3A on 07 5591 6671
10am to 11am	Fitness Class A offered by U3A	Multipurpose Hall	Phone U3A on 07 5591 6671
10am to 11.30am	Rock n Roll offered by U3A	Performing Arts Room 2	Phone U3A on 07 5591 6671
11am to 12.30pm	8weeks2wellness course offered by Active & Healthy	Meeting Room F3	Phone Gary on 0412 007 689
11am to 12.30pm	I Love Me - Seniors exercise class offered by Active & Healthy –	Performing Arts Room 1	Phone Anna on 0413 110 870
4pm to 6pm	Kids Drawing class offered by Artsyshi	Meeting Room G1	Phone Rain Shi on 0433 788 086
4pm to 8pm	Dance class – 27 FEBRUARY ONLY offered by Body Beats	Performing Arts Room 2	Phone Cat on 0401 469 650
5pm to 8.00pm Last Tuesday Monthly	Meditation and Live group mind mastery group coaching offered by The Career College	Meeting Room F5	Phone Annette 0412 313 310
6pm to 8pm	Sound Meditation for Mums and Bubs offered by Pure Sounds	Meeting Room F2	Phone Mairead On 0435 350 020
6.30pm to 8.30pm	Men's NA Meeting Southport offered by Gold Coast Narcotics Anonymous Southport	Meeting Room G3	No appointment required
7pm to 10pm	Rehearsals for stage musical – DOGFIGHT offered by The Spotlight Theatrical Company	Performing Arts Room 2	Phone Michael On 0424 508 644
<b>Wednesday</b>			
8am to 4pm	Interviews for volunteering roles offered by Volunteering Gold Coast	Meeting Room F6	Phone 07 5526 0688
8.30am to 12pm 1 <sup>st</sup> Wednesday of the Month	Immunisation services offered by Gold Coast Health	Performing Arts Rooms 1 and 2	Phone 1800 940 750
9am to 3pm	Free Arts/Crafts/Fitness classes for people over the age of 18 with a disability offered by Multicultural Families Organisation	Meeting Room F4	Phone Cassie on 5571 0381
9am to 3pm	Delivery of Certificate 3 in individual Support offered by Multicultural Families Organisation	Meeting Room F3	Phone Nicole on 0426 636 904
9am to 10am	Chair Yoga offered by U3A	Performing Arts 2	Phone U3A on 07 5591 6671

Time	Activity Description and Company	Room	Contact details
<b>Wednesday continued</b>			
10.30am to 2.30pm	Information sessions for Television and film extras offered by OnCue Talent Agency	Conference Room	Phone Oncue Talent agency on 07 3555 8001
10.30am to 12.30pm	Support meeting offered by Alcoholics Anonymous	Meeting Room G3	Phone AA on 5591 2062
10.30am to 12.30pm	Support group meeting offered by Narcotics Anonymous	Meeting Room G2	No appointment required
11am to 12.30pm	French Beginners offered by U3A	Meeting Room F5	Phone U3A on 5591 6671
4pm to 6.30pm	Dance lessons offered by Next Level Performing Arts Studio	Performing Arts Room 1	Phone Danielle on 0412 723 961
4pm to 6pm	Kids Drawing class offered by Artsyshi	Meeting Room G1	Phone Rain Shi on 0433 788 086
5.30pm to 7.30pm	Belly dancing class offered by Sheherazade Belling Dance	Performing Arts Room 2	Phone Shira on 0400 881 815
6.30pm to 9.30pm 2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday of the month	Public speaking group offered by Southport Toastmasters	Meeting Room F4	Phone Southport Toastmasters on 0418 766 760
6.30pm to 8.30pm	Support group meeting offered by Narcotics Anonymous	Meeting Room G3	No appointment required
7pm to 9pm	Bible Studies with community offered by Australian Pentecostal Church Inc	Meeting Room F1	Phone John on 0466 331 009
<b>Thursday</b>			
8am to 5.00pm	Free Carers Counselling Service offered by Wellways Australia	Meeting Room F6	Phone Wellways Australia on 1300 422 737
8.30am to 11.30am	Weekly exercise group offered by Blue Care	Meeting Room G3	Phone Lauren on 0437 542 263
9.15am to 10.15am	Yoga program offered by Active & Healthy	Multipurpose Hall	Phone Andrew on 07 5554 5440
9am to 10.30am	Dance lessons offered by Next Level Performing Arts Studio	Performing Arts Room 1	Phone Danielle on 0412 723 961
9am to 2pm	Training for youth services offered by Strategix Training Group Pty Ltd	Meeting Room G2	Phone Michelle on 0452 249 406
9am to 3pm	Case management support to the homeless offered by Agape Outreach Inc	Meeting Room G1	Phone Theresa on 0478 752 134
9.30 am to 11am	Tap dancing class. offered by U3A	Performing Arts Room 2	Phone U3A on 07 5591 6671
9.30am to 11.30am	Nuts and Buts intervention programme. offered by QuIHN	Meeting Room F5	Phone Daniel on 0439 914 421
10am to 11.30am	The Qing Dynasty – 15 FEBRUARY ONLY offered by U3A	Meeting Room F5	Phone U3A on 5591 6671
10am to 12pm	German Intermediate offered by U3A	Meeting Room F1	Phone U3A on 07 5591 6671
11am to 1pm	French Advanced offered by U3A	Meeting Room F2	Phone U3A on 07 5591 6671
11am to 12pm	Fitness Class B offered by U3A	Multipurpose Hall	Phone U3A on 07 5591 6671
1pm to 2pm	Criminology Class offered by U3A	Meeting Room F4	Phone U3A on 5591 6671
3pm to 6.30pm	After school education offered by Kumon	Meeting Room F4	Phone Gary on 0403 255 993

Time	Activity Description and Company	Room	Contact Details
<b>Thursday continued</b>			
3pm to 7pm	Free community meals offered by Hope Starts Here	Meeting Room G3	No appointment required
4pm to 6pm	Dance class – 22/29 FEBRUARY ONLY offered by Body Beats	Performing Arts Room 2	Phone Cat on 0401 469 650
5.30pm to 9pm	Chinese Dance classes offered by Queensland Dance Institute	Performing Arts Room 2	Phone Miao on 0414 581 552
6.30pm to 10pm	Rehearsals for stage musical – DOGFIGHT offered by The Spotlight Theatrical Company	Performing Arts Room 2	Phone Michael On 0424 508 644
7pm to 9pm	Support group meeting offered by Narcotics Anonymous	Meeting Room G4	No appointment required
<b>Friday</b>			
9am to 10.30am	Chinese Dancing classes offered by Queensland Dance Institute	Performing Arts Room 2	Phone Miao on 0414 581 552
9am to 2pm	Training for youth services offered by Strategix Training Group Pty Ltd	Meeting Room G2	Phone Michelle on 0452 249 406
9.30am to 10.30am	Zumba Gold Dance Fitness offered by Ingrid Maria Vieira Lopes	Multipurpose Hall	Phone Ingrid on 0415 929 176
9.30am to 10.30am	Yoga B class offered by U3A	Meeting Room F3	Phone U3A on 07 5591 6671
11.30am to 1.30pm	Support group offered by Alcoholics Anonymous	Meeting Room G3	Phone AA on 5591 2062
5pm to 6.30pm	Chinese Dance Classes offered by Queensland Dance Institute	Performing Arts Room 1	Phone Miao on 0414 581 552
5pm to 7.30pm	Persian Language classes offered by Persian language School	Meeting Room G2	Phone Arash on 0415 276 752
7pm to 8pm	Chinese Dance Classes offered by Queensland Dance Institute	Performing Arts Room 1	Phone Miao on 0414 581 552
<b>Saturday</b>			
9.30am to 12.30pm	Choir Teaching and practice singing offered by YueZhiZheng Coastal Melody Association	Conference room	Phone Sophie on 0403 058 806
10am to 11.30am	Support group offered by Alcoholics Anonymous	Meeting Room G3	Phone AA on 5591 2062
12pm to 2.30pm	Community Feed offered by The Movement Gold Coast	Meeting Room G3	No appointment required
1pm to 5.30pm	Religious services from 2pm to 5pm offered by Beit Gan-Eden <a href="https://www.bgemc.org/">https://www.bgemc.org/</a>	Conference room And Meeting Room F1	Phone Ken on 0418 745 120
1pm to 3pm	Cultural dance and fashion parade offered by Australian Chinese Women's Federation	Performing Arts Room 1	Phone Ping on 0467 203 517
7pm to 8.30pm	Narcotics support meeting offered by Saturday Night Live Group	Meeting Room G3	No appointment required
<b>Sunday</b>			
9am to 5pm Monthly	Photo session for television and film Extras offered by OnCue talent Agency	Meeting Room G1	Phone OnCue talent Agency on 07 3555 8001
9am to 10.30am	Support group offered by Alcoholics Anonymous	Meeting Room G3	Phone AA on 5591 2062
9.30am to 11.30am	Church Service offered by The Coast Church	Meeting Room G2	Phone Debbie on 0425 351 663

Time	Activity Description and Company	Room	Contact Details
<b>Sunday continued</b>			
10am to 11.30am	Kung Fu and Self-defence training offered by Practical Wing Chun -	Performing Arts Room 1	Phone Jack on 0433 126 695
10am to 12.30pm	Korean religious service offered by Southport Korean Evangelical Holiness	Conference room	Phone David on 0433 308 436
12.30pm to 5pm	Meals for the homeless offered by Angel's Kitchen	Meeting Room G3	No appointment Required

## Upcoming Events

Date	Event	Room	Contact
04-14 March Monday to Friday 9am to 5pm	Local Council Elections Pre-polling	Multipurpose Hall	No appointment necessary
15 March - 9am to 6pm			
16 March 8am to 6pm	Local council Elections	Multipurpose Hall	No appointment necessary

With over 40 community centres across the city, there are a range of centres and activities to join in or run your own. For more information on hiring a community centre, visit our website: [cityofgoldcoast.com.au/communitycentres](http://cityofgoldcoast.com.au/communitycentres)

**Contact us:**

**P:** 07 5581 1888

**E:** [southportcc@goldcoast.qld.gov.au](mailto:southportcc@goldcoast.qld.gov.au)

**W:** [cityofgoldcoast.com.au/communitycentres](http://cityofgoldcoast.com.au/communitycentres)

**Address:**

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